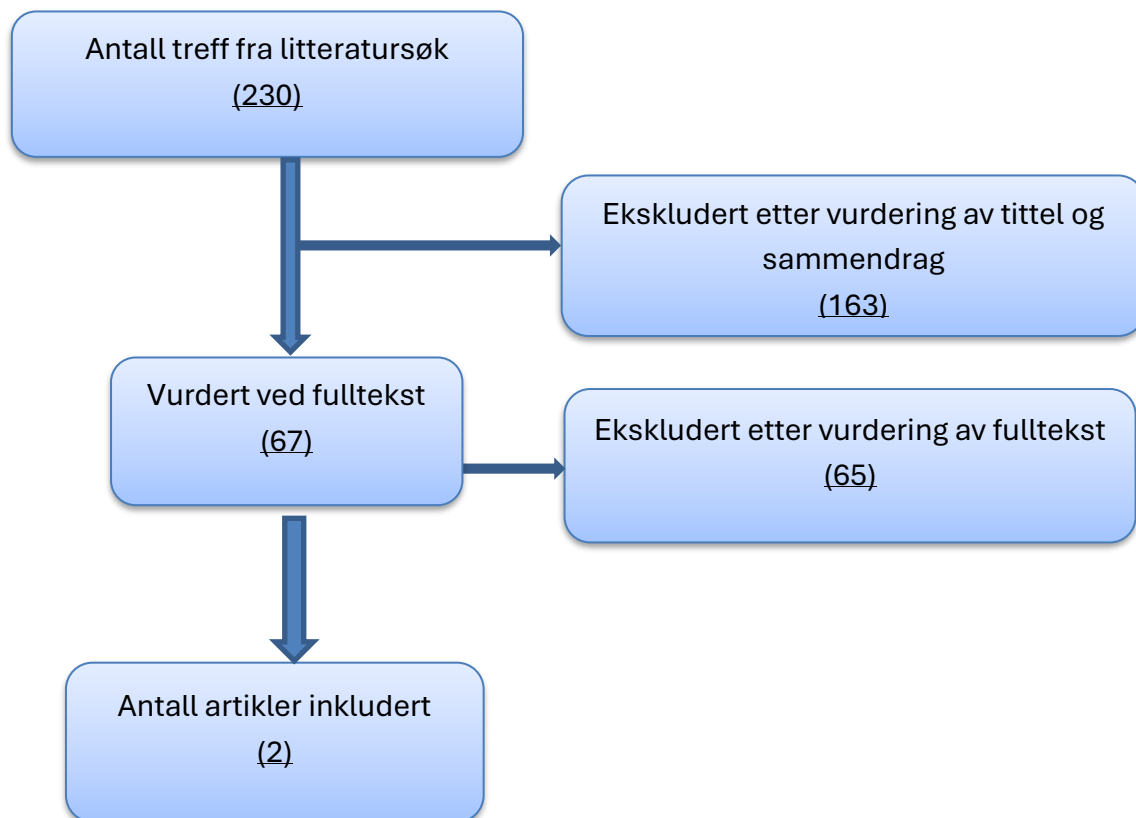


Nasjonal faglig retningslinje for utredning og behandling av personlighetsforstyrrelser

– oversikt over inkluderte og ekskluderte publikasjoner - behandling

Problemstilling: Bør pasienter med personlighetsforstyrrelser tilbys spesialiserte behandlingsmodeller eller enklere behandlingsmodeller (generalistmodeller)?

