

Litteratursøk fra Bibliotek for helseforvaltningen

Dokumentasjon av søkestrategi

LIVSKVALITET OG PSYKISKE PLAGER SOM FØLGE AV ENDOMETRIOSE

Kontaktperson: Helene Normann/Helsedirektoratet
Søk: Astrid Merete Nøstberg
Fagfelle: Ingvild Kirkehei
Avgrensninger: Systematiske oversikter, engelsk og skandinaviske språk, 2021-2026
Dublettsjekk i EndNote: Før dublettkontroll: 694
Etter dublettkontroll: 348

Hvilket spørsmål skal litteratursøket besvare?			
Hvilke psykiske konsekvenser kan endometriose ha? Er det noen sammenheng/ korrelasjon mellom endometriose og psykiske plager? Hvordan forebygge psykiske plager som følge av endometriose?			
Spørsmålet i PICO-format			
Population (pasient)	Intervention (tiltak)	Comparison (sammenligning)	Outcome (utfall)
Kvinner og jenter med endometriose eller adenomyose			Psykologiske plager: Angst, depresjon, søvnplager sosiale plager: fravær fra sosialt liv, f.eks. skole, arbeid, trening og sykemeldinger.
Kjente relevante studier			

Litteratursøk fra Bibliotek for helseforvaltningen

Dokumentasjon av søkestrategi

Database: Ovid MEDLINE(R) and Epub Ahead of Print, In-Process, In-Data-Review & Other Non-Indexed Citations, Daily and Versions <1946 to January 28, 2026>

Dato: 29.01.2026

Antall treff: 200

#	Searches	Results
1	Endometriosis/	28480
2	(endometrio* or endometrial or "chocolate cyst?").tw,kf.	113848
3	(adenomyos* adj4 (externa* or ectopic or extrauterine or "extra-uterine")).tw,kf.	135
4	((catamenial or menstrual) adj4 (hemoptys* or haemoptys* or hemothorax or haemathorax or haemothorax or hemathorax or hematothorax or haematothorax or pneumothorax)).tw,kf.	538
5	1 or 2 or 3 or 4	116906
6	exp "Quality of Life"/	318032
7	("life quality" or "quality of? life" or "quality of? work life" or HRQOL or HRQL or wellnes* or well-being or wellbeing or ill-being or illbeing).tw,kf.	661084
8	6 or 7	723217
9	5 and 8	3541
10	limit 9 to "reviews (maximizes specificity)"	322
11	Meta-Analysis/ or Network Meta-Analysis/ or ((systematic* adj2 review*) or metaanal* or "meta anal*" or (review and ((structured or database* or systematic*) adj2 search*)) or "integrative review*" or (evidence adj2 review*)).tw,kf,bt.	688573
12	10 or (9 and 11)	403
13	limit 12 to yr="2021 -Current"	204
14	limit 13 to (danish or english or multilingual or norwegian or swedish or undetermined)	200

Database: Embase <1974 to 2026 January 27>

Dato: 29.01.2026

Antall treff: 255

#	Searches	Results
1	exp *endometriosis/	36304
2	(endometrio* or endometrial or "chocolate cyst?").tw,kf.	172369
3	(adenomyos* adj4 (externa* or ectopic or extrauterine or "extra-uterine")).tw,kf.	184
4	((catamenial or menstrual) adj4 (hemoptys* or haemoptys* or hemothorax or haemathorax or haemothorax or hemathorax or hematothorax or haematothorax or pneumothorax)).tw,kf.	776

Litteratursøk fra Bibliotek for helseforvaltningen

Dokumentasjon av søkestrategi

5	1 or 2 or 3 or 4	173774
6	"quality of life"/ or wellbeing/ or emotional well-being/ or psychological well-being/ or sexual well-being/ or spiritual well-being/	953732
7	("life quality" or "quality of? life" or "quality of? work life" or HRQOL or HRQL or wellnes* or well-being or wellbeing or ill-being or illbeing).tw,kf.	1025540
8	6 or 7	1263454
9	5 and 8	7528
10	limit 9 to "reviews (maximizes specificity)"	414
11	exp Meta-Analysis/ or "systematic review"/ or ((systematic* adj2 review*) or metaanal* or "meta anal*" or (review and ((structured or database* or systematic*) adj2 search*)) or "integrative review*" or (evidence adj2 review*)).tw,kf,bt.	984620
12	10 or (9 and 11)	726
13	limit 12 to yr="2021 -Current"	375
14	limit 13 to (danish or english or norwegian or polyglot or swedish)	363
15	limit 14 to (embase or "preprints (unpublished, non-peer reviewed)")	255

