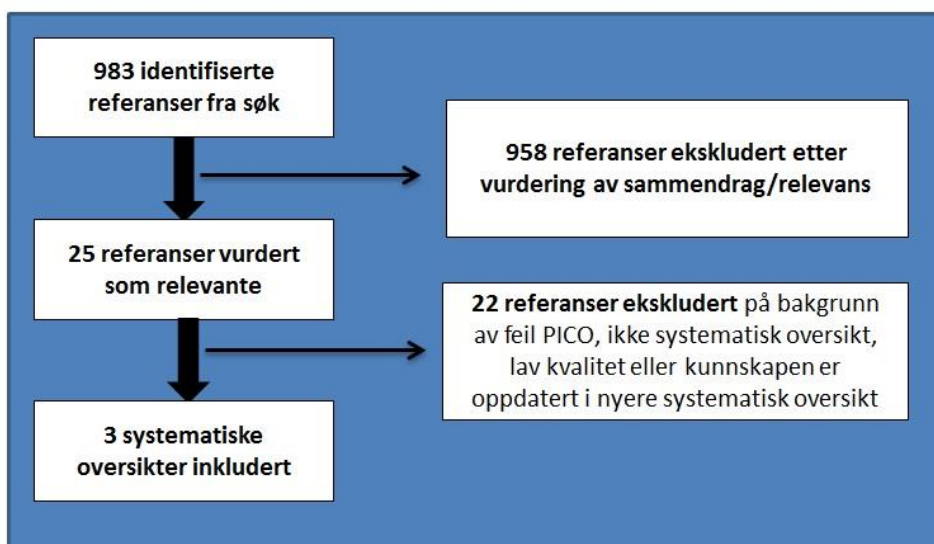


## Flytdiagram og søkestrategi for søk etter systematiske oversikter

Dynamisk inspirerte terapier og kreative terapier i behandling av personer med spiseforstyrrelse.

Oppdatert søk ved Helsedirektoratet 2014:



Figur 1. Flytdiagram over søketreff og vurdering av titler, sammendrag og fulltekstartikler.

### Inkluderte systematiske oversikter

Tabell 1: Systematiske oversikter som er inkludert fra søket ved Helsedirektoratet, og kvaliteten på oversiktene vurdert med sjekkliste.

| Referanse   | Søk                      | Metodisk kvalitet |
|---|--------------------------|-------------------|
| Hay PJ, Bacaltchuk J. (2008). Bulimia nervosa. Clinical Evidence 2008.  | Helsedirektoratet (2014) | Moderat           |
| Katterman SN, Kleinman BM, Hood MM, Nackers LM, Corsica JA. (2014). Mindfulness meditation as an intervention for binge eating, emotional eating, and weight loss: A systematic review. Eating Behaviors, 15(2):197-204.                      | Helsedirektoratet (2014) | Moderat           |
| Vancampfort D, Vanderlinden J, De Hert M, Soundy A, Adamkova M, Skjaerven LH, et al. (2014). A systematic review of physical therapy interventions for patients with anorexia and bulimia nervosa. Disability & Rehabilitation, 36(8):628-34. | Helsedirektoratet (2014) | Høy               |

## Ekkluderte systematiske oversikter

**Tabell 2: Systematiske oversikter som er ekskludert fra søket ved Helsedirektoratet, på bakgrunn av feil PICO, lav kvalitet eller fordi kunnskapen er oppdatert i nyere systematisk oversikt.**

