



## FYSISK AKTIVITET OG RUSMIDDELMISBRUKERE

**Kontaktperson:** Brittelise Bakstad / Heid Nøkleby

**Søk:** Marita Heintz

**Kommentar:** Årstall: 1990-

**Språk:** Engelsk, norsk, dansk, svensk

**Antall treff etter dublettsøk:** 159

### Pico-skjema

| Hva handler spørsmålet om?                                      | Spørsmålet i PICO format  |                                                          |                                     |                            | Kjente relevante studier |
|-----------------------------------------------------------------|---------------------------|----------------------------------------------------------|-------------------------------------|----------------------------|--------------------------|
|                                                                 | Populasjon (pasient)      | Intervensjon (tiltak)                                    | Comparison (sammenligning/kontroll) | Outcome(s) (utfall/effekt) |                          |
| Effekten av organisert fysisk aktivitet for rusmiddelmisbrukere | Personer med rusproblemer | Systematisk fysisk trening (organisert fysisk aktivitet) | Treatment as usual                  |                            |                          |

**Database:** Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations, Ovid MEDLINE(R) Daily and Ovid MEDLINE(R) 1946 to Present

**Dato:** 01.02.2013

**Antall treff:** 40

**Kommentarer:** Filter for systematiske oversikter i OVID: "Reviews (maximizes specificity)".

| # | Searches                                                                                                                                                                                                 | Results |
|---|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| 1 | Motor Activity/                                                                                                                                                                                          | 69202   |
| 2 | exp Exercise/                                                                                                                                                                                            | 98568   |
| 3 | exp Sports/                                                                                                                                                                                              | 101455  |
| 4 | Exercise Movement Techniques/                                                                                                                                                                            | 304     |
| 5 | Exercise Therapy/                                                                                                                                                                                        | 23278   |
| 6 | Physical Fitness/                                                                                                                                                                                        | 20232   |
| 7 | exp "Physical education and training"/                                                                                                                                                                   | 12851   |
| 8 | Dancing/                                                                                                                                                                                                 | 1679    |
| 9 | ((Motor or Physical or Locomotor) adj (Activity or Activities)) or Exercise or Exercises or training program or sport or sports or (physical adj (training or fitness or conditioning*)) or fitness).tw. | 296762  |



|    |                                                                                                                                                                                                                                                                                                                                                             |         |
|----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| 10 | or/1-9                                                                                                                                                                                                                                                                                                                                                      | 426141  |
| 11 | Substance-Related Disorders/                                                                                                                                                                                                                                                                                                                                | 73175   |
| 12 | exp Alcohol-Related Disorders/                                                                                                                                                                                                                                                                                                                              | 91882   |
| 13 | Amphetamine-Related Disorders/                                                                                                                                                                                                                                                                                                                              | 1829    |
| 14 | Cocaine-Related Disorders/                                                                                                                                                                                                                                                                                                                                  | 5561    |
| 15 | Inhalant Abuse/                                                                                                                                                                                                                                                                                                                                             | 64      |
| 16 | Marijuana Abuse/                                                                                                                                                                                                                                                                                                                                            | 3885    |
| 17 | exp Opioid-Related Disorders/                                                                                                                                                                                                                                                                                                                               | 17568   |
| 18 | Phencyclidine Abuse/                                                                                                                                                                                                                                                                                                                                        | 216     |
| 19 | Substance Abuse, Intravenous/                                                                                                                                                                                                                                                                                                                               | 11499   |
| 20 | Drug Users/                                                                                                                                                                                                                                                                                                                                                 | 856     |
| 21 | Alcoholics/                                                                                                                                                                                                                                                                                                                                                 | 88      |
| 22 | Alcohol Drinking/                                                                                                                                                                                                                                                                                                                                           | 46927   |
| 23 | ((drug\$1 or substance\$ or alcohol or opioid\$ or opiate\$ or opium or narcotic\$ or heroin or morphine\$ or morfine\$ or amphetamine\$ or amfetamine\$ or cocaine or mari#uana or hashish or cannabis or phencyclidine\$ or pcpc or angel dust or ben#odia\$ or analgesic or inhalant or multiple) adj2 (misus\$ or abuse\$ or addict\$ or depend\$)).tw. | 92056   |
| 24 | glue sniffing.tw.                                                                                                                                                                                                                                                                                                                                           | 152     |
| 25 | (drug\$1 adj2 (overuse or problem\$)).tw.                                                                                                                                                                                                                                                                                                                   | 4755    |
| 26 | (polydrug\$1 adj3 (use\$ or abus\$)).tw.                                                                                                                                                                                                                                                                                                                    | 833     |
| 27 | illicit drug\$.tw.                                                                                                                                                                                                                                                                                                                                          | 6100    |
| 28 | drug\$1 user\$.tw.                                                                                                                                                                                                                                                                                                                                          | 12603   |
| 29 | (alcoholi\$ or drinker\$ or drinking\$).tw.                                                                                                                                                                                                                                                                                                                 | 127326  |
| 30 | ((beer or wine or liquor or spirits) adj (misus\$ or abuse\$ or addict\$ or depend\$ or consumption\$ or habit\$ or pattern\$1)).tw.                                                                                                                                                                                                                        | 855     |
| 31 | or/11-30                                                                                                                                                                                                                                                                                                                                                    | 323855  |
| 32 | exp Therapeutics/                                                                                                                                                                                                                                                                                                                                           | 3098593 |
| 33 | exp Psychotherapy/                                                                                                                                                                                                                                                                                                                                          | 141190  |
| 34 | therapy.fs.                                                                                                                                                                                                                                                                                                                                                 | 1330864 |
| 35 | (treatment\$ or treat or therap\$).tw.                                                                                                                                                                                                                                                                                                                      | 3746966 |



