

Litteratursøk fra Bibliotek for helseforvaltningen

Dokumentasjon av søkestrategi

Hva er den kliniske effekten av ikke-farmakologiske intervensjoner på pasienter med langvarig utmattelse av uklar årsak?

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Kommentar: Avgrenset til systematiske oversikter, og RCT'er

Dublettsjekk i EndNote: Før dublettkontroll: 1530 systematiske oversikter, 5972 RCT'er
Etter dublettkontroll: 632 systematiske oversikter, 3480 RCT'er

Hvilket spørsmål skal litteratursøket besvare?			
Hva er den kliniske effekten av ikke-farmakologiske intervensjoner på pasienter med langvarig utmattelse av uklar årsak?			
Spørsmålet i PICO-format			
Population (pasient)	Intervention (tiltak)	Comparison (sammenligning)	Outcome (utfall)
CFS (Chronic fatigue syndrome) Exhaustion disorder Postviral Fatigue (Syndrome) Post covid-19 condition/Long covid PACS (post-acute covid-19 syndrome) SEID (Systemic Exertion Intolerance Disease) PENE (Post exertional neuroimmune exhaustion) PEM (Post exertional malaise) Unspedted fatigue disorder Fatigue of unknown origin PIFS (post infectious fatigue syndrome) PPIS (persistenst post-infectius symptoms) Bodily Distress disorder	Kognitiv atferdsterapi Lightning process Gradert tilpasset trening Psykomotorisk fysioterapi Rehabiliteringsopphold Arbeidsrettet rehabilitering Tverrfaglig rehabilitering Pain reprocessing therapy Amygdala and Insula retraining program Commitment and acceptance therapy Psykoedukasjon Hypnose Mindfulness Meditasjon Body-mind processing		
Kjente relevante studier			
Price J, Mitchell E, Tidy E, Hunot V. Cognitive behaviour therapy for chronic fatigue syndrome in adults. Cochrane Database of Systematic Reviews 2008, Issue 3. Art. No.: CD001027. DOI: 10.1002/14651858.CD001027.pub2.			
Maas genannt Bermpohl, F., Kucharczyk-Bodenburg, AC. & Martin, A. Efficacy and Acceptance of Cognitive Behavioral Therapy in Adults with Chronic Fatigue Syndrome: A Meta-analysis. Int.J. Behav. Med. (2024). https://doi.org/10.1007/s12529-023-10254-2			
Larun L, Brurberg K, Odgaard-Jensen J, Price J. Exercise therapy for chronic fatigue syndrome. Cochrane Database of Systematic Reviews 2017, Issue 4. Art. No.: CD003200. DOI: 10.1002/14651858.CD003200.pub7			

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Dokumentasjon av søkestrategi

Database: Ovid MEDLINE(R) and Epub Ahead of Print, In-Process & Other Non-Indexed Citations, Daily and Versions(R) <1946 to July 01, 2024>

Dato: 02.07.24

Antall treff: 351 systematiske oversikter, 1245 RCT'er

1	Fatigue Syndrome, Chronic/ or (("chronic fatigue" adj (syndrom* or disorder? or "fibromyalgia syndrom*" or "and immune dysfunction syndrom*")) or (myalgic adj (encephalomyelitis or encephalomyelopathy)) or "postviral fatigue syndrom*" or "epidemic neuromyasthenia" or "fatigue syndrom*" or "Iceland disease" or "syndrom* of chronic fatigue" or "systemic exertion intolerance disease" or SEID or "Yuppie flu" or "royal free disease" or "Akureyri disease" or "exhaustion disorder?" or ("ME CFS" adj (sufferer? or individual? or patient? or cohort?)) or "unsuspected fatigue disorder?" or "fatigue of unknown origin" or ((idiopathic or persistent or unexplained) adj fatigue)).tw,kf.	9482
2	((((postviral or "post viral") adj ("fatigue syndrom*" or syndrom*)) or PVFS or "post infectious fatigue syndrom*" or PIFS or "persistent post infectious symptom?" or PPIS).tw,kf.	9469
3	Post-Acute COVID-19 Syndrome/ or (((long or "long haul*" or chronic or post or "post acute") adj (COVID or "COVID 19") adj (fatigue or syndrom* or "neurological syndrom*" or impairment? or condition?)) or PASC or "COVID 19 long hauler?" or ("post acute sequelae of" adj ("COVID 19" or "SARS cov 2"))).tw,kf.	5127
4	("systemic exertion intolerance disease?" or SEID or (("post exertional" or postexertional) adj ("neuroimmune exhaustion" or "neuro immune exhaustion" or malaise)) or PENE or PEM).tw,kf.	5110
5	Epstein Barr Virus/ or Epstein Barr Virus Infections/ or (((("Epstein Barr virus" or "Epstein Barr" or "Barr Epstein" or EBV or EB) adj (infection? or disease? or syndrom* or virus or "viral infection?" or herpesvirus)) or "human herpes virus 4" or "human herpesvirus 4" or "HHV4 infection?" or "Infectious mononucleosis herpesvirus" or "infectious mononucleosis virus" or "mononucleosis infectiosa virus" or (infection adj ("by EBV" or "by the Epstein-Barr virus" or "caused by the Epstein-Barr virus" or "due to Epstein-Barr virus")) or "Lymphocryptovirus infection?").tw,kf.	45276
6	Neurasthenia/ or ("bodily distress disorder?" or neurasthenia or neurasthaenia or neurataxia or neuroasthenia or ((neurasthenic or neurasthaenic) adj (neuros#s or syndrom*))).tw,kf.	1784
7	1 or 2 or 3 or 4 or 5 or 6	75005
8	Exercise Therapy/ or (((therapeutic or therap*) adj2 (exercise? or activit*)) or kinesiotherap* or kinesitherap* or ((graded or customized or pacing) adj (exercise? or activit* or training)) or (exercise adj (treatment? or therap*)) or "corrective exercise?" or "exercise movement technique?").tw,kf.	72297
9	(activity adj (advice? or guideline? or recommendation? or suggestion? or direction? or instruction? or adjustment?)).tw,kf.	4042
10	Rehabilitation/ or (rehabilitation or habilitation or readaption or readjustment or "rehabilitative treatment?" or resociali#ation or revalidation or "individual placement and support*").tw,kf.	235728