| Referanse  | Søk                      |
|--|--------------------------|
| Abbass AA, Rabung S, Leichsenring F, Refseth JS, Midgley N. (2013). Psychodynamic psychotherapy for children and adolescents: a meta-analysis of short-term psychodynamic models. <i>Journal of the American Academy of Child &amp; Adolescent Psychiatry</i> , 52(8):863-75.                                | Helsedirektoratet (2014) |
| Alex Matthew Krolikowski (2013). The Effectiveness of Internet-Based Mindfulness Interventions for Physical and Mental Illnesses: A Narrative Review. Department of Education, University at Albany, 3(4).   | Helsedirektoratet (2014) |
| Clausen L. (2004). Review of studies evaluating psychotherapy in bulimia nervosa: the influence of research methods. <i>Scandinavian Journal of Psychology</i> , 45(3):247-52.   | Helsedirektoratet (2014) |
| Dingemans A, Bruna M, van Furth E. (2001). Binge eating disorder: A review. <i>Tijdschrift voor Psychiatrie</i> , 43(5):321-31.  | Helsedirektoratet (2014) |
| Hausenblas HA, Cook BJ, Chittester NI. (2008). Can exercise treat eating disorders? <i>Exercise and Sport Sciences Reviews</i> , 36(1): 43-7.  | Helsedirektoratet (2014) |
| Hay P. (2013). A systematic review of evidence for psychological treatments in eating disorders: 2005-2012. <i>International Journal of Eating Disorders</i> , 46(5):462-9.  | Helsedirektoratet (2014) |
| Hay Phillipa PJ, Bacaltchuk J, Stefano S, Kashyap P. (2009). Psychological treatments for bulimia nervosa and bingeing. <i>Cochrane Database of Systematic Reviews</i> (4).  | Helsedirektoratet (2014) |
| Hubbard JB. (2014). Psychotherapy outcome for eating disorders: A meta-analysis. <i>Dissertation Abstracts International: Section B: The Sciences and Engineering</i> , 75(1-B(E)).  | Helsedirektoratet (2014) |
| Keel PK, Haedt A. (2008). Evidence-based psychosocial treatments for eating problems and eating disorders. <i>Journal of Clinical Child and Adolescent Psychology</i> , 37(1):39-61.   | Helsedirektoratet (2014) |
| Kotova. (2005). A meta-analysis of Interpersonal Psychotherapy. <i>Dissertation Abstracts International: Section B: The Sciences and Engineering</i> , 66(5-B):2828.   | Helsedirektoratet (2014) |
| Leichsenring F, Klein S. (2014). Evidence for psychodynamic psychotherapy in specific mental disorders: A systematic review. <i>Psychoanalytic Psychotherapy</i> , 28(1):4-32.   | Helsedirektoratet (2014) |
| Leichsenring F. (2005). Are psychodynamic and psychoanalytic therapies effective?: A review of empirical data. <i>International Journal of Psycho-Analysis</i> , 86(3):841-68.   | Helsedirektoratet (2014) |
| Licsenring F, Rabung S. (2008). Effectiveness of long-term psychodynamic psychotherapy: A meta-analysis. <i>JAMA - Journal of the American Medical Association</i> , 300(13):1551-   | Helsedirektoratet (2014) |
| Masuda A, Hill ML. (2013). Mindfulness as therapy for disordered eating: a systematic review <i>Neuropsychiatry</i> , 3(4):433-47.   | Helsedirektoratet (2014) |
| Mitchell JE, Roerig J, Steffen K. (2012). An update on treatment strategies for bulimia nervosa. I: Treatment and recovery of eating disorders. Hauppauge, NY: Nova Science Publishers; US: 227-39.  | Helsedirektoratet (2014) |
| Moola FJ, Gairdner SE, Amara CE. (2013). Exercise in the care of patients with anorexia nervosa: a systematic review of the literature. <i>Mental Health and Physical Activity</i> , 6(2):59-68.   | Helsedirektoratet (2014) |
| Pittock A, Mair E. (2010). Are psychotherapies effective in the treatment of Anorexia Nervosa? A systematic review. <i>Journal of Indian Association for Child and Adolescent Mental Health</i> , 6(3):55-71.  | Helsedirektoratet (2014) |
| Rutherford L, Couturier J. (2007). A review of psychotherapeutic interventions for children and adolescents with eating disorders. <i>Journal of the Canadian Academy of Child and Adolescent Psychiatry / Journal de l'Academie canadienne de psychiatrie de l'enfant et de l'adolescent</i> , 16(4):153-7. | Helsedirektoratet (2014) |
| Spielmans GI, Benish SG, Marin C, Bowman WM, Menster M, Wheeler AJ. (2013). Specificity of psychological treatments for bulimia nervosa and binge eating disorder? A meta-analysis of direct comparisons. <i>Clinical Psychology Review</i> , 33(3):460-9.   | Helsedirektoratet (2014) |
| St. (2008). A systematic review of the treatment for anorexia nervosa in adolescents: The search for evidence-based practice. <i>Dissertation Abstracts International: Section B: The Sciences and Engineering</i> , 68(12-B):8414.  | Helsedirektoratet (2014) |
| Thompson-Brenner H, Glass S, Westen D. (2003). A multidimensional meta-analysis of psychotherapy for bulimia nervosa. <i>Clinical Psychology: Science and Practice</i> , 10(3):269-87.   | Helsedirektoratet (2014) |
| Thompson-Brenner HJ. (2003). Implications for the treatment of bulimia nervosa: A meta-analysis of efficacy trials and a naturalistic study of treatment in the community. <i>Dissertation Abstracts International: Section B: The Sciences and Engineering</i> , 63(10-B):4928.                             | Helsedirektoratet (2014) |