|    |                                                         |          |
|----|---------------------------------------------------------|----------|
| 36 | rehabilitation\$.tw.                                    | 91750    |
| 37 | or/32-36                                                | 6110369  |
| 38 | 10 and 31 and 37                                        | 4379     |
| 39 | limit 38 to "reviews (maximizes specificity)"           | 43       |
| 40 | limit 39 to yr="1990 -Current"                          | 43       |
| 41 | limit 40 to (danish or english or norwegian or swedish) | 40       |
| 42 | Humans/                                                 | 12549678 |
| 43 | Animals/ or Animal Experimentation/                     | 5003700  |
| 44 | 43 not (43 and 42)                                      | 3663075  |
| 45 | 41 not 44                                               | 40       |

**Database:** Embase 1974 to 2013 January 31

**Dato:** 01.02.2013

**Antall treff:** 90

**Kommentarer:** Filter for systematiske oversikter i OVID: "Reviews (maximizes specificity)".

| #  | Searches                                                                                                                                                                                                                                                        | Results |
|----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| 1  | physical activity/                                                                                                                                                                                                                                              | 65302   |
| 2  | climbing/ or cycling/ or jogging/ or jumping/ or running/ or swimming/ or walking/ or weight lifting/                                                                                                                                                           | 71147   |
| 3  | exp sport/                                                                                                                                                                                                                                                      | 88722   |
| 4  | exercise/ or aerobic exercise/ or anaerobic exercise/ or aquatic exercise/ or arm exercise/ or dynamic exercise/ or exercise intensity/ or isokinetic exercise/ or exp muscle exercise/ or pilates/ or plyometrics/ or resistance training/ or static exercise/ | 184521  |
| 5  | "physical activity, capacity and performance"/                                                                                                                                                                                                                  | 77      |
| 6  | training/                                                                                                                                                                                                                                                       | 57880   |
| 7  | motor activity/                                                                                                                                                                                                                                                 | 38085   |
| 8  | fitness/                                                                                                                                                                                                                                                        | 25555   |
| 9  | ((((Motor or Physical or Locomotor) adj (Activity or Activities)) or Exercise or Exercises or training program or sport or sports or (physical adj (training or fitness or conditioning*)) or fitness).tw.                                                      | 381073  |
| 10 | or/1-9                                                                                                                                                                                                                                                          | 589710  |