Litteratursøk fra Bibliotek for helseforvaltningen

Dokumentasjon av søkestrategi

11	Cognitive Behavioral Therapy/ or Occupational Therapy/ or Biofeedback, Psychology/ or (((cognition or cognitive or "cognitive behavior#" or "cognitive behavior#") adj (therap* or treatment?)) or "cognitive psychotherap*" or ergotherap* or "occupational therap*" or biofeedback? or "bio feed back?" or "bio feedback?" or "biofeed back?" or ((psychology or psychophysiology*) adj feedback?) or myofeedback? or myobiofeedback?).tw,kf.	70434
12	"learning and mastery course?".tw,kf.	3
13	(Information or training or coaching or education).tw,kf.	2659172
14	"lightning process".tw,kf.	17
15	((psychomotor or "psycho motor") adj (physiotherap* or "physio therap*")).tw,kf.	32
16	"pain reprocessing therap*".tw,kf.	3
17	("amygdala and insula retraining" or "the gupta program").tw,kf.	4
18	((("commitment and acceptance" or "acceptance and commitment") adj therap*).tw,kf.	1989
19	(psychoeducation* or "psycho education*").tw,kf.	1775
20	Hypnosis/ or (hypnosis or hypnogenesis or "hypnotical suggestion" or hypnotism or hypnotist or hypnotise or hypnotize or mesmerism).tw,kf.	12849
21	Mindfulness/ or Relaxation/ or Qigong/ or Tai Ji/ or Meditation/ or (mindfulness or relaxation? or qigong or "qi gong" or "chi kung" or chigung or "Tai Chi" or "Tai Ji" or "tai chi" or "Taiji quan" or Taijiquan or "medical yoga" or "Yoga Chikitsa" or meditation).tw,kf.	166257
22	((("body mind" or "mind body" or bodymind or mindbody) adj (process* or concept? or technique?)).tw,kf.	164
23	8 or 9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22	3081157
24	7 and 23	5923
25	limit 24 to yr="1996 -Current"	5553
26	limit 25 to "reviews (maximizes specificity)"	289
27	Meta-Analysis/ or Network Meta-Analysis/ or ((systematic* adj2 review*) or metaanal* or "meta anal*" or (review and ((structured or database* or systematic*) adj2 search*)) or "integrative review*" or (evidence adj2 review*)).tw,kf,bt.	571745
28	26 or (25 and 27)	351
29	limit 25 to "therapy (maximizes specificity)"	315
30	("randomized controlled trial" or "controlled clinical trial").pt. or (randomized or randomised or randomly or rct or placebo or trial or groups).tw,kf,bt.	3993865
31	29 or (25 and 30)	1245

Litteratursøk fra Bibliotek for helseforvaltningen

Dokumentasjon av søkestrategi

Database: Embase <1974 to 2024 July 01>
Dato: 02.07.24
Antall treff: 505 systematiske oversikter, 1823 RCT'er

1	chronic fatigue syndrome/ or exhaustion/ or (("chronic fatigue" adj (syndrom* or disorder? or "fibromyalgia syndrom*" or "and immune dysfunction syndrom*")) or (myalgic adj (encephalomyelitis or encephalomyelopathy)) or "postviral fatigue syndrom*" or "epidemic neuromyasthenia" or "fatigue syndrom*" or "Iceland disease" or "syndrom* of chronic fatigue" or "systemic exertion intolerance disease" or SEID or "Yuppie flu" or "royal free disease" or "Akureyri disease" or "exhaustion disorder?" or ("ME CFS" adj (sufferer? or individual? or patient? or cohort?)) or "unsuspected fatigue disorder?" or "fatigue of unknown origin" or ((idiopathic or persistent or unexplained) adj fatigue)).tw,kf.	29330
2	postviral fatigue syndrome/ or (((postviral or "post viral") adj ("fatigue syndrom*" or syndrom*)) or PVFS or "post infectious fatigue syndrom*" or PIFS or "persistent post infectious symptom?" or PPIS).tw,kf.	15152
3	long COVID/ or (((long or "long haul*" or chronic or post or "post acute") adj (COVID or "COVID 19") adj (fatigue or syndrom* or "neurological syndrom*" or impairment? or condition?)) or PASC or "COVID 19 long hauler?" or ("post acute sequelae of" adj ("COVID 19" or "SARS cov 2"))).tw,kf.	9335
4	("systemic exertion intolerance disease?" or SEID or ("post exertional" or postexertional) adj ("neuroimmune exhaustion" or "neuro immune exhaustion" or malaise)) or PENE or PEM).tw,kf.	6707
5	Epstein Barr virus/ or Epstein Barr virus infection/ or (((("Epstein Barr virus" or "Epstein Barr" or "Barr Epstein" or EBV or EB) adj (infection? or disease? or syndrom* or virus or "viral infection?" or herpesvirus)) or "human herpes virus 4" or "human herpesvirus 4" or "HHV4 infection?" or "Infectious mononucleosis herpesvirus" or "infectious mononucleosis virus" or "mononucleosis infectiosa virus" or (infection adj ("by EBV" or "by the Epstein-Barr virus" or "caused by the Epstein-Barr virus" or "due to Epstein-Barr virus")) or "Lymphocryptovirus infection?").tw,kf.	66881
6	neurasthenia/ or ("bodily distress disorder?" or neurasthenia or neurasthaenia or neurataxia or neuroasthenia or ((neurasthenic or neurasthaenic) adj (neuros#s or syndrom*))).tw,kf.	1640
7	1 or 2 or 3 or 4 or 5 or 6	126757
8	kinesiotherapy/ or (((therapeutic or therap*) adj2 (exercise? or activit*)) or kinesiotherap* or kinesitherap* or ((graded or customized or pacing) adj (exercise? or activit* or training)) or (exercise adj (treatment? or therap*)) or "corrective exercise?" or "exercise movement technique?").tw,kf.	68237
9	(activity adj (advice? or guideline? or recommendation? or suggestion? or direction? or instruction? or adjustment?)).tw,kf.	5113

