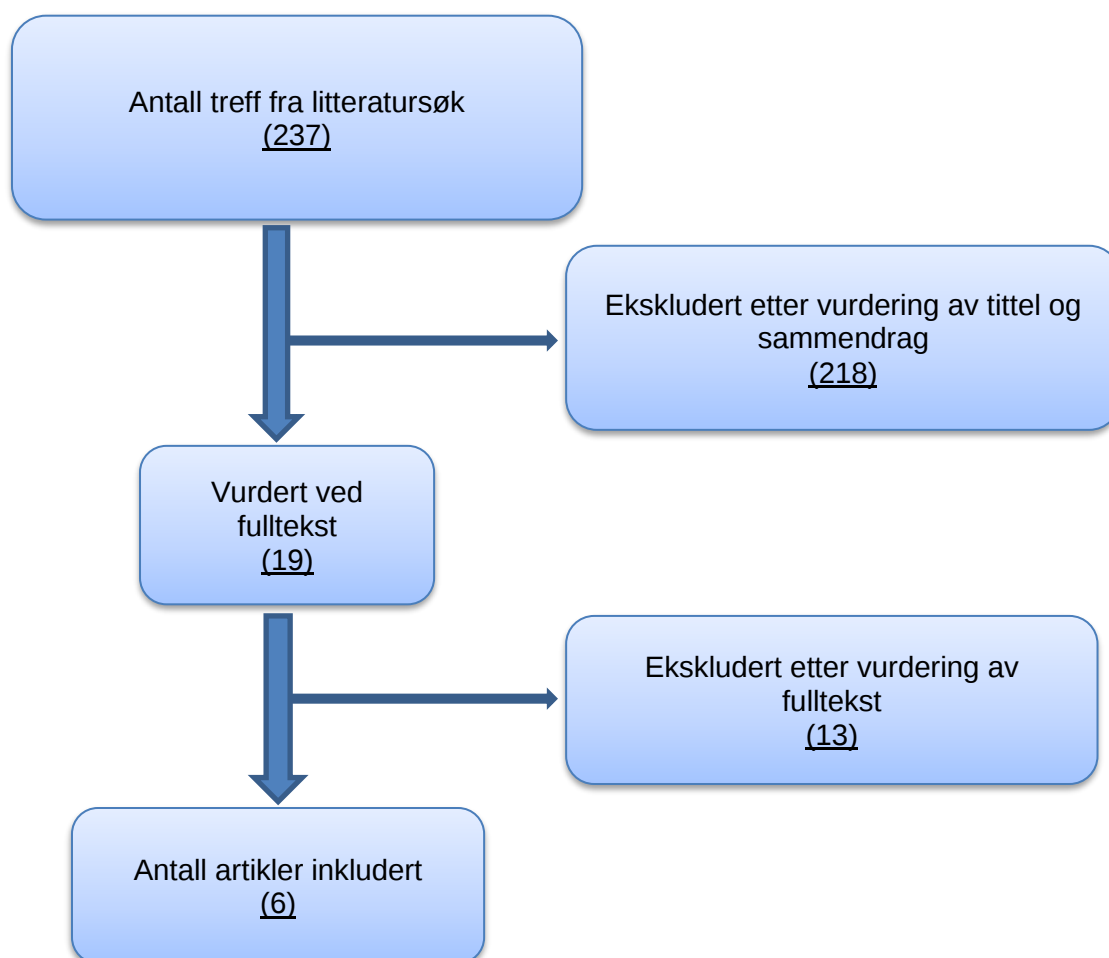


Nasjonal faglig retningslinje for utredning og behandling av personlighetsforstyrrelser

– oversikt over inkluderte og ekskluderte publikasjoner

Problemstilling: Hvilke erfaringer har pasienter, pårørende og helsepersonell når det gjelder behandling av personlighetsforstyrrelser (PF) i Norge?

