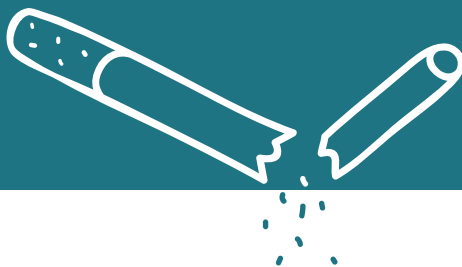


Are you thinking of quitting smoking?

The most efficient method for quitting smoking is using medications combined with counselling.

You can receive this at your municipality's healthy life centre*.



As a daily smoker, you can receive free, approved medications to quit smoking for up to 12 weeks, in combination with counselling or courses.

Contact your municipality's healthy life centre.

Good luck!

Read more at slutta.no

SLUTTA.NO



Helsedirektoratet

* The offer is valid in these municipalities: Asker, Bærum, Drammen, Flesberg, Flå, Gol, Hemsedal, Hol, Hole, Holmestrand, Jevnaker, Kongsberg, Krødsherad, Lier, Modum, Nesbyen, Nore og Uvdal, Ringerike, Rollag, Sigdal, Øvre Eiker, Ål.

List of participating municipalities

ASKER



BÆRUM



DRAMMEN



FLESBERG



FLÅ



GOL



HEMSEDAL



HOL



HOLE



HOLMESTRAND



JEVNAKER



KONGBERG



KRØDSHERAD



LIER



MODUM



NESBYEN



NORE OG UVDAL



RINGERIKE



ROLLAG



SIGDAL



ØVRE EIKER



ÅL