## Søkestrategi

### SPISEFORSTYRRELSER

**Kontaktperson:** Kari Aanjesen Dahle

**Søk:** Astrid Nøstberg

**Kommentar:** Oppdateringssøk av søk utført juni 2010. Her avgrenset til kun systematiske oversikter

**Tidsbruk:** 26 timer

**Database:** Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations, Ovid MEDLINE(R) Daily and Ovid MEDLINE(R) 1946 to Present

**Dato:** 10.11.2014

**Antall treff:** 462

| #  | Searches   | Results  |
|----|--|----------|
| 1  | Eating Disorders/  | 11252    |
| 2  | Anorexia Nervosa/  | 11056    |
| 3  | Binge-Eating Disorder/   | 589      |
| 4  | Bulimia Nervosa/   | 1769     |
| 5  | ((appetite or eating) adj2 disorder?).tw.  | 13233    |
| 6  | (((anorexia or bulimia) adj2 (nervosa or nevrosa)) or anorexic or bulimic).tw.   | 14460    |
| 7  | (binging or (binge adj1 eating) or bingeeating or overeat\$ or (compulsive adj2 (eat\$ or vomit\$)) or (food\$ adj2 (bing\$ or aversion\$)) or (self?induc\$ adj2 vomit\$) or (restrict\$ adj2 eat\$) or hyperrexia or polyphagia).tw. | 6804     |
| 8  | or/1-7   | 32525    |
| 9  | (2000* or 2001* or 2002* or 2003* or 2004* or 2005* or 2006* or 2007* or 2008* or 2009* or 2010* or 2011* or 2012* or 2013* or 2014* or 2015*).ed,ep,yr,dp,dc.   | 13052471 |
| 10 | 8 and 9  | 19680    |
| 11 | limit 10 to "reviews (maximizes specificity)"  | 462      |

**Database:** Embase 1974 to 2014 November 06

**Dato:** 04.11.2014

**Antall treff:** 384

| #  | Searches   | Results  |
|----|--|----------|
| 1  | eating disorder/   | 16146    |
| 2  | anorexia nervosa/  | 15968    |
| 3  | binge eating disorder/   | 4010     |
| 4  | bulimia/   | 11019    |
| 5  | food aversion/   | 278      |
| 6  | appetite disorder/   | 2920     |
| 7  | ((appetite or eating) adj2 disorder?).tw.  | 16710    |
| 8  | (((anorexia or bulimia) adj2 (nervosa or nevrosa)) or anorexic or bulimic).tw.   | 17689    |
| 9  | (binging or (binge adj1 eating) or bingeeating or overeat\$ or (compulsive adj2 (eat\$ or vomit\$)) or (food\$ adj2 (bing\$ or aversion\$)) or (self?induc\$ adj2 vomit\$) or (restrict\$ adj2 eat\$) or hyperrexia or polyphagia).tw. | 8080     |
| 10 | or/1-9   | 45682    |
| 11 | (2000* or 2001* or 2002* or 2003* or 2004* or 2005* or 2006* or 2007* or 2008* or 2009* or 2010* or 2011* or 2012* or 2013* or 2014* or 2015*).yr,em,dd,dp.  | 15178435 |
| 12 | 10 and 11  | 30821    |
| 13 | limit 12 to "reviews (maximizes specificity)"  | 435      |
| 14 | limit 13 to embase   | 384      |

**Database:** PsycINFO 1806 to November Week 1 2014

**Dato:** 10.11.2014

**Antall treff:** 568

| #  | Searches   | Results |
|----|--|---------|
| 1  | Eating Disorders/  | 11825   |
| 2  | Anorexia Nervosa/  | 8976    |
| 3  | Binge Eating Disorder/   | 973     |
| 4  | Bulimia/   | 6751    |
| 5  | "Purging (Eating Disorders)"/  | 344     |
| 6  | Binge Eating/  | 2254    |
| 7  | ((appetite or eating) adj2 disorder?).tw.  | 18680   |
| 8  | (((anorexia or bulimia) adj2 (nervosa or nevrosa)) or anorexic or bulimic).tw.   | 15004   |
| 9  | (binging or (binge adj1 eating) or bingeeating or overeat\$ or (compulsive adj2 (eat\$ or vomit\$)) or (food\$ adj2 (bing\$ or aversion\$)) or (self?induc\$ adj2 vomit\$) or (restrict\$ adj2 eat\$) or hyperrexia or polyphagia).tw. | 6526    |
| 10 | or/1-9   | 31222   |
| 11 | (2000* or 2001* or 2002* or 2003* or 2004* or 2005* or 2006* or 2007* or 2008* or 2009* or 2010* or 2011* or 2012* or 2013* or 2014* or 2015*).dp,yr,up.   | 2155349 |
| 12 | 10 and 11  | 19794   |
| 13 | limit 12 to "reviews (maximizes specificity)"  | 568     |