P	Pasienter, pårørende og helsepersonell	
I	Behandling for personlighetsforstyrrelser, både ordinær behandling og ved akutte kriser	Dato for søk: 28. oktober 2024
C		Søk oppdatert dato:
O	Erfaringer	



Figur 1. Flytskjema over identifiserte treff og utvelgelse av relevante referanser. (modifisert/hentet fra Kunnskapssenteret for helsetjenesten i Folkehelseinstituttet)

Tabeller over inkluderte og ekskluderte publikasjoner

Tabell 1. Inkluderte publikasjoner

Forfattere, år, tittel
Ditlefsen, I. T., Nissen-Lie, H. A., Andenaes, A., Normann-Eide, E., Johansen, M. S., & Kvarstein, E. H. (2021). "Yes, There Is Actually Hope!"-A Qualitative Investigation of How Patients Experience Mentalization-Based Psychoeducation Tailored for Borderline Personality Disorder. <i>Journal of Psychotherapy Integration</i> , 31(3), 257-276. https://doi.org/10.1037/int0000243
Kverme, B., Natvik, E., Veseth, M., & Moltu, C. (2019). Moving Toward Connectedness - A Qualitative Study of Recovery Processes for People With Borderline Personality Disorder. <i>Frontiers in Psychology</i> , 10, 430. https://doi.org/10.3389/fpsyg.2019.00430
Morken Katharina, T., Ovrebø, M., Klippenberg, C., Morvik, T., Lied, G., & Elisabeth. (2022). Antisocial personality disorder in group therapy, kindling pro-sociality and mentalizing. <i>Research in Psychotherapy: Psychopathology, Process and Outcome</i> , 25(3), 299-313.
Pettersen, M. S., Moen, A., Børøsund, E., & Wilberg, T. (2021). Therapists' experiences with mentalization-based treatment for avoidant personality disorder. <i>European Journal for Qualitative Research in Psychotherapy</i> , 11, 143-159.
Sorensen, K. D., Wilberg, T., Berthelsen, E., & Rabu, M. (2019). Lived Experience of Treatment for Avoidant Personality Disorder: Searching for Courage to Be. <i>Frontiers in Psychology</i> , 10, 2879. https://doi.org/10.3389/fpsyg.2019.02879
Wilberg, T., Kvarstein, E. H., & Rovik, J. O. (2014). Patients with personality disorders in private specialist practice. <i>Tidsskrift for den Norske Lægeforening</i> , 134(23-24), 2267-2272. https://doi.org/10.4045/tidsskr.13.1581

Tabell 2. Ekskluderte referanser. Sammendraget/tittel funnet relevant, ekskludert etter gjennomlesing av artikkel.

Forfatter, tittel, publikasjonssted og år	Ekskludert Kort begrunnelse
Andersen Christian, F., Poulsen, S., Fog-Petersen, C., Jorgensen Mie, S., & Simonsen, E. (2021). Dropout from mentalization-based group treatment for adolescents with borderline personality features: A qualitative study. <i>Psychotherapy Research</i> , 31(5), 619-631. https://doi.org/10.1080/10503307.2020.1813914	Utført i Danmark.
Braanen Jenni, M. (2018). "Sånne som deg har ikke godt av å være innlagt": Personlighetsforstyrrelse og opplevelse av stigma i møte med behandlingssystemet. <i>En kvalitativ studie</i> .	Masteroppgave
Dahl Hanne-Sofie, J., Hoglend, P., Ulberg, R., Amlo, S., Gabbard Glen, O., Perry John, C., & Christoph Paul, C. (2017). Does therapists' disengaged feelings influence the effect of transference work? A study on countertransference. <i>Clinical Psychology & Psychotherapy</i> , 24(2), 462-474. https://doi.org/10.1002/cpp.2015	Ikke erfaring med behandling
Dahl Hanne-Sofie, J., Rossberg Jan, I., Crits-Christoph, P., Gabbard Glen, O., Hersoug Anne, G., Perry John, C., . . . Hoglend Per, A. (2014). Long-term effects of analysis of the patient-therapist relationship in the	Ikke erfaring med behandling

