

Nr.	Forfatter	Publiseringsår	Tittel	Eksklusjonsgrunn	Merknad
1	Fowler-Davis	2021	A mixed-methods systematic review of post-viral fatigue interventions: Are there lessons for long covid?	feil populasjon	søkte t.o.m. 2020 til å ekskludere COVID-19
2	Kimber	2022	Comparative effectiveness of behavioral interventions for MUS: A meta-analysis	feil populasjon	Blandet populasjon, ikke kun utmattelse
3	Oliviera	2024	Effect of pulmonary rehabilitation on Exercise Capacity, Dyspnea, fatigue, and Peripheral Muscle Strength in Patients With post-COVID-19 syndrome: A systematic review and meta-analysis	feil intervensjon	Fokus på lungerehabilitering
4	Pollini	2024	Effectiveness of rehabilitation Interventions on Adults With COVID-19 and post-COVID-19 Condition. A systematic review With meta-analysis	feil populasjon/diverse grunner	blandet populasjon/få RCTer inkludert
5	Ahmed	2022	Effect of Pulmonary Rehabilitation Approaches on Dyspnea, Exercise Capacity, Fatigue, Lung Functions, and Quality of Life in Patients With COVID-19: A Systematic Review and Meta-analysis	feil intervensjon	fokus på lungerehabilitering
6	Alraek	2011	Complementary and alternative medicine for patients with chronic fatigue syndrome: a systematic review	feil intervensjon	kun inkludert to relevante studier, heller se om vi inkluderer RCTene hvis vi ikke har annen systematisk oversikt.
7	Chen	2022	Effect of pulmonary rehabilitation for Patients With post-COVID-19: A systematic review and Meta-Analysis	feil intervensjon	fokus på lungerehabilitering
8	Ora	2023	Expert guidance on the management and challenges of long-COVID syndrome: a systematic review	intervensjon/feil utfall/diverse grunner	flere pågående studier inkludert
9	Withing	2001	Interventions for the Treatment and Management of chronic fatigue syndrome	feil intervensjon/diverse grunner	inkluderer legemidler/oppsummerende beskrivelse av inkluderte studier
10	Xavier	2024	Effects of respiratory muscular training in post-covid-19 patients: a systematic review and meta-analysis of randomized controlled trials	feil intervensjon	fokus på lungerehabilitering
11	Zifko	2024	Management of cognitive impairment associated with post-COVID-19 syndrome: recommendations for primary care	feil intervensjon	blandet intervensjon
12	Estebanez-Pérez	2023	Effectiveness of Digital Physiotherapy Practice Compared to Usual Care in long COVID Patients: A systematic review	feil utfall	Utfallene er en blanding av de som vi er interessert i og de som ligger utenfor PICO. Det har ikke blitt gjort en fornuftig sammensetting av resultatene som vi er interessert i, f.eks. meta-

					analyse, og derfor det er vanskelig å trekke noen slutninger
13	Julide	2024	Cognitive impairment in long-COVID	feil utfall	kun narrativ beskrivelse av utfall
14	Porter	2010	Alternative medical interventions used in the treatment and management of myalgic encephalomyelitis/chronic fatigue syndrome and fibromyalgia	Feil intervensjon/feil utfall	ingen effekt størrelse rapportert
15	Pouliopoulou	2023	Rehabilitation Interventions for Physical Capacity and Quality of Life in Adults With post-COVID-19 Condition: A systematic review and Meta-Analysis	feil utfall	ingen utfall om utmattelse og få studier som rapporterer om Quality of Life
16	Stolls	2017	What treatments work for anxiety in children with chronic fatigue syndrome/myalgic encephalomyelitis (CFS/ME)? systematic review	Diverse grunner	Mest observasjonelle studier
17	Wang	2014	Traditional Chinese medicine for chronic fatigue syndrome: a systematic review of randomized clinical trials	feil utfall/feil intervensjon	ingen relativ effekt er rapportert
18	Yang	2024	Effectiveness of telerehabilitation in patients with post-COVID-19: A systematic review and meta-analysis of randomised controlled trials	feil intervensjon	Fokus på lungefunksjon
19	Zheng	2023	Effect Of Physical Exercise-based rehabilitation On post-acute Sequelae Of covid-19: A systematic review And meta-analysis	feil populasjon/feil utfall/diverse grunner	Kun to RCTer (total N=30 intervensjonsgruppe) blant 21 inkluderte studier som rapporterer om utmattelse
20	Ikke gitt	2023	An Overview of Literature Related to Post COVID-19 Rehabilitation	diverse grunner	denne var et abstrakt til en poster. Vi tok kontakt med hoved forfatter for å få full artikkelen, men fikk ingen svar.
21	Bernal-Utrera	2022	Therapeutic Exercise Interventions through Telerehabilitation in Patients with post COVID-19 Symptoms: A systematic review	diverse grunner	resultatene er ikke tydelig rapportert, mer som en narrativ oppsummering av de ulike studiene.
22	Carter	2023	The Role of Movement, Exercise, and Breathing in the Prevention and Treatment of COVID-19: An Umbrella review	diverse grunner	pga. design: oversikt av oversikter og narrative oversikter
23	Chambers	2006	Interventions for the treatment, management and rehabilitation of patients with chronic fatigue syndrome/myalgic encephalomyelitis: An updated systematic review	diverse grunner	veldig generelt måte på rapportering av utfall uten å nevne effekt størrelsen
24	Clark	2005	The role of deconditioning and therapeutic exercise in chronic fatigue syndrome (CFS)	diverse grunner	ikke systematisk review