P	Pasienter med personlighetsforstyrrelser	
I	Spesialiserte behandlingsmodeller • Dialectical behavior therapy (DBT) • Mentalization-based therapy (MBT) • Schema-focused therapy (SFT) • Transference-focused therapy (TFT)	Dato for søk: 6. og 13. november 2023
C	• Nederland: Guideline informed treatment (GIT) • NICE, England: Case Management Services (CSM) • APA, USA: General psychiatric management (GPM) • Steps and stairways – systems training for emotional predictability and problem solving	Søk oppdatert dato: <i>Nytt søk gjøres før publisering</i>
O	• Personlighetsfungering (selvfungering, identitet, selvstyring) • Interpersonlig fungering (empati, intimitet/nærhet) • Symptombelastning • Selvskading • Selvmordsforsøk • Livskvalitet • Funksjonsnivå (egenomsorg, sosialt, arbeid, fritidsaktiviteter)	



Figur 1. Flytskjema over identifiserte treff og utvelgelse av relevante referanser, (modifisert/hentet fra Kunnskapssenteret for helsetjenesten i Folkehelseinstituttet)

Tabell 1. Inkluderte systematiske oversikter (oversiktsartikler)

Forfattere, år, tittel	Metodisk kvalitet*	Egne kommentarer
Crotty K, Viswanathan M, Kennedy S, Edlund MJ, Ali R, Siddiqui M, et al. Psychotherapies for the treatment of borderline personality disorder: A systematic review. Journal of consulting and clinical psychology 2023.	Høy	Flere metoder er med i sammenligning enn de som er i PICO. Alle metodene i sammenligning i PICO er ikke inkludert.
Setkowski K, Palantza C, van Ballegooijen W, Gilissen R, Oud M, Cristea IA, et al. Which psychotherapy is most effective and acceptable in the treatment of adults with a (sub)clinical borderline personality disorder? A systematic review and network meta-analysis. DP - Jun 2023. Psychological Medicine 2023;53(8):3261-80.	Høy	Flere metoder er med i sammenligning enn de som er i PICO. Alle metodene i sammenligning i PICO er ikke inkludert.

* Vurdert med FHI/Kunnskapssenterets sjekkliste for systematiske oversikter

Tabell 2. Ekskluderte referanser. Sammendraget/tittel funnet relevant, ekskludert etter gjennomlesing av artikkel.

Forfatter, tittel, publikasjonssted og år	Ekskludert Kort begrunnelse
Anonymous. Research digest: psychotherapy dropout. Journal of Child Psychotherapy 2019;45(1):87-95.	Ikke en systemtisk oversikt
Bateman A, Campbell C, Luyten P, Fonagy P. A mentalization-based approach to common factors in the treatment of borderline personality disorder. Curr Opin Psychol 2018;21:44-9.	Ikke en systemtisk oversikt
Biskin RS, Paris J. Management of borderline personality disorder. Cmaj 2012;Canadian Medical Association Journal. 184(17):1897-902.	Ikke en systemtisk oversikt
Bloom JM, Woodward EN, Susmaras T, Pantalone DW. Use of dialectical behavior therapy in inpatient treatment of borderline personality disorder: a systematic review. Psychiatric services (Washington, DC) 2012;63(9):881-8.	Ikke relevante sammenligninger
Boylan K, Chahal J, Courtney DB, Sharp C, Bennett K. An Evaluation of Clinical Practice Guidelines for Self-Harm in Adolescents: The Role of Borderline Personality Pathology. Personal Disord 2019;10(6):500-10.	Ikke en systemtisk oversikt
Cailhol L, Bui E, Rouillon L, Bruno N, Lemoalle A, Faure K, et al. [Differential indications for psychotherapies in borderline personality disorder]. L'Encéphale 2011;37 Suppl 1(Suppl 1):S77-82.	Ekskluderes pga språk
Calati R, Courtet P. Is psychotherapy effective for reducing suicide attempt and non-suicidal self-injury rates? Meta-analysis and meta-regression of literature data. Journal of psychiatric research 2016;79:8-20.	Ikke relevante sammenligninger
Chen SY, Cheng Y, Zhao WW, Zhang YH. Effects of dialectical behaviour therapy on reducing self-harming behaviours and negative emotions in patients with borderline personality disorder: A meta-analysis. J Psychiatr Ment Health Nurs 2021;28(6):1128-39.	Studier og/eller utfall er dekket i en systematisk oversikt som er nyere og/eller med høyere kvalitet
Ciesinski NK, Sorgi-Wilson KM, Cheung JC, Chen EY, McCloskey MS. The effect of dialectical behavior therapy on anger and aggressive behavior: A systematic review with meta-analysis. Behav Res Ther 2022;154:104122.	Møter verken populasjon eller utfall i PICO
Cristea IA, Gentili C, Cotet CD, Palomba D, Barbu C, Cuijpers P. Efficacy of Psychotherapies for Borderline Personality Disorder: A Systematic Review and Meta-analysis. JAMA psychiatry 2017;74(4):319-28.	Studier og/eller utfall er dekket i en systematisk oversikt som er nyere og/eller med høyere kvalitet