|    |                                                                                                                                                                                                                                                                                                                                                             |         |
|----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| 11 | exp drug abuse/                                                                                                                                                                                                                                                                                                                                             | 57647   |
| 12 | exp alcohol abuse/                                                                                                                                                                                                                                                                                                                                          | 19623   |
| 13 | substance abuse/                                                                                                                                                                                                                                                                                                                                            | 35615   |
| 14 | alcoholism/                                                                                                                                                                                                                                                                                                                                                 | 95610   |
| 15 | exp drug dependence/                                                                                                                                                                                                                                                                                                                                        | 69736   |
| 16 | drinking behavior/                                                                                                                                                                                                                                                                                                                                          | 33252   |
| 17 | alcohol consumption/                                                                                                                                                                                                                                                                                                                                        | 63615   |
| 18 | ((drug\$1 or substance\$ or alcohol or opioid\$ or opiate\$ or opium or narcotic\$ or heroin or morphine\$ or morfine\$ or amphetamine\$ or amfetamine\$ or cocaine or mari#uana or hashish or cannabis or phencyclidine\$ or pcpc or angel dust or ben#odia\$ or analgesic or inhalant or multiple) adj2 (misus\$ or abuse\$ or addict\$ or depend\$)).tw. | 123353  |
| 19 | glue sniffing.tw.                                                                                                                                                                                                                                                                                                                                           | 202     |
| 20 | (drug\$1 adj2 (overuse or problem\$)).tw.                                                                                                                                                                                                                                                                                                                   | 6941    |
| 21 | (polydrug\$1 adj3 (use\$ or abus\$)).tw.                                                                                                                                                                                                                                                                                                                    | 1019    |
| 22 | illicit drug\$.tw.                                                                                                                                                                                                                                                                                                                                          | 7785    |
| 23 | drug\$1 user\$.tw.                                                                                                                                                                                                                                                                                                                                          | 15030   |
| 24 | (alcoholi\$ or drinker\$ or drinking\$).tw.                                                                                                                                                                                                                                                                                                                 | 169456  |
| 25 | ((beer or wine or liquor or spirits) adj (misus\$ or abuse\$ or addict\$ or depend\$ or consumption\$ or habit\$ or pattern\$1)).tw.                                                                                                                                                                                                                        | 1035    |
| 26 | or/11-25                                                                                                                                                                                                                                                                                                                                                    | 433634  |
| 27 | exp therapy/                                                                                                                                                                                                                                                                                                                                                | 5790860 |
| 28 | exp psychiatric treatment/                                                                                                                                                                                                                                                                                                                                  | 258400  |
| 29 | th.fs.                                                                                                                                                                                                                                                                                                                                                      | 1273547 |
| 30 | (treatment\$ or treat or therap\$).tw.                                                                                                                                                                                                                                                                                                                      | 4965572 |
| 31 | rehabilitation\$.tw.                                                                                                                                                                                                                                                                                                                                        | 130582  |
| 32 | or/27-31                                                                                                                                                                                                                                                                                                                                                    | 8808139 |
| 33 | 10 and 26 and 32                                                                                                                                                                                                                                                                                                                                            | 11281   |
| 34 | limit 33 to "reviews (maximizes specificity)"                                                                                                                                                                                                                                                                                                               | 107     |
| 35 | limit 34 to yr="1990 -Current"                                                                                                                                                                                                                                                                                                                              | 107     |
| 36 | limit 35 to (danish or english or norwegian or swedish)                                                                                                                                                                                                                                                                                                     | 100     |



|    |                    |    |
|----|--------------------|----|
| 37 | limit 36 to embase | 90 |
|----|--------------------|----|