**Database:** Cochrane Issue 11 of 12, November 2014, Other Reviews (DARE) Issue 4 of 4, October 2014, Methods Studies Issue 3 of 4, July 2012, Technology Assessments Issue 4 of 4, October 2014, Economic Evaluations Issue 4 of 4, October 2014

**Dato:** 09.12.2013

**Antall treff:** 115 (Cochrane Reviews: 14, Other Reviews: 61, Methods Studies: 13, Technology Assessments: 16, Economic Evaluations: 11)

| ID  | Search  | Hits |
|-----|---|------|
| #1  | MeSH descriptor <b>Eating Disorders</b> , this term only  | 364  |
| #2  | MeSH descriptor <b>Anorexia Nervosa</b> , this term only  | 308  |
| #3  | MeSH descriptor <b>Binge-Eating Disorder</b> , this term only   | 58   |
| #4  | MeSH descriptor <b>Bulimia Nervosa</b> , this term only   | 156  |
| #5  | ((appetite or eating) near/2 disorder?):ti,ab,kw  | 773  |
| #6  | ((anorexia or bulimia) near/2 (nervosa or nevrosa)) or anorexic or bulimic:ti,ab,kw   | 1159 |
| #7  | (binging or (binge near/1 eating) or bingeeating or overeat* or (compulsive near/2 (eat* or vomit*)) or (food* near/2 (bing* or aversion*)) or (self?induc* near/2 vomit*) or (restrict* near/2 eat*) or hyperrexia or polyphagia):ti,ab,kw | 661  |
| #8  | (#1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7)  | 2088 |
| #9  | #8 Publication Year from 2000   | 1381 |
| #10 | #9 in Cochrane Reviews (Reviews and Protocols), Other Reviews, Methods Studies, Technology Assessments and Economic Evaluations   | 115  |

Database: EBSCO Cinahl

Dato: 06.11.2014

Antall treff: 7

| #  | Query  | Results |
|----|--|---------|
| S4 | (MH "Eating Disorders"# or #MH "Anorexia Nervosa"# or #MH "Bulimia Nervosa"# or #MH "Food Aversions"# or TI appetite N2 disorder? or AB appetite N2 disorder? or TI eating N2 disorder? or AB eating N2 disorder? or TI anorexia N2 nervosa or AB anorexia N2 nervosa or TI anorexia N2 nevrosa or AB anorexia N2 nevrosa or TI bulimia N2 nervosa or AB bulimia N2 nervosa or TI bulimia N2 nevrosa or AB bulimia N2 nevrosa or TI anorexic or AB anorexic or TI bulimic or AB bulimic or TI binging or AB binging or TI binge N1 eating or AB binge N1 eating or TI bingeeating or AB bingeeating or TI overeat* or AB overeat* or TI compulsive N2 eat* or AB compulsive N2 eat* or TI compulsive N2 vomit* or AB compulsive N2 vomit* or TI food* N2 bing* or AB food* N2 bing* or TI food* N2 aversion or AB food* N2 aversion or TI self#induc* N2 vomit* or AB self#induc* N2 vomit* or TI restrict* N2 eat* or AB restrict* N2 eat* or TI hyperrexia or AB hyperrexia or TI polyphagia or AB polyphagia<br>Limiters - Clinical Queries: Review - High Specificity; Exclude MEDLINE records;<br>Published Date: 20000101-20141231 | 7       |