Davidson KM, Tran CF. Impact of treatment intensity on suicidal behavior and depression in borderline personality disorder: a critical review. Journal of personality disorders 2014;28(2):181-97.	Studier og/eller utfall er dekket i en systematisk oversikt som er nyere og/eller med høyere kvalitet
Delaquis CP, Joyce KM, Zalewski M, Katz LY, Sulymka J, Agostinho T, et al. Dialectical behaviour therapy skills training groups for common mental health disorders: A systematic review and meta-analysis. Journal of Affective Disorders 2022;300:305-13.	Ikke relevant populasjon
Ekiz E, van Alphen SPJ, Ouwens MA, Van de Paar J, Videler AC. Systems Training for Emotional Predictability and Problem Solving for borderline personality disorder: A systematic review. Personality and mental health 2023;17(1):20-39.	Studier og/eller utfall er dekket i en systematisk oversikt som er nyere og/eller med høyere kvalitet
Etchells CE. Psychological interventions in forensic services. Psychological interventions in forensic services 2014.	Ikke relevant populasjon. Blandet populasjon.
Finch EF, Iliakis EA, Masland SR, Choi-Kain LW. A meta-analysis of treatment as usual for borderline personality disorder. Personality disorders 2019;10(6):491-9.	Ikke relevante sammenligninger
Frías Á, Solves L, Navarro S, Palma C, Farriols N, Aliaga F, et al. Technology-Based Psychosocial Interventions for People with Borderline Personality Disorder: A Scoping Review of the Literature. Psychopathology 2020:1-10.	Ikke relevante sammenligninger.
Gibbon S, Khalifa NR, Cheung NH, Völlm BA, McCarthy L. Psychological interventions for antisocial personality disorder. The Cochrane database of systematic reviews 2020;9(9):CD007668.	Ikke relevante sammenligninger.
Gillespie C, Murphy M, Joyce M. Dialectical Behavior Therapy for Individuals With Borderline Personality Disorder: A Systematic Review of Outcomes After One Year of Follow-Up. Journal of personality disorders 2022;36(4):431-54.	Studier og/eller utfall er dekket i en systematisk oversikt som er nyere og/eller med høyere kvalitet
Groves S, Backer HS, van den Bosch W, Miller A. Dialectical behaviour therapy with adolescents. Child & Adolescent Mental Health 2012;17(2):65-75.	Ikke en systematisk oversikt
Haskayne D, Hirschfeld R, Larkin M. The outcome of psychodynamic psychotherapies with individuals diagnosed with	Lav kvalitet