**Database:** PsycINFO 1806 to January Week 5 2013

**Dato:** 01.02.2013

**Antall treff:** 19

**Kommentarer:** Filter for systematiske oversikter i OVID: "Reviews (maximizes specificity)".

| #  | Searches                                                                                                                                                                                                                                                                                                                                                   | Results |
|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| 1  | activity level/                                                                                                                                                                                                                                                                                                                                            | 7800    |
| 2  | physical activity/                                                                                                                                                                                                                                                                                                                                         | 7903    |
| 3  | exp exercise/                                                                                                                                                                                                                                                                                                                                              | 14925   |
| 4  | physical fitness/                                                                                                                                                                                                                                                                                                                                          | 2796    |
| 5  | sports/                                                                                                                                                                                                                                                                                                                                                    | 10107   |
| 6  | dance/                                                                                                                                                                                                                                                                                                                                                     | 1301    |
| 7  | Dance Therapy/                                                                                                                                                                                                                                                                                                                                             | 667     |
| 8  | ((Motor or Physical or Locomotor) adj (Activity or Activities)) or Exercise or Exercises or training program or sport or sports or (physical adj (training or fitness or conditioning*)) or fitness).tw.                                                                                                                                                   | 97625   |
| 9  | or/1-8                                                                                                                                                                                                                                                                                                                                                     | 106609  |
| 10 | exp Drug Abuse/                                                                                                                                                                                                                                                                                                                                            | 80818   |
| 11 | Drug Abuse Prevention/                                                                                                                                                                                                                                                                                                                                     | 3158    |
| 12 | Drug Seeking/                                                                                                                                                                                                                                                                                                                                              | 396     |
| 13 | Underage Drinking/                                                                                                                                                                                                                                                                                                                                         | 205     |
| 14 | exp Drug Addiction/                                                                                                                                                                                                                                                                                                                                        | 10679   |
| 15 | Drinking Behavior/                                                                                                                                                                                                                                                                                                                                         | 970     |
| 16 | Alcohol Drinking Patterns/                                                                                                                                                                                                                                                                                                                                 | 16334   |
| 17 | Social Drinking/                                                                                                                                                                                                                                                                                                                                           | 767     |
| 18 | ((drug\$1 or substance\$ or alcohol or opioid\$ or opiate\$ or opium or narcotic\$ or heroin or morphine\$ or morfine\$ or amphetamine\$ or amfetamine\$ or cocaine or mari#uana or hashish or cannabis or phencyclidine\$ or pcp or angel dust or ben#odia\$ or analgesic or inhalant or multiple) adj2 (misus\$ or abuse\$ or addict\$ or depend\$)).tw. | 78006   |
| 19 | glue sniffing.tw.                                                                                                                                                                                                                                                                                                                                          | 61      |



|    |                                                                                                                                      |         |
|----|--------------------------------------------------------------------------------------------------------------------------------------|---------|
| 20 | (drug\$1 adj2 (overuse or problem\$)).tw.                                                                                            | 3704    |
| 21 | (polydrug\$1 adj3 (use\$ or abus\$)).tw.                                                                                             | 881     |
| 22 | illicit drug\$.tw.                                                                                                                   | 4643    |
| 23 | drug\$1 user\$.tw.                                                                                                                   | 7242    |
| 24 | (alcoholi\$ or drinker\$ or drinking\$).tw.                                                                                          | 56430   |
| 25 | ((beer or wine or liquor or spirits) adj (misus\$ or abuse\$ or addict\$ or depend\$ or consumption\$ or habit\$ or pattern\$1)).tw. | 256     |
| 26 | or/10-25                                                                                                                             | 144919  |
| 27 | exp Treatment/                                                                                                                       | 536873  |
| 28 | (treatment\$ or treat or therap\$).tw.                                                                                               | 597909  |
| 29 | rehabilitation\$.tw.                                                                                                                 | 39268   |
| 30 | or/27-29                                                                                                                             | 808803  |
| 31 | 9 and 26 and 30                                                                                                                      | 1460    |
| 32 | limit 31 to "reviews (maximizes specificity)"                                                                                        | 29      |
| 33 | limit 32 to yr="1990 -Current"                                                                                                       | 27      |
| 34 | limit 33 to (danish or english or norwegian or swedish)                                                                              | 24      |
| 35 | Human.po.                                                                                                                            | 2801179 |
| 36 | Animal.po.                                                                                                                           | 288078  |
| 37 | 36 not (36 and 35)                                                                                                                   | 263917  |
| 38 | 34 not 37                                                                                                                            | 19      |

**Database:** Cinahl

**Dato:** 01.02.2013

**Antall treff:** 4

**Kommentarer:** Filter for systematiske oversikter: "Reviews (maximizes specificity)".

| Search ID# | Search Terms                                                                                                                                                                                                                  | Actions |
|------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| S33        | S12 AND S26 AND S31<br><br>Limiters - Clinical Queries: Review - High Specificity; Exclude MEDLINE records;<br>Published Date from: 19900101-; Language: Danish, English, Norwegian, Swedish<br>Search modes - Boolean/Phrase | 4       |
| S32        | S12 AND S26 AND S31                                                                                                                                                                                                           | 996     |