|    |   |       |
|----|---|-------|
| S3 | <p>(MH "Eating Disorders"# or #MH "Anorexia Nervosa"# or #MH "Bulimia Nervosa"# or #MH "Food Aversions"# or T1 appetite N2 disorder? or AB appetite N2 disorder? or T1 eating N2 disorder? or AB eating N2 disorder? or T1 anorexia N2 nervosa or AB anorexia N2 nervosa or T1 anorexia N2 nevrosa or AB anorexia N2 nevrosa or T1 bulimia N2 nervosa or AB bulimia N2 nervosa or T1 bulimia N2 nevrosa or AB bulimia N2 nevrosa or T1 anorexic or AB anorexic or T1 bulimic or AB bulimic or T1 bingeing or AB bingeing or T1 binge N1 eating or AB binge N1 eating or T1 bingeeating or AB bingeeating or T1 overeat* or AB overeat* or T1 compulsive N2 eat* or AB compulsive N2 eat* or T1 compulsive N2 vomit* or AB compulsive N2 vomit* or T1 food* N2 binge* or AB food* N2 binge* or T1 food* N2 aversion or AB food* N2 aversion or T1 self#induc* N2 vomit* or AB self#induc* N2 vomit* or T1 restrict* N2 eat* or AB restrict* N2 eat* or T1 hyperrexia or AB hyperrexia or T1 polyphagia or AB polyphagia</p> <p>Limiters - Clinical Queries: Review - High Specificity; Published Date: 20000101-20141231</p> | 100   |
| S2 | <p>(MH "Eating Disorders"# or #MH "Anorexia Nervosa"# or #MH "Bulimia Nervosa"# or #MH "Food Aversions"# or T1 appetite N2 disorder? or AB appetite N2 disorder? or T1 eating N2 disorder? or AB eating N2 disorder? or T1 anorexia N2 nervosa or AB anorexia N2 nervosa or T1 anorexia N2 nevrosa or AB anorexia N2 nevrosa or T1 bulimia N2 nervosa or AB bulimia N2 nervosa or T1 bulimia N2 nevrosa or AB bulimia N2 nevrosa or T1 anorexic or AB anorexic or T1 bulimic or AB bulimic or T1 bingeing or AB bingeing or T1 binge N1 eating or AB binge N1 eating or T1 bingeeating or AB bingeeating or T1 overeat* or AB overeat* or T1 compulsive N2 eat* or AB compulsive N2 eat* or T1 compulsive N2 vomit* or AB compulsive N2 vomit* or T1 food* N2 binge* or AB food* N2 binge* or T1 food* N2 aversion or AB food* N2 aversion or T1 self#induc* N2 vomit* or AB self#induc* N2 vomit* or T1 restrict* N2 eat* or AB restrict* N2 eat* or T1 hyperrexia or AB hyperrexia or T1 polyphagia or AB polyphagia</p> <p>Limiters - Published Date: 20000101-20141231</p>  | 7,151 |
| S1 | <p>(MH "Eating Disorders"# or #MH "Anorexia Nervosa"# or #MH "Bulimia Nervosa"# or #MH "Food Aversions"# or T1 appetite N2 disorder? or AB appetite N2 disorder? or T1 eating N2 disorder? or AB eating N2 disorder? or T1 anorexia N2 nervosa or AB anorexia N2 nervosa or T1 anorexia N2 nevrosa or AB anorexia N2 nevrosa or T1 bulimia N2 nervosa or AB bulimia N2 nervosa or T1 bulimia N2 nevrosa or AB bulimia N2 nevrosa or T1 anorexic or AB anorexic or T1 bulimic or AB bulimic or T1 bingeing or AB bingeing or T1 binge N1 eating or AB binge N1 eating or T1 bingeeating or AB bingeeating or T1 overeat* or AB overeat* or T1 compulsive N2 eat* or AB compulsive N2 eat* or T1 compulsive N2 vomit* or AB compulsive N2 vomit* or T1 food* N2 binge* or AB food* N2 binge* or T1 food* N2 aversion or AB food* N2 aversion or T1 self#induc* N2 vomit* or AB self#induc* N2 vomit* or T1 restrict* N2 eat* or AB restrict* N2 eat* or T1 hyperrexia or AB hyperrexia or T1 polyphagia or AB polyphagia</p>  | 8,470 |

**Database:** Svemed+

**Dato:** 10.11.14

**Antall treff:** 206

**Kommentar:** Ikke avgrenset til systematiske oversikter

|   | <b>Nr Söksträng</b>  | <b>Antal träffar</b> |
|---|--|----------------------|
| 1 | noexp:"Eating Disorders"   | 183                  |
| 2 | noexp:"Anorexia Nervosa"   | 139                  |
| 3 | noexp:"Binge-Eating Disorder"  | 2                    |
| 4 | noexp:"Bulimia Nervosa"  | 24                   |
| 5 | "appetite disorder*" OR "eating disorder*" OR "anorexia nervosa" OR "bulimia nervosa"<br>OR anorexic OR bulimic OR binging OR "binge eating" OR bingeeating OR overeat* OR<br>"compulsive eat*" OR "compulsive vomit*" OR "food bing*" OR "food aversion*" OR "self<br>induced vomit*" OR "restricted eat*" OR "restricive eat*" OR hyperrexia OR polyphagia | 333                  |
| 6 | #1 OR #2 OR #3 OR #4 OR #5   | 333                  |
| 7 | #1 OR #2 OR #3 OR #4 OR #5 AND year:[2000 TO 2014]   | 206                  |