25	Clery	2022	What treatments work for anxiety and depression in children and adolescents with chronic fatigue syndrome? An updated systematic review	diverse grunner	Forfatter skriver selv at det er utilstrekkelig evidens og dårlig kvalitet
26	de Sire	2022	Impact of rehabilitation on fatigue in post-COVID-19 Patients: A systematic review and Meta-Analysis	diverse grunner	systematisk oversikt over case-studier, ikke RCTer
27	Fernandez-Lazaro	2022	Efficacy of Therapeutic Exercise in Reversing Decreased Strength, Impaired respiratory Function, Decreased Physical Fitness, and Decreased Quality of Life Caused by the post-COVID-19 syndrome	diverse grunner	ikke systematisk review, kun to RCTer ut av 9 studier
28	Jason	2013	Energy Conservation/Envelope Theory Interventions to Help Patients with Myalgic Encephalomyelitis/chronic fatigue syndrome	diverse grunner	ikke systematisk review
29	Joli	2022	post-COVID-19 fatigue: A systematic review	feil sammenlikning	Comparison (C): patients, who had COVID-19 infection but no post-COVID-19 symptoms
30	Larun	2016	An abridged version of the Cochrane review of exercise therapy for chronic fatigue syndrome	diverse grunner	2019 versjon er inkludert
31	Maoz	2006	[chronic fatigue syndrome]	diverse grunner	Språk (Hebrew)
32	Maquet	2006	chronic fatigue syndrome: a systematic review	diverse grunner	Oppsummering av litteratur om CFS. Inkludert legemidler
33	Rimbaut	2016	chronic fatigue syndrome - an update	diverse grunner	Narrativ oppsummering av studier fra 1990 til 2015
34	Rimes	2005	treatments for chronic fatigue syndrome	diverse grunner	Deskriptiv oppsummering
35	Ross	2004	Disability and chronic fatigue syndrome - A focus on function	diverse grunner	Narrativ oppsummering
36	Sick	2023	Exercise Training in Non-Hospitalized Patients with post-COVID-19 syndrome—A narrative review	diverse grunner	kun narrativ oppsummering
37	Smith	2016	Diagnosis and Treatment of Myalgic Encephalomyelitis/chronic fatigue syndrome	diverse grunner	tillegg til en tidligere rapport fra 2014, som vurderer hvordan bruk av Oxford kriteriet påvirker studier sine konklusjoner
38	Taylor	2005	Work-related impairment and employment-focused rehabilitation options for individuals with chronic fatigue syndrome: A review	diverse grunner	Kun narrativ oppsummering av rehabiliteringsprogrammer ifm arbeidsrelatert funksjonsnedsettelse og sysselsetting. Studier fra 1966-2004.
39	Taylor	2006	rehabilitation programs for individuals with chronic fatigue syndrome: A review	diverse grunner	deskriptiv oppsummering

40	Valverde-Martinez	2023	Telerehabilitation, A Viable Option in Patients with Persistent post-COVID syndrome: A systematic review	diverse grunner	kun en RCT som fyller ikke populasjonskriteriet blant 6 inkluderte studier
41	Van Cauwenbergh	2012	How to exercise people with chronic fatigue syndrome: Evidence-based practice guidelines	diverse grunner	deskriptiv oppsummering
42	Van Houdenhove	2006	In search of a new balance. Can high "action-proneness" in patients with chronic fatigue syndrome be changed by a multidisciplinary group treatment?	diverse grunner	ikke systematisk oversikt
43	Webber	2021	Apparent Discordance Between the Epidemiology of COVID-19 and Recommended Outcomes and treatments: A scoping review	diverse grunner	scoping review