|     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |         |
|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| S31 | S27 OR S28 OR S29                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | 902,339 |
| S30 | TI rehabilitation* OR AB rehabilitation*                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 41,708  |
| S29 | TI ( treatment* or treat or therap* ) OR AB ( treatment* or treat or therap* )                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 363,068 |
| S28 | (MH "Psychotherapy+")                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 77,847  |
| S27 | (MH "Therapeutics+")                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 646,375 |
| S26 | S13 OR S14 OR S15 OR S16 OR S17 OR S18 OR S19 OR S20 OR S21 OR S22 OR S23 OR S24 OR S25                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 62,577  |
| S25 | TI ( ((beer or wine or liquor or spirits) W1 (misus* or abuse* or addict* or depend* or consumption* or habit* or pattern or patterns)) ) OR AB ( ((beer or wine or liquor or spirits) W1 (misus* or abuse* or addict* or depend* or consumption* or habit* or pattern or patterns)) )                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 114     |
| S24 | TI ( alcoholi* or drinker* or drinking* ) OR AB ( alcoholi* or drinker* or drinking* )                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 12,763  |
| S23 | TI (drug* user or drug* users) OR AB (drug* user or drug* users)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 3,026   |
| S22 | TI illicit drug* OR AB illicit drug*                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 1,746   |
| S21 | TI ( polydrug* N3 (use* or abus* ) ) OR AB ( polydrug* N3 (use* or abus* ) )                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 180     |
| S20 | TI ( drug* N2 (overuse or problem* ) ) OR AB ( drug* N2 (overuse or problem* ) )                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 1,398   |
| S19 | TI glue sniffing OR AB glue sniffing                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 15      |
| S18 | TI ( (drug* or substance* or alcohol or opioid* or opiate* or opium or narcotic* or heroin or morphine* or morphine* or amphetamine* or amfetamine* or cocaine or mari#uana or hashish or cannabis or phencyclidine* or pcpc or angel dust or ben#odia* or analgesic or inhalant or multiple) N2 (misus* or abuse* or addict* or depend*) ) OR AB ( (drug* or substance* or alcohol or opioid* or opiate* or opium or narcotic* or heroin or morphine* or morphine* or amphetamine* or amfetamine* or cocaine or mari#uana or hashish or cannabis or phencyclidine* or pcpc or angel dust or ben#odia* or analgesic or inhalant or multiple) N2 (misus* or abuse* or addict* or depend*) )TI ( (drug* or substance* or alcohol or opioid* or opiate* or opium or narcotic* or heroin or morphine* or morphine* or amphetamine* or amfetamine* or cocaine or mari#uana or hashish or cannabis or phencyclidine* or pcpc or angel dust or ben#odia* or analgesic or inhalant or multiple) N2 (misus* or abuse* or addict* or depend*) ) OR AB ( (drug* or substance* or alcohol or opioid* or opiate* or opium or narcotic* or heroin or morphine* or morphine* or amphetamine* or amfetamine* or cocaine or mari#u ...Show Less | 17,965  |
| S17 | (MH "Alcohol Drinking")                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 10,894  |
| S16 | (MH "Substance Abusers+")                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 3,513   |
| S15 | (MH "Substance Dependence")                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 5,276   |
| S14 | (MH "Substance Abuse+")                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 31,236  |
| S13 | (MH "Substance Use Disorders")                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 8,915   |
| S12 | S1 OR S2 OR S3 OR S4 OR S5 OR S6 OR S7 OR S8 OR S9 OR S10 OR S11                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 130,572 |
| S11 | TI ( ( "motor activity" or "motor activities" or "physical activity" or "physical activities" or "locomotor activity" or "locomotor activities" or Exercise or Exercises or training program or sport or sports or "physical training" or "physical fitness" or "physical conditioning*" or fitness) ) or AB ( ( "motor activity" or "motor activities" or "physical activity" or "physical activities" or "locomotor activity" or "locomotor activities" or Exercise or Exercises or training program or sport or sports or "physical training" or "physical fitness" or "physical conditioning*" or fitness) )TI ( ( "motor activity" or "motor activities" or "physical activity" or "physical activities" or "locomotor activity" or "locomotor activities" or Exercise or Exercises or training program or sport or sports or "physical training" or "physical fitness" or "physical conditioning*" or fitness) ) or AB ( ( "motor activity" or "motor activities" or "physical activity" or "physical activities" or                                                                                                                                                                                                     | 75,326  |



|     |                                                                                                                        |        |
|-----|------------------------------------------------------------------------------------------------------------------------|--------|
|     | "locomotor activity" or "locomotor activities" or Exercise or Exercises or training program or sport or s ...Show Less |        |
| S10 | (MH "Therapeutic Exercise+")                                                                                           | 25,195 |
| S9  | (MH "dance therapy")                                                                                                   | 156    |
| S8  | (MH "dancing+")                                                                                                        | 1,522  |
| S7  | (MH "exercise physiology")                                                                                             | 14,953 |
| S6  | (MH "exercise intensity")                                                                                              | 5,502  |
| S5  | (MH "sports+")                                                                                                         | 32,978 |
| S4  | (MH "physical fitness")                                                                                                | 7,189  |
| S3  | (MH "physical activity")                                                                                               | 14,951 |
| S2  | (MH "exercise+")                                                                                                       | 47,126 |
| S1  | (MH "Motor activity")                                                                                                  | 3,134  |