personality disorders: A systematic review. Psychoanalytic Psychotherapy 2014;28(2):115-38.	
Holah S, Maguire N, Bennetts A. Dialectical behaviour therapy for men and boys: A systematic review. Counselling & Psychotherapy Research 2023.	Ikke relevant populasjon. Blandet populasjon.
Holland HS, Tickle A. The effectiveness of psychological interventions for borderline personality disorder for those who misuse substances: a systematic review and narrative synthesis. Ment Health Rev J 2023;28(2):214-29.	Møter ikke problemstillingen
Hudon A, Gaudreau-Ménard C, Bouchard-Boivin M, Godin F, Cailhol L. The Use of Computer-Driven Technologies in the Treatment of Borderline Personality Disorder: A Systematic Review. Journal of Clinical Medicine 2022;11(13):13.	Ikke relevante sammenligninger
Hutsebaut J, Bachrach N, Kindt KCM, van Dam LJH. [How evidence-based is the guideline-informed treatment for personality disorders (GIT-PD)?]. Tijdschrift voor psychiatrie 2022;64(1):18-24.	Ikke en systematisk oversikt
Jacob GA, Arntz A. Schema Therapy for Personality Disorders-A Review. Int J Cogn Ther 2013;6(2):171-85.	Ikke en systematisk oversikt
Johnstone OK, Marshall JJ, McIntosh LG. A Review Comparing Dialectical Behavior Therapy and Mentalization for Adolescents with Borderline Personality Traits, Suicide and Self-harming Behavior. Adolescent Research Review 2022;7(2):187-209.	Svarer ikke på PICO
Juanmarti FB, Lizeretti NP. The efficacy of psychotherapy for borderline personality disorder: A review. Papeles del Psicologo 2017;38(2):148-56.	Ikke en systematisk oversikt
Katakis P, Schlieff M, Barnett P, Rains LS, Rowe S, Pilling S, et al. Effectiveness of outpatient and community treatments for people with a diagnosis of 'personality disorder': systematic review and meta-analysis. BMC Psychiatry 2023;23(1):29.	Møter ikke I eller C i PICO
Kienast T, Stoffers J, Bermpohl F, Lieb K. Borderline personality disorder and comorbid addiction: epidemiology and treatment. Dtsch 2014;111(16):280-6.	Ikke en systematisk oversikt
Kliem S, Kröger C, Kosfelder J. Dialectical behavior therapy for borderline personality disorder: a meta-analysis using mixed-effects modeling. Journal of consulting and clinical psychology 2010;78(6):936-51.	Studier og/eller utfall er dekket i en systematisk oversikt som er nyere og/eller med høyere kvalitet
Kothgassner OD, Goreis A, Robinson K, Huscsava MM, Schmahl C, Plener PL. Efficacy of dialectical behavior therapy for adolescent self-harm and suicidal ideation: a systematic review and meta-analysis. Psychological medicine 2021;51(7):1-11.	Ikke relevant populasjon

Lakeman R, King P, Hurley J, Tranter R, Leggett A, Campbell K, et al. Towards online delivery of Dialectical Behaviour Therapy: A scoping review. International journal of mental health nursing 2022;31(4):843-56.	Ikke en systematisk oversikt
Ledden S, Rains LS, Schlieff M, Barnett P, Ching BCF, Hallam B, et al. Current state of the evidence on community treatments for people with complex emotional needs: a scoping review. BMC Psychiatry 2022;22(1):589.	Studier og/eller utfall er dekket i en systematisk oversikt som er nyere og/eller med høyere kvalitet
Lee NK, Cameron J, Jenner L. A systematic review of interventions for co-occurring substance use and borderline personality disorders. Drug and alcohol review 2015;34(6):663-72.	Ikke relevant populasjon. Blandet populasjon.
Little H, Tickle A, das Nair R. Process and impact of dialectical behaviour therapy: A systematic review of perceptions of clients with a diagnosis of borderline personality disorder. Psychology and psychotherapy 2018;91(3):278-301.	Ikke vurdering av effekt
Malda Castillo J. Asthma, caregiving and mental health: The mind keeps the score.DP - 2021. Dissertation Abstracts International: Section B: The Sciences and Engineering 2021;82(6-B):No Pagination Specified.	Thesis.
Malda-Castillo J, Browne C, Perez-Algorta G. Mentalization-based treatment and its evidence-base status: A systematic literature review. Psychology and psychotherapy 2019;92(4):465-98.	Studier og/eller utfall er dekket i en systematisk oversikt som er nyere og/eller med høyere kvalitet
Mungo A, Hein M, Hubain P, Loas G, Fontaine P. Impulsivity and its Therapeutic Management in Borderline Personality Disorder: a Systematic Review. The Psychiatric quarterly 2020;91(4):1333-62.	Ikke relevant utfall
Navarro Haro MV, Mozota Chaudrón P, García Palacios A. Review of reviews on the efficacy of psychological treatments for adolescents with borderline personality disorder. Rev psicol clín niños adolesc 2023;10(1):91-8.	Ekkluderes pga språk
Nawaz RF, Reen G, Bloodworth N, Maughan D, Vincent C. Interventions to reduce self-harm on in-patient wards: Systematic review. BJPsych Open 2021;7(3) (no pagination).	Ikke relevant populasjon. Blandet populasjon.
O Lonergain D. Experiencing health services and mentalization-based treatment for borderline personality disorder: Service user perspectives.DP - 2021. Dissertation Abstracts International: Section B: The Sciences and Engineering 2021;82(8-B):No Pagination Specified.	Ikke relevante utfall