Database: APA PsycInfo <1806 to January 2026 Week 4>

Dato: 29.01.2026

Antall treff: 13

#	Searches	Results
1	(endometrio* or endometrial or "chocolate cyst?").tw.	997
2	(adenomyos* adj4 (externa* or ectopic or extrauterine or "extra-uterine")).tw.	0
3	((catamenial or menstrual) adj4 (hemoptys* or haemoptys* or hemothorax or haemathorax or haemothorax or hemathorax or hematothorax or haematothorax or pneumothorax)).tw.	0
4	1 or 2 or 3	997
5	exp "Quality of Life"/ or exp Well Being/	134425
6	("life quality" or "quality of? life" or "quality of? work life" or HRQOL or HRQL or wellnes* or well-being or wellbeing or ill-being or illbeing).tw.	260662
7	5 or 6	265852
8	4 and 7	262
9	limit 8 to "reviews (maximizes specificity)"	26
10	(meta analysis or "systematic review").md. or meta analysis/ or ((systematic* adj2 review*) or metaanal* or "meta anal*" or (review and ((structured or database* or systematic*) adj2 search*)) or "integrative review*" or (evidence adj2 review*)).tw.	140851
11	9 or (8 and 10)	29
12	limit 11 to yr="2021 -Current"	14
13	limit 12 to (danish or english or norwegian or swedish)	13
14	12 and "First Posting".ps.	0
15	13 or 14	13

Litteratursøk fra Bibliotek for helseforvaltningen

Dokumentasjon av søkestrategi

Database: Cinahl via Ebsco

Dato: 29.01.2026

Antall treff: 34

#	Query	Results
S1	((MH "Endometriosis") OR XB((endometrio* or endometrial or "chocolate cyst#") OR (adenomyos* N3 (externa* or ectopic or extrauterine or "extra-uterine")) OR ((catamenial or menstrual) N3 (hemoptys* or haemoptys* or hemothorax or haemathorax or haemothorax or hemathorax or hematothorax or haematothorax or pneumothorax)))) AND ((MH "Quality of Life+") OR XB("life quality" or "quality of life" or "quality of work life" or HRQOL or HRQL or wellnes* or "well-being" or wellbeing or "ill-being" or illbeing))	1,197
S2	S1 Limiters - Clinical Queries: Review - High Specificity	89
S3	MH ("Meta Analysis" OR "Systematic Review") or XB ((systematic* N1 review* or metaanal* or "meta anal*" or (review and ((structured or database* or systematic*) N1 search*)) or "integrative review*" or (evidence N1 review*))	314,401
S4	S1 AND S3	130
S5	S2 OR S4	130
S6	S2 OR S4 AND 2021-2026	42
S7	S6 AND LA (norwegian or swedish or danish or english)	41
S8	S7 AND Limiters - Exclude MEDLINE records	34

Database: Cochrane Database of Systematic Reviews: Issue 1 of 12, January 2026

Dato: 29.01.2026

Antall treff: 14

Kommentar: Språklig avgrensning ikke mulig

ID	Search	Hits
#1	[mh ^Endometriosis]	1333
#2	(endometrio* or endometrial or "chocolate cyst" or "chocolate cysts"):ti,ab	12307
#3	(adenomyos* NEAR/4 (externa* or ectopic or extrauterine or "extra-uterine")):ti,ab	3

Litteratursøk fra Bibliotek for helseforvaltningen

Dokumentasjon av søkestrategi

#4	((catamenial or menstrual) NEAR/4 (hemoptys* or haemoptys* or hemothorax or haemathorax or haemothorax or hemathorax or hematothorax or haematothorax or pneumothorax)):ti,ab	2
#5	{or #1-#4}	12391
#6	[mh "Quality of Life"]	47073
#7	("life quality" or "quality of life" or "quality of work life" or HRQOL or HRQL or wellnes* or "well-being" or wellbeing or "ill-being" or illbeing):ti,ab	194804
#8	{or #6-#7}	200944
#9	#5 and #8	1453
#10	#9 in Cochrane Reviews, Cochrane Protocols	37
#11	#10 with Cochrane Library publication date Between Jan 2021 and Dec 2026	14

Litteratursøk fra Bibliotek for helseforvaltningen

Dokumentasjon av søkestrategi

Database: Epistemonikos

Dato: 29.01.2026

Antall treff: 178 (Broad synthesis: 5; Systematic review: 173)

Kommentar: Begrensninger i databasens søkemuligheter gjør det nødvendig med et forenklet søk.

Title/Abstract: (endometrio* or endometrial or "chocolate cyst" or "chocolate cysts" or (adenomyos* AND (externa* or ectopic or extrauterine or "extra-uterine" or "extra uterine"))) or ((catamenial or menstrual) AND (hemoptys* or haemoptys* or hemothorax or haemathorax or haemothorax or hemathorax or hematothorax or haematothorax or pneumothorax))) AND ("life quality" or "quality of life" or "quality of work life" or HRQOL or HRQL or wellnes* or "well-being" or "well being" or wellbeing or "ill-being" or "ill being" or illbeing) AND 2021-2026