**Database:** Cochrane Issue 1 of 12, Jan 2013, Other Reviews (DARE) Issue 1 of 4, Jan 2013, Methods Studies Issue 1 of 4, Jan 2013, Technology Assessments Issue 1 of 4, Jan 2012, Economic Evaluations

**Dato:** 23.02.11

**Antall treff:** 14 (Cochrane Reviews: 11, Other Reviews: 1, Methods Studies: 2, Technology Assessments: 0, Economic Evaluations: 0)

|     |                                                                                                                                                                                                                |       |
|-----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| #1  | MeSH descriptor: [Motor Activity] this term only                                                                                                                                                               | 2022  |
| #2  | MeSH descriptor: [Exercise] explode all trees                                                                                                                                                                  | 11568 |
| #3  | MeSH descriptor: [Sports] explode all trees                                                                                                                                                                    | 7349  |
| #4  | MeSH descriptor: [Exercise Movement Techniques] this term only                                                                                                                                                 | 81    |
| #5  | MeSH descriptor: [Exercise Therapy] this term only                                                                                                                                                             | 4600  |
| #6  | MeSH descriptor: [Physical Fitness] this term only                                                                                                                                                             | 4880  |
| #7  | MeSH descriptor: [Physical education and training] explode all trees                                                                                                                                           | 1279  |
| #8  | MeSH descriptor: [Dancing] this term only                                                                                                                                                                      | 59    |
| #9  | ((((Motor or Physical or Locomotor) next (Activity or Activities)) or Exercise or Exercises or training program or sport or sports or (physical next (training or fitness or conditioning*)) or fitness):ti,ab | 37132 |
| #10 | #1 or #2 or #3 or #4 or #5 or #6 or #7 or #8 or #9                                                                                                                                                             | 42106 |
| #11 | MeSH descriptor: [Substance-Related Disorders] this term only                                                                                                                                                  | 2119  |
| #12 | MeSH descriptor: [Alcohol-Related Disorders] explode all trees                                                                                                                                                 | 3159  |
| #13 | MeSH descriptor: [Amphetamine-Related Disorders] this term only                                                                                                                                                | 119   |