Oud M, Arntz A, Hermens ML, Verhoef R, Kendall T. Specialized psychotherapies for adults with borderline personality disorder: A systematic review and meta-analysis. The Australian and New Zealand journal of psychiatry 2018;52(10):4867418791257.	Studier og/eller utfall er dekket i en systematisk oversikt som er nyere og/eller med høyere kvalitet
Panos PT, Jackson JW, Hasan O, Panos A, University of Utah SLCUTUSApge. Meta-Analysis and Systematic Review Assessing the Efficacy of Dialectical Behavior Therapy (DBT). Research on Social Work Practice 2014;24(2):213-23.	Ikke relevante sammenligninger
Pennay A, Cameron J, Reichert T, Strickland H, Lee NK, Hall K, et al. A systematic review of interventions for co-occurring substance use disorder and borderline personality disorder. Journal of substance abuse treatment 2011;41(4):363-73.	Ikke relevant populasjon
Rameckers SA, Verhoef REJ, Grasman R, Cox WR, van Emmerik AAP, Engelmoer IM, et al. Effectiveness of Psychological Treatments for Borderline Personality Disorder and Predictors of Treatment Outcomes: A Multivariate Multilevel Meta-Analysis of Data from All Design Types. Journal of clinical medicine 2021;10(23).	Ikke relevant sammenligning
Ramplang J, Furtado V, Winsper C, Marwaha S, Lucca G, Livanou M, et al. Non-pharmacological interventions for reducing aggression and violence in serious mental illness: A systematic review and narrative synthesis. European psychiatry : the journal of the Association of European Psychiatrists 2016;34:17-28.	Ikke relevant populasjon
Rao S, Heidari P, Broadbear JH. Developments in diagnosis and treatment of people with borderline personality disorder. Current Opinion in Psychiatry 2020;33(5):441-6.	Ikke en systematisk oversikt
Rudick MM. Meta-analysis of psychotherapy outcome for Personality Disorder. Dissertation Abstracts International: Section B: The Sciences and Engineering 2017;77(12-B(E)).	Utgår
Schmeck K, Weise S, Schlüter-Müller S, Birkhölzer M, Fürer L, Koenig J, et al. Effectiveness of Adolescent Identity Treatment (AIT) Versus DBT-A for the Treatment of Adolescent Borderline Personality Disorder. Personal Disord 2023;14(2):148-60.	Ikke en systematisk oversikt
Setkowski K, Boogert K, Hoogendoorn AW, Gilissen R, van Balkom A. Guidelines improve patient outcomes in specialised mental health care: A systematic review and meta-analysis. Acta psychiatrica Scandinavica 2021.	Ikke relevant problemstilling
Spong AJ, Clare ICH, Galante J, Crawford MJ, Jones PB. Brief psychological interventions for borderline personality disorder. A systematic review and meta-analysis of randomised controlled trials. Clin Psychol Rev 2021;83:101937.	Studier og/eller utfall er dekket i en systematisk oversikt som er nyere og/eller med høyere kvalitet

