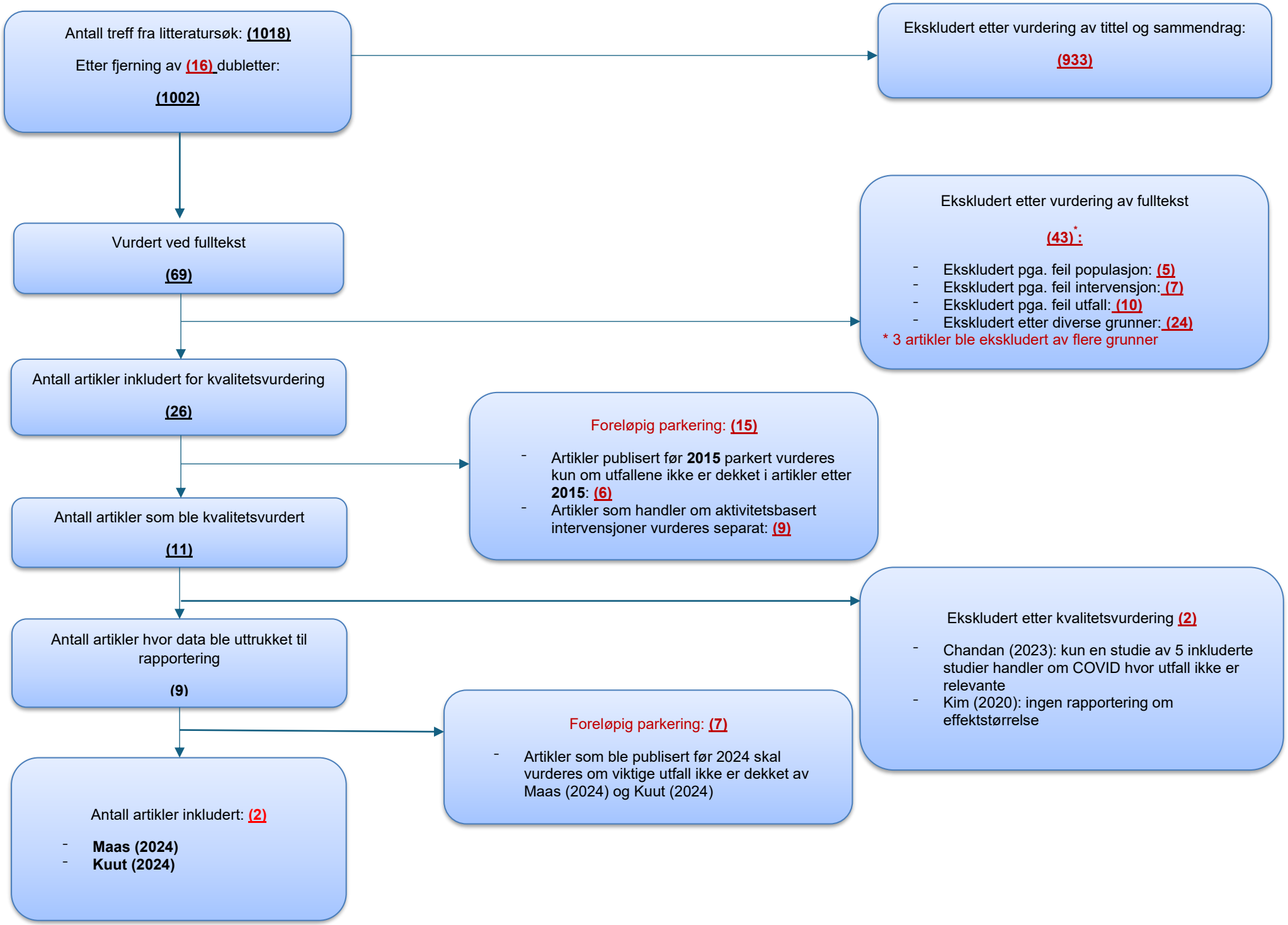PRISMA flytskjema: Kognitiv atferdsterapi intervensjoner