Litteratursøk fra Bibliotek for helseforvaltningen

Dokumentasjon av søkestrategi

10	rehabilitation/ or (rehabilitation or habilitation or readaption or readjustment or "rehabilitative treatment?" or resocialization or revalidation or "individual placement and support*").tw,kf.	343953
11	cognitive behavioral therapy/ or occupational therapy/ or biofeedback/ or (((cognition or cognitive or "cognitive behavior#" or "cognitive behavior#al") adj (therap* or treatment?)) or "cognitive psychotherap*" or ergotherap* or "occupational therap*" or biofeedback? or "bio feed back?" or "bio feedback?" or "biofeed back?" or ((psychology or psychophysiologic*) adj feedback?) or myofeedback? or myobiofeedback?).tw,kf.	87847
12	"learning and mastery course?".tw,kf.	3
13	(Information or training or coaching or education).tw,kf.	3406687
14	"lightning process".tw,kf.	19
15	((psychomotor or "psycho motor") adj (physiotherap* or "physio therap*")).tw,kf.	40
16	"pain reprocessing therap*".tw,kf.	6
17	("amygdala and insula retraining" or "the gupta program").tw,kf.	3
18	((("commitment and acceptance" or "acceptance and commitment") adj therap*).tw,kf.	2697
19	psychoeducation/ or (psychoeducation* or "psycho education*").tw,kf.	15123
20	hypnosis/ or (hypnosis or hypnogenesis or "hypnotical suggestion" or hypnotism or hypnotist or hypnotise or hypnotize or mesmerism).tw,kf.	16786
21	mindfulness/ or qigong/ or Tai Chi/ or exp meditation/ or (mindfulness or relaxation? or qigong or "qi gong" or "chi kung" or chigung or "Tai Chi" or "Tai Ji" or "t'ai chi" or "Taiji quan" or Taijiquan or "medical yoga" or "Yoga Chikitsa" or meditation).tw,kf.	192710
22	((("body mind" or "mind body" or bodymind or mindbody) adj (process* or concept? or technique?)).tw,kf.	247
23	8 or 9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22	3941722
24	7 and 23	12324
25	limit 24 to yr="1996 -Current"	11838
26	limit 25 to embase	7394
27	limit 26 to "reviews (maximizes specificity)"	291
28	exp Meta-Analysis/ or "systematic review"/ or ((systematic* adj2 review*) or metaanal* or "meta anal*" or (review and ((structured or database* or systematic*) adj2 search*)) or "integrative review*" or (evidence adj2 review*)).tw,kf,bt.	819759
29	27 or (26 and 28)	505
30	limit 26 to "therapy (maximizes specificity)"	240
31	limit 26 to (randomized controlled trial or controlled clinical trial)	469
32	(randomized or randomised or randomly or rct or placebo or trial or groups).tw,kf,bt.	5418910
33	30 or 31 or (26 and 32)	1823

Litteratursøk fra Bibliotek for helseforvaltningen

Dokumentasjon av søkestrategi

Database: APA PsycInfo 1806 to July Week 1 2024

Dato: 02.07.24

Antall treff: 257 systematiske oversikter og 1047 RCT'er

1	Chronic fatigue syndrome/ or Fatigue/ or (("chronic fatigue" adj (syndrom* or disorder? or "fibromyalgia syndrom*" or "and immune dysfunction syndrom*")) or (myalgic adj (encephalomyelitis or encephalomyelopathy)) or "postviral fatigue syndrom*" or "epidemic neuromyasthenia" or "fatigue syndrom*" or "Iceland disease" or "syndrom* of chronic fatigue" or "systemic exertion intolerance disease" or SEID or "Yuppie flu" or "royal free disease" or "Akureyri disease" or "exhaustion disorder?" or ("ME CFS" adj (sufferer? or individual? or patient? or cohort?)) or "unsuspected fatigue disorder?" or "fatigue of unknown origin" or ((idiopathic or persistent or unexplained) adj fatigue)).tw.	14604
2	((("postviral" or "post viral") adj ("fatigue syndrom*" or syndrom*)) or PVFS or "post infectious fatigue syndrom*" or PIFS or "persistent post infectious symptom?" or PPIS).tw.	333
3	Post-COVID-19 Conditions/ or (((long or "long haul*" or chronic or post or "post acute") adj (COVID or "COVID 19") adj (fatigue or syndrom* or "neurological syndrom*" or impairment? or condition?)) or PASC or "COVID 19 long hauler?" or ("post acute sequelae of" adj ("COVID 19" or "SARS cov 2")))).tw.	336
4	("systemic exertion intolerance disease?" or SEID or ("post exertional" or postexertional) adj ("neuroimmune exhaustion" or "neuro immune exhaustion" or malaise)) or PENE or PEM).tw.	380
5	Epstein Barr Viral Disorder/ or (((("Epstein Barr virus" or "Epstein Barr" or "Barr Epstein" or EBV or EB) adj (infection? or disease? or syndrom* or virus or "viral infection?" or herpesvirus)) or "human herpes virus 4" or "human herpesvirus 4" or "HHV4 infection?" or "Infectious mononucleosis herpesvirus" or "infectious mononucleosis virus" or "mononucleosis infectiosa virus" or (infection adj ("by EBV" or "by the Epstein-Barr virus" or "caused by the Epstein-Barr virus" or "due to Epstein-Barr virus")) or "Lymphocryptovirus infection?").tw.	570
6	Neurasthenia/ or ("bodily distress disorder?" or neurasthenia or neurasthaenia or neurataxia or neuroasthenia or ((neurasthenic or neurasthaenic) adj (neuros#s or syndrom*))).tw.	1007
7	1 or 2 or 3 or 4 or 5 or 6	16908
8	Exercise Therapy/ or (((therapeutic or therap*) adj2 (exercise? or activit*)) or kinesiotherap* or kinesitherap* or ((graded or customized or pacing) adj (exercise? or activit* or training)) or (exercise adj (treatment? or therap*)) or "corrective exercise?" or "exercise movement technique?").tw.	5015
9	(activity adj (advice? or guideline? or recommendation? or suggestion? or direction? or instruction? or adjustment?)).tw.	1402
10	Rehabilitation/ or (rehabilitation or habilitation or readaption or readjustment or "rehabilitative treatment?" or resociali#ation or revalidation or "individual placement and support*").tw.	76430