|     |                                                                                                                                                                                                                                                                                                                                                       |        |
|-----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|
| #14 | MeSH descriptor: [Cocaine-Related Disorders] this term only                                                                                                                                                                                                                                                                                           | 523    |
| #15 | MeSH descriptor: [Inhalant Abuse] this term only                                                                                                                                                                                                                                                                                                      | 2      |
| #16 | MeSH descriptor: [Marijuana Abuse] this term only                                                                                                                                                                                                                                                                                                     | 183    |
| #17 | MeSH descriptor: [Opioid-Related Disorders] explode all trees                                                                                                                                                                                                                                                                                         | 1084   |
| #18 | MeSH descriptor: [Phencyclidine Abuse] this term only                                                                                                                                                                                                                                                                                                 | 5      |
| #19 | MeSH descriptor: [Substance Abuse, Intravenous] this term only                                                                                                                                                                                                                                                                                        | 321    |
| #20 | MeSH descriptor: [Drug Users] this term only                                                                                                                                                                                                                                                                                                          | 21     |
| #21 | MeSH descriptor: [Alcoholics] this term only                                                                                                                                                                                                                                                                                                          | 3      |
| #22 | MeSH descriptor: [Alcohol Drinking] this term only                                                                                                                                                                                                                                                                                                    | 2082   |
| #23 | (drug or drugs or substance* or alcohol or opioid* or opiate* or opium or narcotic* or heroin or morphine* or morfine* or amphetamine* or amfetamine* or cocaine or mari*uana or hashish or cannabis or phencyclidine* or pcpc or angel dust or ben*odia* or analgesic or inhalant or multiple) near/2 (misus* or abuse* or addict* or depend*):ti,ab | 6201   |
| #24 | glue next sniffing:ti,ab                                                                                                                                                                                                                                                                                                                              | 0      |
| #25 | (drug or drugs) near/2 (overuse or problem*):ti,ab                                                                                                                                                                                                                                                                                                    | 308    |
| #26 | polydrug* near/3 (use* or abus*):ti,ab                                                                                                                                                                                                                                                                                                                | 73     |
| #27 | illicit next drug*:ti,ab                                                                                                                                                                                                                                                                                                                              | 329    |
| #28 | drug* next user*:ti,ab                                                                                                                                                                                                                                                                                                                                | 492    |
| #29 | alcoholi* or drinker* or drinking*:ti,ab                                                                                                                                                                                                                                                                                                              | 7474   |
| #30 | ((beer or wine or liquor or spirits) next (misus* or abuse* or addict* or depend* or consumption* or habit* or pattern or patterns)):ti,ab                                                                                                                                                                                                            | 85     |
| #31 | #11 or #12 or #13 or #14 or #15 or #16 or #17 or #18 or #19 or #20 or #21 or #22 or #23 or #24 or #25 or #26 or #27 or #28 or #29 or #30                                                                                                                                                                                                              | 11356  |
| #32 | MeSH descriptor: [Therapeutics] explode all trees                                                                                                                                                                                                                                                                                                     | 214720 |
| #33 | MeSH descriptor: [Psychotherapy] explode all trees                                                                                                                                                                                                                                                                                                    | 13187  |
| #34 | (treatment* or treat or therap*):ti,ab                                                                                                                                                                                                                                                                                                                | 338935 |
| #35 | (rehabilitation*):ti,ab                                                                                                                                                                                                                                                                                                                               | 8002   |
| #36 | #32 or #33 or #34 or #35                                                                                                                                                                                                                                                                                                                              | 428996 |
| #37 | #10 and #31 and #36                                                                                                                                                                                                                                                                                                                                   | 316    |
| #38 | #10 and #31 and #36                                                                                                                                                                                                                                                                                                                                   | 14     |



|  |                                                                                                                                         |  |
|--|-----------------------------------------------------------------------------------------------------------------------------------------|--|
|  | from 1990, in Cochrane Reviews (Reviews and Protocols), Other Reviews, Methods Studies, Technology Assessments and Economic Evaluations |  |
|--|-----------------------------------------------------------------------------------------------------------------------------------------|--|