Forfatter, tittel, publikasjonssted og år	Ekskludert Kort begrunnelse
context of patients' personality pathology and therapists' parental feelings. <i>Journal of Consulting and Clinical Psychology</i> , 82(3), 460-471. https://doi.org/10.1037/a0036410	
Dahl, K., Bremer, K., & Wilberg, T. (2024). The significance of connectedness: avoidant personality disorder patients' subjective experiences of change after attending a specialized treatment program. <i>Frontiers in Psychology</i> , 15, 1412665. https://doi.org/10.3389/fpsyg.2024.1412665	Effekt av endringer, ikke erfaring med behandling
Faerden, A., Bolgen, B., Lovhaug, L., Thoresen, C., & Dieset, I. (2020). Patient satisfaction and acute psychiatric inpatient treatment. <i>Nordic Journal of Psychiatry</i> , 74(8), 577-584. https://doi.org/10.1080/08039488.2020.1764620	Hovedsakelig ikke PF pasienter
Gradek, C. (2022). <i>General practitioners' thoughts and experiences regarding patients with Personality Disorder</i> .	Masteroppgave
Haakenstad Kari, G., Norges teknisk-naturvitenskapelige universitet, P., & institutt. (2015). <i>Affektinntoning, overføringsarbeid og samspillet mellom disse, som prediktorer for behandlingsutfall for pasienter med cluster C personlighetsforstyrrelser</i> . Trondheim	Masteroppgave
Malkomsen, A., Rossberg, J. I., Dammen, T., Wilberg, T., Lovgren, A., Ulberg, R., & Evensen, J. (2024). "It takes time to see the whole picture": patients' views on improvement in cognitive behavioral therapy and psychodynamic therapy after three years. <i>Frontiers in Psychiatry</i> , 15(no pagination). https://doi.org/10.3389/fpsyg.2024.1342950	Hovedsakelig ikke PF pasienter
Morken Katharina Teresa, E., Binder, P.-E., Arefjord Nina, M., & Karterud Sigmund, W. (2019). Mentalization-based treatment from the patients' perspective-What ingredients do they emphasize? <i>Frontiers in Psychology Vol 10 2019, ArtID 1327, 10</i> . https://doi.org/10.3389/fpsyg.2019.01327	Fra rusbehandling, ikke fra psykisk helsevern
Ovstebo, R. B., Pedersen, G., Wilberg, T., Rossberg, J. I., Dahl, H. S. J., & Kvarstein, E. H. (2023). Countertransference in the treatment of patients with personality disorders: A longitudinal study. <i>Psychotherapy Research</i> , 1-15. https://doi.org/10.1080/10503307.2023.2279645	Om terapeutens erfaring med egne følelser, ikke erfaring med gi eller få behandling av personlighetsforstyrrelse
Selvik Sara, G., Havnen, A., & Aasum Jon, E. (2018). Behandling av emosjonelt ustabil personlighetsforstyrrelse. <i>Treatment of emotionally unstable personality disorder</i> , 138(8). https://doi.org/10.4045/tidsskr.18.0315	Kommentarartikkel
Undem, B. (2017). Personlighetsforstyrret og behandlingsresistent. <i>[Personality impaired and treatment-resistant]</i> , Vol. 54, nr. 11 (2017), 1091-1099.	Brukerhistorie, ikke forskningsartikkel

Fullstendig referanseliste (inkluderte og ekskluderte referanser)