Litteratursøk fra Bibliotek for helseforvaltningen

Dokumentasjon av søkestrategi

11	Cognitive Behavior Therapy/ or Occupational Therapy/ or (((cognition or cognitive or "cognitive behavior" or "cognitive behavior") adj (therap* or treatment?)) or "cognitive psychotherap*" or ergotherap* or "occupational therap*" or biofeedback? or "bio feed back?" or "bio feedback?" or "biofeed back?" or ((psychology or psychophysiologic*) adj feedback?) or myofeedback? or myobiofeedback?).tw.	54029
12	"learning and mastery course?".tw.	1
13	(Information or training or coaching or education).tw.	1177744
14	"lightning process".tw.	4
15	((psychomotor or psycho motor) adj (physiotherap* or "physio therap*")).tw.	12
16	"pain reprocessing therap*".tw.	4
17	("amygdala and insula retraining" or "the gupta program").tw.	0
18	((("commitment and acceptance" or "acceptance and commitment") adj therap*).tw.	3521
19	Psychoeducation/ or (psychoeducation* or "psycho education").tw.	7611
20	Hypnosis/ or (hypnosis or hypnogenesis or "hypnotical suggestion" or hypnotism or hypnotist or hypnotise or hypnotize or mesmerism).tw.	16923
21	Mindfulness/ or exp Meditation/ or (mindfulness or relaxation? or qigong or "qi gong" or "chi kung" or chigung or "Tai Chi" or "Tai Ji" or "t'ai chi" or "Taiji quan" or Taijiquan or "medical yoga" or "Yoga Chikitsa" or meditation).tw.	45409
22	((("body mind" or "mind body" or bodymind or mindbody) adj (process* or concept? or technique?)).tw.	109
23	8 or 9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22	1316264
24	7 and 23	3757
25	limit 24 to yr="1996 -Current"	3470
26	limit 25 to "reviews (maximizes specificity)"	201
27	(meta analysis or "systematic review").md. or meta analysis/ or ((systematic* adj2 review*) or metaanal* or "meta anal*" or (review and ((structured or database* or systematic*) adj2 search*)) or "integrative review*" or (evidence adj2 review*).tw.	122020
28	26 or (25 and 27)	257
29	limit 25 to "therapy (maximizes specificity)"	123
30	randomized controlled trials/ or randomized clinical trials/ or (randomized or randomised or randomly or rct or placebo or trial or groups).tw.	809862
31	29 or (25 and 30)	1047

Litteratursøk fra Bibliotek for helseforvaltningen

Dokumentasjon av søkestrategi

Database: Web of Science Core Collection: Science Citation Index Expanded (SCI-EXPANDED) --1987-present, Social Sciences Citation Index (SSCI) --1987-present, Arts & Humanities Citation Index (A&HCI) --1987-present, Emerging Sources Citation Index (ESCI) --2015-present

Dato: 02.07.24

Kommentar: Brukt "Exact search"

