

Question: Minimal intervention compared to no intervention in adults

Setting:

Bibliography (systematic reviews): Stead LF, Buitrago D, Preciado N, Sanchez G, Hartmann-Boyce J, Lancaster T. Physician advice for smoking cessation. Cochrane Database of Systematic Reviews 2013; 5: CD000165.

Quality assessment							No of patients		Effect			
No of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Minimal intervention	No intervention	Relative (95 % CI)	Absolute (95 % CI)	Quality	Importance
Smoking cessation (follow up: 6 months)												
17	randomised trials	serious 1	not serious	not serious	not serious	none	455/7913 (5.8 %)	216/5811 (3.7 %)	RR 1.66 (1.42 to 1.94)	25 more per 1000 (from 16 more to 35 more)	⊕⊕⊕○ MODERATE	CRITICAL

MD – mean difference, RR – relative risk

1. Most studies unclear or no allocation concealment