- Andersen Christian, F., Poulsen, S., Fog-Petersen, C., Jorgensen Mie, S., & Simonsen, E. (2021). Dropout from mentalization-based group treatment for adolescents with borderline personality features: A qualitative study. *Psychotherapy Research*, 31(5), 619-631. <https://doi.org/10.1080/10503307.2020.1813914>
- Braanen Jenni, M. (2018). "Sånne som deg har ikke godt av å være innlagt": Personlighetsforstyrrelse og opplevelse av stigma i møte med behandlingssystemet. En kvalitativ studie.
- Dahl Hanne-Sofie, J., Hoglend, P., Ulberg, R., Amlo, S., Gabbard Glen, O., Perry John, C., & Christoph Paul, C. (2017). Does therapists' disengaged feelings influence the effect of transference work? A study on countertransference. *Clinical Psychology & Psychotherapy*, 24(2), 462-474. <https://doi.org/10.1002/cpp.2015>
- Dahl Hanne-Sofie, J., Rossberg Jan, I., Crits-Christoph, P., Gabbard Glen, O., Hersoug Anne, G., Perry John, C., . . . Hoglend Per, A. (2014). Long-term effects of analysis of the patient-therapist relationship in the context of patients' personality pathology and therapists' parental feelings. *Journal of Consulting and Clinical Psychology*, 82(3), 460-471. <https://doi.org/10.1037/a0036410>
- Dahl, K., Bremer, K., & Wilberg, T. (2024). The significance of connectedness: avoidant personality disorder patients' subjective experiences of change after attending a specialized treatment program. *Frontiers in Psychology*, 15, 1412665. <https://doi.org/10.3389/fpsyg.2024.1412665>
- Ditlefsen, I. T., Nissen-Lie, H. A., Andenaes, A., Normann-Eide, E., Johansen, M. S., & Kvarstein, E. H. (2021). "Yes, There Is Actually Hope!"-A Qualitative Investigation of How Patients Experience Mentalization-Based Psychoeducation Tailored for Borderline Personality Disorder. *Journal of Psychotherapy Integration*, 31(3), 257-276. <https://doi.org/10.1037/int0000243>
- Faerden, A., Bolgen, B., Lovhaug, L., Thoresen, C., & Dieset, I. (2020). Patient satisfaction and acute psychiatric inpatient treatment. *Nordic Journal of Psychiatry*, 74(8), 577-584. <https://doi.org/10.1080/08039488.2020.1764620>
- Gradek, C. (2022). *General practitioners' thoughts and experiences regarding patients with Personality Disorder*.
- Haakenstad Kari, G., Norges teknisk-naturvitenskapelige universitet, P., & institutt. (2015). *Affektinntoning, overføringsarbeid og samspillet mellom disse, som prediktorer for behandlingsutfall for pasienter med cluster C personlighetsforstyrrelser*. Trondheim
- Kverme, B., Natvik, E., Veseth, M., & Moltu, C. (2019). Moving Toward Connectedness - A Qualitative Study of Recovery Processes for People With Borderline Personality Disorder. *Frontiers in Psychology*, 10, 430. <https://doi.org/10.3389/fpsyg.2019.00430>
- Malkomsen, A., Rossberg, J. I., Dammen, T., Wilberg, T., Lovgren, A., Ulberg, R., & Evensen, J. (2024). "It takes time to see the whole picture": patients' views on improvement in cognitive behavioral therapy and psychodynamic therapy after three years. *Frontiers in Psychiatry*, 15(no pagination). <https://doi.org/10.3389/fpsyg.2024.1342950>

Morken Katharina Teresa, E., Binder, P.-E., Arefjord Nina, M., & Karterud Sigmund, W. (2019). Mentalization-based treatment from the patients' perspective-What ingredients do they emphasize? *Frontiers in Psychology Vol 10 2019, ArtID 1327, 10.* <https://doi.org/10.3389/fpsyg.2019.01327>

Morken Katharina, T., Ovrebo, M., Klippenberg, C., Morvik, T., Lied, G., & Elisabeth. (2022). Antisocial personality disorder in group therapy, kindling pro-sociality and mentalizing. *Research in Psychotherapy: Psychopathology, Process and Outcome*, 25(3), 299-313.

Ovstebo, R. B., Pedersen, G., Wilberg, T., Rossberg, J. I., Dahl, H. S. J., & Kvarstein, E. H. (2023). Countertransference in the treatment of patients with personality disorders: A longitudinal study. *Psychotherapy Research*, 1-15. <https://doi.org/10.1080/10503307.2023.2279645>

Pettersen, M. S., Moen, A., Børøsund, E., & Wilberg, T. (2021). Therapists' experiences with mentalization-based treatment for avoidant personality disorder. *European Journal for Qualitative Research in Psychotherapy*, 11, 143-159.

Selvik Sara, G., Havnen, A., & Aasum Jon, E. (2018). Behandling av emosjonelt ustabil personlighetsforstyrrelse. *Treatment of emotionally unstable personality disorder*, 138(8). <https://doi.org/10.4045/tidsskr.18.0315>

Sorensen, K. D., Wilberg, T., Berthelsen, E., & Rabu, M. (2019). Lived Experience of Treatment for Avoidant Personality Disorder: Searching for Courage to Be. *Frontiers in Psychology*, 10, 2879. <https://doi.org/10.3389/fpsyg.2019.02879>

Undem, B. (2017). Personlighetsforstyrret og behandlingsresistent. [*Personality impaired and treatment-resistant*], Vol. 54, nr. 11 (2017), 1091-1099.

Wilberg, T., Kvarstein, E. H., & Rovik, J. O. (2014). Patients with personality disorders in private specialist practice. *Tidsskrift for den Norske Laegeforening*, 134(23-24), 2267-2272. <https://doi.org/10.4045/tidsskr.13.1581>