Antall treff: 315 systematiske oversikter og 1474 RCT'er

1	TS=(("chronic fatigue" NEAR/0 (syndrom* or disorder\$ or "fibromyalgia syndrom*" or "and immune dysfunction syndrom*")) or (myalgic NEAR/0 (encephalomyelitis or encephalomyelopathy)) or "postviral fatigue syndrom*" or "epidemic neuromyasthenia" or "fatigue syndrom*" or "Iceland disease" or "syndrom* of chronic fatigue" or "systemic exertion intolerance disease" or SEID or "Yuppie flu" or "royal free disease" or "Akureyri disease" or "exhaustion disorder\$" or ("ME CFS" NEAR/0 (sufferer\$ or individual\$ or patient\$ or cohort\$)) or "unsuspected fatigue disorder\$" or "fatigue of unknown origin" or ((idiopathic or persistent or unexplained) NEAR/0 fatigue))	10757
2	TS=(((postviral or "post viral") NEAR/0 ("fatigue syndrom*" or syndrom*)) or PVFS or "post infectious fatigue syndrom*" or PIFS or "persistent post infectious symptom\$" or PPIS)	9641
3	TS=(((long or "long haul*" or chronic or post or "post acute") NEAR/0 (COVID or "COVID 19") NEAR/0 (fatigue or syndrom* or "neurological syndrom*" or impairment\$ or condition\$)) or PASC or "COVID 19 long hauler\$" or ("post acute sequelae of" NEAR/0 ("COVID 19" or "SARS cov 2")))	2771
4	TS=("systemic exertion intolerance disease\$" or SEID or (("post exertional" or postexertional) NEAR/0 ("neuroimmune exhaustion" or "neuro immune exhaustion" or malaise)) or PENE or PEM)	19464
5	TS=(((("Epstein Barr virus" or "Epstein Barr" or "Barr Epstein" or EB or EBV) NEAR/0 (infection\$ or disease\$ or syndrom* or virus or "viral infection\$" or herpesvirus)) or "human herpes virus 4" or "human herpesvirus 4" or "HHV4 infection\$" or "Infectious mononucleosis herpesvirus" or "infectious mononucleosis virus" or "mononucleosis infectiosa virus" or (infection NEAR/0 ("by EBV" or "by the Epstein-Barr virus" or "caused by the Epstein-Barr virus" or "due to Epstein-Barr virus")) or "Lymphocryptovirus infection\$"))	46108
6	TS=("bodily distress disorder\$" or neurasthenia or neurasthaenia or neurataxia or neuroasthenia or ((neurasthenic or neurasthaenic) NEAR/0 (neuros?s or syndrom*)))	680
7	#6 OR #5 OR #4 OR #3 OR #2 OR #1	88027
8	TS=(((therapeutic or therap*) NEAR/1 (exercise\$ or activit*)) or kinesiotherap* or kinesitherap* or ((graded or customized or pacing) NEAR/0 (exercise\$ or activit* or training)) or (exercise NEAR/0 (treatment\$ or therap*)) or "corrective exercise\$" or "exercise movement technique\$"))	27253
9	TS=(activity NEAR/0 (advice\$ or guideline\$ or recommendation\$ or suggestion\$ or direction\$ or instruction\$ or adjustment\$))	4987
10	TS=(rehabilitation or habilitation or readaption or readjustment or "rehabilitative treatment\$" or resocialization or revalidation or "individual placement and support*")	264466

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11	TS=(((cognition or cognitive or "cognitive behavio?r" or "cognitive behavio?ral") NEAR/0 (therap* or treatment\$)) or "cognitive psychotherap*" or ergotherap* or "occupational therap*" or biofeedback\$ or "bio feed back\$" or "bio feedback\$" or "biofeed back\$" or ((psychology or psychophysiologic*) NEAR/0 feedback\$) or myofeedback\$ or myobiofeedback\$)	51272
12	TS=("learning and mastery course\$")	2
13	TS=(Information or training or coaching or education)	4627748
14	TS=("lightning process")	49
15	TS=("pain reprocessing therap*")	5
16	TS=((psychomotor or "psycho motor") NEAR/0 (physiotherap* or "physio therap*"))	30
17	TS=("amygdala and insula retraining" or "the gupta program*")	2
18	TS(("commitment and acceptance" or "acceptance and commitment") NEAR/0 therap*)	3010
19	TS=(psychoeducation* or "psycho education*")	2209
20	TS=(hypnosis or hypnogenesis or "hypnotical suggestion" or hypnotism or hypnotist or hypnotise or hypnotize or mesmerism)	7610
21	TS=(mindfulness or relaxation\$ or qigong or "qi gong" or "chi kung" or chigung or "Tai Chi" or "Tai Ji" or "t'ai chi" or "Taiji quan" or Taijiquan or "medical yoga" or "Yoga Chikitsa" or meditation)	463171
22	TS(("body mind" or "mind body" or bodymind or mindbody) NEAR/0 (process* or concept\$ or technique\$))	157
23	#8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 OR #17 OR #18 OR #19 OR #20 OR #21 OR #22	5308263
24	#7 AND #23	6403
25	#7 AND #23 Timespan: 1996-01-01 to 2024-06-30	6216
26	TS(("systematic*" NEAR/1 "review*") or ("review" and (("structured" or "database*" or "systematic*") NEAR/1 "search*")) or "integrative review*" or ("evidence" NEAR/1 "review*")) OR TI=("metaanal*" or "meta anal*") OR AB=("metaanal*" or "meta anal*")	643652
27	#25 AND #26	315
28	TS=("randomized" or "randomised" or "randomly" or "rct" or "placebo" or "trial" or "groups")	5052357
29	#25 AND #28	1474

Database: Cochrane Database of Systematic Reviews: Issue 6 of 12, June 2024, Central Register of Controlled trials: Issue 6 of 12, June 2024

Dato: 02.07.24

Kommentar: Ikke RCT'er i denne databasen

Antall treff: 21 systematiske oversikter

#1	[mh ^"Fatigue Syndrome, Chronic"] or (("chronic fatigue" NEXT (syndrom* or disorder? or "fibromyalgia syndrom" or "fibromyalgia syndroms" or "fibromyalgia syndrome" or "fibromyalgia syndromes" or	1410
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Dokumentasjon av søkestrategi