Stewart NAJ, Wilkinson-Tough M, Chambers GN. Psychological interventions for individuals with a diagnosis of borderline personality disorder in forensic settings: A systematic review. J Forensic Psychiatry Psychol 2019;50.	Ikke relevante sammenligninger
Stoffers JM, Völlm BA, Rücker G, Timmer A, Huband N, Lieb K. Psychological therapies for people with borderline personality disorder. Cochrane Database of Systematic Reviews 2012;8(8):CD005652.	UTGÅR, er oppdatert av Storebo et al, 2020
Stoffers-Winterling JM, Storebø OJ, Kongerslev MT, Faltinsen E, Todorovac A, Sedoc Jørgensen M, et al. Psychotherapies for borderline personality disorder: a focused systematic review and meta-analysis. The British journal of psychiatry : the journal of mental science 2022;221(3):1-15.	Studier og/eller utfall er dekket i en systematisk oversikt som er nyere og/eller med høyere kvalitet
Storebø OJ, Ribeiro JP, Kongerslev MT, Stoffers-Winterling J, Sedoc Jørgensen M, Lieb K, et al. Individual participant data systematic reviews with meta-analyses of psychotherapies for borderline personality disorder. BMJ open 2021;11(6):e047416.	Ikke en systematisk oversikt
Storebø OJ, Stoffers-Winterling JM, Völlm BA, Kongerslev MT, Mattivi JT, Jørgensen MS, et al. Psychological therapies for people with borderline personality disorder. The Cochrane database of systematic reviews 2020;5(5):CD012955.	Studier og/eller utfall er dekket i en systematisk oversikt som er nyere og/eller med høyere kvalitet
Tanvir Z, Bokhari MZ, Kareem R, Butt MG. The Effectiveness of Dbt Compared to Other Psychological Therapies in Patients with a Dual Diagnosis of Ptsd and Bpd: A Systematic Review. Journal of Population Therapeutics and Clinical Pharmacology 2023;30(18):1121-33.	Ikke relevant populasjon
Taylor CD, Bee P, Haddock G. Does schema therapy change schemas and symptoms? A systematic review across mental health disorders. Psychology and psychotherapy 2017;90(3):456-79.	Ikke relevante sammenligninger
van Alphen SPJ, van Dijk SDM, Videler AC, Rossi G, Dierckx E, Bouckaert F, et al. Personality Disorders in Older Adults: Emerging Research Issues. Current Psychiatry Reports 2015;17(1).	Ikke en systematisk oversikt
Vijayapriya CV, Tamarana R. Effectiveness of dialectical behavior therapy as a transdiagnostic treatment for improving cognitive functions: a systematic review. Research in psychotherapy (Milano) 2023;26(2).	Ikke relevant utfall
Visdomine-Lozano J. Contextualist perspectives in the treatment of antisocial behaviors and offending: A comparative review of	Ikke en systematisk oversikt

FAP, ACT, DBT, and MDT. Trauma, Violence, & Abuse 2022;23(1):241-54.	
Vogt KS, Norman P. Is mentalization-based therapy effective in treating the symptoms of borderline personality disorder? A systematic review. Psychology and psychotherapy 2019;92(4):441-64.	Studier og/eller utfall er dekket i en systematisk oversikt som er nyere og/eller med høyere kvalitet
Xie Q, Torous J, Goldberg SB. E-Mental Health for People with Personality Disorders: A Systematic Review. Current psychiatry reports 2022;24(10):541-52.	Ikke relevante sammenligninger.
Zeifman RJ, Landy MSH, Liebman RE, Fitzpatrick S, Monson CM. Optimizing treatment for comorbid borderline personality disorder and posttraumatic stress disorder: A systematic review of psychotherapeutic approaches and treatment efficacy. Clinical Psychology Review 2021;86 (no pagination).	Ikke relevante problemstillinger
Zhang K, Hu X, Ma L, Xie Q, Wang Z, Fan C, et al. The efficacy of schema therapy for personality disorders: a systematic review and meta-analysis. Nordic journal of psychiatry 2023;77(7):1-10.	Ikke relevante sammenligninger