**Database:** PubMed

**Dato:** 01.02 2013

**Antall treff:** 9

**Kommentar:** Avgrenset på de 2 siste årene

|     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |         |
|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| #11 | Search systematic[sb] AND (#10) Filters: Publication date from 2011/01/01; English; Danish; Norwegian; Swedish                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | 9       |
| #10 | Search (#3 AND #6 AND #9)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 3036    |
| #9  | Search (#7 OR #8)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 5152288 |
| #8  | Search (("treatment"[title/abstract] or "treat"[title/abstract] or "therap"[title/abstract] or "rehabilitation"[title/abstract]))                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 2847741 |
| #7  | Search (("Therapeutics"[Mesh] OR "Psychotherapy"[Mesh]))                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 3185999 |
| #6  | Search (#4 OR #5)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 433074  |
| #5  | Search (("motor activity"[title/abstract] or "motor activities"[title/abstract] or "physical activity"[title/abstract] or "physical activities"[title/abstract] or "locomotor activity"[title/abstract] or "locomotor activities"[title/abstract] or "Exercise"[title/abstract] or "Exercises"[title/abstract] or "training program"[title/abstract] or "sport"[title/abstract] or "sports"[title/abstract] or "physical training"[title/abstract] or "physical fitness"[title/abstract] or "physical conditioning"[title/abstract] or "fitness"[title/abstract]))                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 303563  |
| #4  | Search ("Motor Activity"[Mesh:NoExp] or "Exercise"[Mesh] or "Sports"[Mesh] or "Exercise Movement Techniques"[Mesh:NoExp] or "Exercise Therapy"[Mesh:NoExp] or "Physical Fitness"[Mesh:NoExp] or "Physical education and training"[Mesh] or "Dancing"[Mesh:NoExp])                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 249020  |
| #3  | Search (#1 OR #2)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 280150  |
| #2  | Search ("drug misus"[title/abstract] or "drug abuse"[title/abstract] or "drug addict"[title/abstract] or "drug depend"[title/abstract] or "substance* misus"[title/abstract] or "substance* abuse"[title/abstract] or "substance* addict"[title/abstract] or "substance* depend"[title/abstract] or "alcohol misus"[title/abstract] or "alcohol abuse"[title/abstract] or "alcohol addict"[title/abstract] or "alcohol depend"[title/abstract] or "narcotic* misus"[title/abstract] or "narcotic* abuse"[title/abstract] or "narcotic* addict"[title/abstract] or "narcotic* depend"[title/abstract] or "multiple misus"[title/abstract] or "multiple abuse"[title/abstract] or "multiple addict"[title/abstract] or "multiple depend"[title/abstract] or "drug overuse"[title/abstract] or "drug problem"[title/abstract] or "overuse of drugs"[title/abstract] or "problem* with drugs"[title/abstract] or ("polydrug"[title/abstract] and "use"[title/abstract]) or ("polydrug"[title/abstract] and "abus"[title/abstract]) or "illicit drug"[title/abstract] or "drug* user"[title/abstract] or "alcoholi"[title/abstract] or "drinker"[title/abstract] or "drinking"[title/abstract]) | 111102  |
| #1  | Search ("Substance-Related Disorders"[Mesh:NoExp] OR "Alcohol-Related Disorders"[Mesh] OR "Amphetamine-Related Disorders"[Mesh:NoExp] OR "Cocaine-Related Disorders"[Mesh:NoExp] OR "Inhalant Abuse"[Mesh:NoExp] OR "Marijuana Abuse"[Mesh:NoExp] OR "Opioid-Related Disorders"[Mesh] OR "Phencyclidine Abuse"[Mesh:NoExp] OR "Substance Abuse, Intravenous"[Mesh:NoExp] OR "Drug Users"[Mesh:NoExp] OR "Alcoholics"[Mesh:NoExp] OR "Alcohol Drinking"[Mesh:NoExp])                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 217257  |

**Database:** SveMed+

**Dato:** 01.02 2013

**Antall treff:** 5

**Kommentar:** Enkelt søk med kun MeSH. Uten filter for systematiske oversikter.



| Nr | Søksträng                                                                        | Antal träffar |
|----|----------------------------------------------------------------------------------|---------------|
| 1  | noexp:"Motor Activity"                                                           | 415           |
| 2  | exp:"Exercise"                                                                   | 1756          |
| 3  | exp:"Sports"                                                                     | 1653          |
| 4  | noexp:"Exercise Movement Techniques"                                             | 20            |
| 5  | noexp:"Exercise Therapy"                                                         | 541           |
| 6  | noexp:"Fysisk kondisjon"                                                         | 614           |
| 7  | exp:"Physical education and training"                                            | 305           |
| 8  | noexp:"Dancing"                                                                  | 32            |
| 9  | #1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8                                     | 3650          |
| 10 | noexp:"Substance-Related Disorders"                                              | 1017          |
| 11 | exp:"Alcohol-Related Disorders"                                                  | 1056          |
| 12 | noexp:"Amphetamine-Related Disorders"                                            | 20            |
| 13 | noexp:"Cocaine-Related Disorders"                                                | 14            |
| 14 | noexp:"Inhalant Abuse"                                                           | 0             |
| 15 | noexp:"Marijuana Abuse"                                                          | 47            |
| 16 | exp:"Opioid-Related Disorders"                                                   | 333           |
| 17 | noexp:"Phencyclidine Abuse"                                                      | 2             |
| 18 | noexp:"Substance Abuse, Intravenous"                                             | 118           |
| 19 | noexp:"Drug Users"                                                               | 14            |
| 20 | noexp:"Alcoholics"                                                               | 0             |
| 21 | noexp:"Alcohol Drinking"                                                         | 1037          |
| 22 | #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 OR #17 OR #18 OR #19 OR #20 OR #21 | 2822          |
| 23 | exp:"Therapeutics"                                                               | 26558         |
| 24 | exp:"Psychotherapy"                                                              | 2460          |
| 25 | treatment* or treat or therap* or rehabilitation*                                | 249           |
| 26 | #23 OR #24 OR #25                                                                | 28244         |
| 27 | #9 AND #22 AND #26                                                               | 5             |