	"and immune dysfunction syndrom" or "and immune dysfunction syndroms" or "and immune dysfunction syndrome" or "and immune dysfunction syndromes")) or (myalgic NEXT (encephalomyelitis or encephalomyelopathy)) or ("postviral fatigue" NEXT syndrom*) or "epidemic neuromyasthenia" or (fatigue NEXT syndrom*) or "Iceland disease" or (syndrom* NEXT "of chronic fatigue") or "systemic exertion intolerance disease" or SEID or "Yuppie flu" or "royal free disease" or "Akureyri disease" or (exhaustion NEXT disorder?) or ("ME CFS" NEXT (sufferer? or individual? or patient? or cohort?)) or ("unsuspected fatigue" NEXT disorder?) or "fatigue of unknown origin" or ((idiopathic or persistent or unexplained) NEXT fatigue)):ti,ab	
#2	((("postviral or "post viral") NEXT ("fatigue syndrom" or "fatigue syndroms" or "fatigue syndrome" or "fatigue syndromes" or syndrom*)) or PVFS or ("post infectious fatigue" NEXT syndrom*) or PIFS or ("persistent post infectious" NEXT symptom?) or PPIS):ti,ab	1176
#3	[mh ^"Post-Acute COVID-19 Syndrome"] or (((long or "long haul" or "long hauler" or chronic or post or "post acute") NEXT ("COVID fatigue" or "COVID syndrom" or "COVID syndroms" or "COVID syndrome" or "COVID syndromes" or "COVID neurological syndrom" or "COVID neurological syndroms" or "COVID neurological syndrome" or "COVID neurological syndromes" or "COVID impairment" or "COVID impairments" or "COVID condition" or "COVID conditions" or "COVID 19 fatigue" or "COVID 19 syndrom" or "COVID 19 syndroms" or "COVID 19 syndrome" or "COVID 19 syndromes" or "COVID 19 neurological syndrom" or "COVID 19 neurological syndroms" or "COVID 19 neurological syndrome" or "COVID 19 neurological syndromes" or "COVID 19 impairment" or "COVID 19 impairments" or "COVID 19 condition" or "COVID 19 conditions")) or PASC or ("COVID 19 long" NEXT hauler?) or ("post acute sequelae of" NEXT ("COVID 19" or "SARS cov 2"))):ti,ab	574
#4	((("systemic exertion intolerance" NEXT disease?) or SEID or (("post exertional" or postexertional) NEXT ("neuroimmune exhaustion" or "neuro immune exhaustion" or malaise)) or PENE or PEM):ti,ab	594
#5	((("Epstein Barr virus" or "Epstein Barr" or "Barr Epstein" or EBV or EB) NEXT (infection? or disease? or syndrom* or virus or "viral infection" or "viral infections" or herpesvirus)) or "human herpes virus 4" or "human herpesvirus 4" or (HHV4 NEXT infection?) or "Infectious mononucleosis herpesvirus" or "infectious mononucleosis virus" or "mononucleosis infectiosa virus" or (infection NEXT ("by EBV" or "by the Epstein-Barr virus" or "caused by the Epstein-Barr virus" or "due to Epstein-Barr virus")) or (Lymphocryptovirus NEXT infection?)):ti,ab	554
#6	[mh ^Neurasthenia] or ((("bodily distress" NEXT disorder) or neurasthenia or neurasthaenia or neurataxia or neuroasthenia or ((neurasthenic or neurasthaenic) NEXT (neurosis or neuroses or syndrom*)):ti,ab	93
#7	#1 or #2 or #3 or #4 or #5 or #6	4226

Litteratursøk fra Bibliotek for helseforvaltningen

Dokumentasjon av søkestrategi

#8	[mh ^"Exercise Therapy"] or (((therapeutic or therap*) NEAR/2 (exercise? or activit*)) or kinesiotherap* or kinesitherap* or ((graded or customized or pacing) NEXT (exercise? or activit* or training)) or (exercise NEXT (treatment? or therap*)) or (corrective NEXT exercise?) or ("exercise movement" NEXT technique?)):ti,ab	23982
#9	(activity NEXT (advice? or guideline? or recommendation? or suggestion? or direction? or instruction? or adjustment?)):ti,ab	1215
#10	[mh ^Rehabilitation] or (rehabilitation or habilitation or readaption or readjustment or (rehabilitative NEXT treatment?) or resocialisation or resocialization or revalidation or ("individual placement and" NEXT support*)):ti,ab	48786
#11	[mh ^"Cognitive Behavioral Therapy"] or [mh ^"Occupational Therapy"] or [mh ^"Biofeedback, Psychology"] or (((cognition or cognitive or "cognitive behavior" or "cognitive behaviour" or "cognitive behavioral" or "cognitive behavioural") NEXT (therap* or treatment?)) or (cognitive NEXT psychotherap*) or ergotherap* or (occupational NEXT therap*) or biofeedback? or ("bio feed" NEXT back?) or (bio NEXT feedback?) or (biofeed NEXT back?) or ((psychology or psychophysiologic*) NEXT feedback?) or myofeedback? or myobiofeedback?):ti,ab	22384
#12	("learning and mastery " NEXT course?):ti,ab	1
#13	(Information or training or coaching or education):ti,ab	257612
#14	("lightning process"):ti,ab	8
#15	((psychomotor or "psycho motor") NEXT (physiotherap* or "physio therapy" or "physio therapies")):tw	10723
#16	("pain reprocessing" NEXT therap*):ti,ab	8
#17	("amygdala and insula retraining" or ("the gupta" NEXT program*)):ti,ab	6
#18	((("commitment and acceptance" or "acceptance and commitment") NEXT therap*)):ti,ab	1703
#19	(psychoeducation* or (psycho NEXT education*)):ti,ab	1478
#20	[mh ^Hypnosis] or (hypnosis or hypnogenesis or "hypnotical suggestion" or hypnotism or hypnotist or hypnotise or hypnotize or mesmerism):ti,ab	1826
#21	[mh ^Mindfulness] or [mh ^Relaxation] or [mh ^Qigong] or [mh ^"Tai Ji"] or [mh ^Meditation] or (mindfulness or relaxation? or qigong or "qi gong" or "chi kung" or chigung or "Tai Chi" or "Tai Ji" or "t'ai chi" or "Taiji quan" or Taijiquan or "medical yoga" or "Yoga Chikitsa" or meditation):ti,ab	27657
#22	((("body mind" or "mind body" or bodymind or mindbody) NEXT (process* or concept? or technique?)):ti,ab	62
#23	{OR #8-#22}	334648
#24	#7 and #23 with Cochrane Library publication date Between Jan 1996 and Jun 2024, in Cochrane Reviews	21

Litteratursøk fra Bibliotek for helseforvaltningen

Dokumentasjon av søkestrategi

Database: Cinahl

Dato: 02.07.24

Antall treff: 81 systematiske oversikter, 383 RCT'er

S32	S30 or (S26 AND S31)	383
S31	(MH "Randomized Controlled Trials") OR TI (randomized or randomised or randomly or rct or placebo or trial or groups) OR AB (randomized or randomised or randomly or rct or placebo or trial or groups)	1,339,983
S30	S7 AND S23 Limiters - Publication Date: 19960101-20240731; Exclude MEDLINE records; Clinical Queries: Therapy - High Specificity	39
S29	S27 OR (S26 and S28)	81
S28	(MH "Meta Analysis") OR (MH "Systematic Review") or TI ((systematic* N1 review*) or metaanal* or "meta anal*" or (review and ((structured or database* or systematic*) N1 search*)) or "integrative review*" or (evidence N1 review*)) OR AB ((systematic* N1 review*) or metaanal* or "meta anal*" or (review and ((structured or database* or systematic*) N1 search*)) or "integrative review*" or (evidence N1 review*))	274,222
S27	S7 AND S23 Limiters - Publication Date: 19960101-20240731; Exclude MEDLINE records; Clinical Queries: Review - High Specificity	39
S26	S7 AND S23 Limiters - Publication Date: 19960101-20240731; Exclude MEDLINE records	1,338
S25	S7 AND S23 Limiters - Publication Date: 19960101-20240731	2,296
S24	S7 AND S23	2,327
S23	S8 OR S9 OR S10 OR S11 OR S12 OR S13 OR S14 OR S15 OR S16 OR S17 OR S18 OR S19 OR S20 OR S21 OR S22	1,265,558
S22	(MH "Mind Body Techniques") OR TI(("body mind" or "mind body" or bodymind or mindbody) W0 (process* or concept# or technique#)) OR AB(("body mind" or "mind body" or bodymind or mindbody) W0 (process* or concept# or technique#))	3,826
S21	(MH "Mindfulness+") OR (MH "Relaxation") OR (MH "Relaxation Techniques+") OR (MH "Qigong") OR (MH "Tai Chi") OR (MH "Meditation") OR TI(mindfulness or relaxation? or qigong or "qi gong" or "chi kung" or chigung or "Tai Chi" or "Tai Ji" or "t'ai chi" or "Taiji quan" or Taijiquan or "medical yoga" or "Yoga Chikitsa" or meditation) OR AB(mindfulness or relaxation? or qigong or "qi gong" or "chi kung" or chigung or "Tai Chi" or "Tai Ji" or "t'ai chi" or "Taiji quan" or Taijiquan or "medical yoga" or "Yoga Chikitsa" or meditation)	44,439
S20	(MH "Hypnosis") OR TI(hypnosis or hypnogenesis or "hypnotical suggestion" or hypnotism or hypnotist or hypnotise or hypnotize or mesmerism) OR AB(hypnosis or hypnogenesis or "hypnotical suggestion" or hypnotism or hypnotist or hypnotise or hypnotize or mesmerism)	3,898
S19	(MH "Psychoeducation") OR TI(psychoeducation* or "psycho education*") OR AB(psychoeducation* or "psycho education*")	5,043
S18	(MH "Acceptance and Commitment Therapy") OR TI(("commitment and acceptance" or "acceptance and commitment") W0 therap*) OR AB(("commitment and acceptance" or "acceptance and commitment") W0 therap*)	1,536

Litteratursøk fra Bibliotek for helseforvaltningen

Dokumentasjon av søkestrategi

S17	TI("amygdala and insula retraining" or "the gupta program") OR AB("amygdala and insula retraining" or "the gupta program")	3
S16	TI("pain reprocessing therap") OR AB("pain reprocessing therap")	4
S15	TI((psychomotor or psycho motor) W0 (physiotherap* or "physio therap")) OR AB((psychomotor or psycho motor) W0 (physiotherap* or "physio therap"))	30
S14	TI("lightning process") OR AB("lightning process")	13
S13	TI(Information or training or coaching or education) OR AB(Information or training or coaching or education)	870,009
S12	TI("learning and mastery course#") OR AB("learning and mastery course#")	2
S11	(MH "Cognitive Therapy") OR (MH "Occupational Therapy") OR (MH "Biofeedback") OR TI(((cognition or cognitive or "cognitive behavio?r" or "cognitive behavio?ral") W0 (therap* or treatment#)) or "cognitive psychotherap*" or ergotherap* or "occupational therap*" or biofeedback# or "bio feed back#" or "bio feedback#" or "biofeed back#" or ((psychology or psychophysiologic*) W0 feedback#) or myofeedback# or myobiofeedback#) OR AB(((cognition or cognitive or "cognitive behavio?r" or "cognitive behavio?ral") W0 (therap* or treatment#)) or "cognitive psychotherap*" or ergotherap* or "occupational therap*" or biofeedback# or "bio feed back#" or "bio feedback#" or "biofeed back#" or ((psychology or psychophysiologic*) W0 feedback#) or myofeedback# or myobiofeedback#)	68,889
S10	(MH "Rehabilitation+") OR TI(rehabilitation or habilitation or readaption or readjustment or "rehabilitative treatment#" or resociali?ation or revalidation or "individual placement and support") OR AB(rehabilitation or habilitation or readaption or readjustment or "rehabilitative treatment#" or resociali?ation or revalidation or "individual placement and support")	404,029
S9	TI(activity W0 (advice# or guideline# or recommendation# or suggestion# or direction# or instruction# or adjustment#)) OR AB(activity W0 (advice# or guideline# or recommendation# or suggestion# or direction# or instruction# or adjustment#))	2,330
S8	(MH "Therapeutic Exercise+") OR TI(((therapeutic or therap*) N1 (exercise# or activit*) or kinesiotherap* or kinesitherap* or ((graded or customized or pacing) W0 (exercise# or activit* or training)) or (exercise W0 (treatment# or therap*)) or "corrective exercise#" or "exercise movement technique#") OR AB(((therapeutic or therap*) N1 (exercise# or activit*) or kinesiotherap* or kinesitherap* or ((graded or customized or pacing) W0 (exercise# or activit* or training)) or (exercise W0 (treatment# or therap*)) or "corrective exercise#" or "exercise movement technique#")	71,628
S7	S1 OR S2 OR S3 OR S4 OR S5 OR S6	12,412
S6	TI("bodily distress disorder#" or neurasthenia or neurasthaenia or neurataxia or neuroasthenia or ((neurasthenic or neurasthaenic) W0 (neuros?s or syndrom*))) OR AB("bodily distress disorder#" or neurasthenia or neurasthaenia or neurataxia or neuroasthenia or ((neurasthenic or neurasthaenic) W0 (neuros?s or syndrom*)))	83
S5	(MH ""Epstein-Barr Virus) OR (MH "Epstein-Barr Virus Infections+") OR TI(((("Epstein Barr virus" or "Epstein Barr" or "Barr Epstein" or EBV or EB) W0 (infection# or disease# or syndrom* or virus or "viral infection#" or herpesvirus)) or "human herpes virus 4" or "human herpesvirus 4" or "HHV4 infection#" or "Infectious mononucleosis herpesvirus" or "infectious mononucleosis virus" or "mononucleosis infectiosa virus" or (infection W0 ("by EBV" or "by the	3,762

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Dokumentasjon av søkestrategi

	Epstein-Barr virus" or "caused by the Epstein-Barr virus" or "due to Epstein-Barr virus")) or "Lymphocryptovirus infection#" OR AB(((("Epstein Barr virus" or "Epstein Barr" or "Barr Epstein" or EBV or EB) W0 (infection# or disease# or syndrom* or virus or "viral infection#" or herpesvirus)) or "human herpes virus 4" or "human herpesvirus 4" or "HHV4 infection#" or "Infectious mononucleosis herpesvirus" or "infectious mononucleosis virus" or "mononucleosis infectiosa virus" or (infection W0 ("by EBV" or "by the Epstein-Barr virus" or "caused by the Epstein-Barr virus" or "due to Epstein-Barr virus")) or "Lymphocryptovirus infection#")	
S4	TI("systemic exertion intolerance disease#" or SEID or (("post exertional" or postexertional) W0 ("neuroimmune exhaustion" or "neuro immune exhaustion" or malaise)) or PENE or PEM) OR AB("systemic exertion intolerance disease#" or SEID or (("post exertional" or postexertional) W0 ("neuroimmune exhaustion" or "neuro immune exhaustion" or malaise)) or PENE or PEM)	934
S3	(MH "Post-Acute COVID-19 Syndrome") OR TI(((long or "long haul*" or chronic or post or "post acute") W0 (COVID or "COVID 19") W0 (fatigue or syndrom* or "neurological syndrom*" or impairment# or condition#)) or PASC or "COVID 19 long hauler#" or ("post acute sequelae of" W0 ("COVID 19" or "SARS cov 2"))) OR AB(((long or "long haul*" or chronic or post or "post acute") W0 (COVID or "COVID 19") W0 (fatigue or syndrom* or "neurological syndrom*" or impairment# or condition#)) or PASC or "COVID 19 long hauler#" or ("post acute sequelae of" W0 ("COVID 19" or "SARS cov 2")))	1,665
S2	TI(((postviral or "post viral") W0 ("fatigue syndrom*" or syndrom*)) or PVFS or "post infectious fatigue syndrom*" or PIFS or "persistent post infectious symptom#" or PPIS) OR AB(((postviral or "post viral") W0 ("fatigue syndrom*" or syndrom*)) or PVFS or "post infectious fatigue syndrom*" or PIFS or "persistent post infectious symptom#" or PPIS)	1,996
S1	(MH "Fatigue Syndrome, Chronic") OR TI(("chronic fatigue" W0 (syndrom* or disorder# or "fibromyalgia syndrom*" or "and immune dysfunction syndrom*")) or (myalgic W0 (encephalomyelitis or encephalomyelopathy)) or "postviral fatigue syndrom*" or "epidemic neuromyasthenia" or "fatigue syndrom*" or "Iceland disease" or "syndrom* of chronic fatigue" or "systemic exertion intolerance disease" or SEID or "Yuppie flu" or "royal free disease" or "Akureyri disease" or "exhaustion disorder#" or ("ME CFS" W0 (sufferer# or individual# or patient# or cohort#)) or "unsuspected fatigue disorder#" or "fatigue of unknown origin" or ((idiopathic or persistent or unexplained) W0 fatigue)) OR AB(("chronic fatigue" W0 (syndrom* or disorder# or "fibromyalgia# syndrom*" or "and immune dysfunction syndrom*")) or (myalgic W0 (encephalomyelitis or encephalomyelopathy)) or "postviral fatigue syndrom*" or "epidemic neuromyasthenia" or "fatigue syndrom*" or "Iceland disease" or "syndrom* of chronic fatigue" or "systemic exertion intolerance disease" or SEID or "Yuppie flu" or "royal free disease" or "Akureyri disease" or "exhaustion disorder#" or ("ME CFS" W0 (sufferer# or individual# or patient# or cohort#)) or "unsuspected fatigue disorder#" or "fatigue of unknown origin" or ((idiopathic or persistent or unexplained) W0 fatigue))	4,289