



BEHANDLING OG REHABILITERING AV RUSMIDDELMISBRUKERE – GRUPPETERAPI OG INDIVIDUELL TERAPI

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Årstallavgrensning: 1990-2013

Andre avgrensninger: språk – engelsk, norsk, dansk, svensk

Antall treff etter dublettsøk: 485

Kommentarer: Jeg har valgt å begrense søket ved å søke på sammenligningen i PICO-skjemaet, *individuell terapi*. Dette istedenfor utelukkende å søke på populasjon og intervensjon, og da måtte bruke filter for oversiktsartikler for å begrense treffmengdene.

Pico-skjema:

Hva handler spørsmålet om?	Spørsmålet i PICO format				Kjente relevante studier
	Populasjon (pasient)	Intervensjon (tiltak)	Comparison (sammenligning/kontroll)	Outcome(s) (utfall/effekt)	
Problemstilling	Personer med rusproblemer	Gruppeterapi	Individuell terapi/ Individuell terapi + gruppeterapi	Nytte	
Hva er det søkt på	Rusmisbrukere/ rusmisbruk	Gruppeterapi	Individuell terapi		

Database: Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R) 1946 to Present

Dato: 31.01.2013

Antall treff: 150

#	Searches	Results
1	Substance-Related Disorders/	73169
2	exp Alcohol-Related Disorders/	91880
3	Amphetamine-Related Disorders/	1829
4	Cocaine-Related Disorders/	5561
5	Inhalant Abuse/	64



6	Marijuana Abuse/	3885
7	exp Opioid-Related Disorders/	17564
8	Phencyclidine Abuse/	216
9	Substance Abuse, Intravenous/	11497
10	Drug Users/	853
11	Alcoholics/	88
12	Alcohol Drinking/	46921
13	((drug\$1 or substance\$ or alcohol or opioid\$ or opiate\$ or opium or narcotic\$ or heroin or morphine\$ or morfine\$ or amphetamine\$ or amfetamine\$ or cocaine or mari#uana or hashish or cannabis or phencyclidine\$ or pcpc or angel dust or ben#odia\$ or analgesic or inhalant or multiple) adj2 (misus\$ or abuse\$ or addict\$ or depend\$)).tw.	92037
14	glue sniffing.tw.	152
15	(drug\$1 adj2 (overuse or problem\$)).tw.	4754
16	(polydrug\$1 adj3 (use\$ or abus\$)).tw.	833
17	illicit drug\$.tw.	6099
18	drug\$1 user\$.tw.	12602
19	(alcoholi\$ or drinker\$ or drinking\$).tw.	127309
20	((beer or wine or liquor or spirits) adj (misus\$ or abuse\$ or addict\$ or depend\$ or consumption\$ or habit\$ or pattern\$1)).tw.	855
21	or/1-20	323805
22	Psychotherapy, Group/	11339
23	exp Psychodrama/	2651
24	Sensitivity Training Groups/	479
25	(group\$ adj3 therap\$).tw.	21094
26	(group\$ adj3 (treatment\$ or counseling\$)).tw.	87252
27	"treatment in group\$".tw.	721
28	"treatment within group\$".tw.	14
29	or/22-28	115615
30	(individual adj3 (therap\$ or treatment\$ or counseling\$)).tw.	11120
31	21 and 29 and 30	179



32	limit 31 to yr="1990 -Current"	159
33	limit 32 to (danish or english or norwegian or swedish)	152
34	(comment or editorial or letter).pt.	1211328
35	Humans/	12548344
36	Animals/ or Animal Experimentation/	5003234
37	36 not (36 and 35)	3662776
38	34 or 37	4828794
39	33 not 38	150

Database: Embase 1974 to 2013 January 30

Dato: 31.01.2013

Antall treff: 185

#	Searches	Results
1	exp drug abuse/	57628
2	exp alcohol abuse/	19612
3	substance abuse/	35595
4	alcoholism/	95600
5	exp drug dependence/	69716
6	drinking behavior/	33243
7	alcohol consumption/	63590
8	((drug\$1 or substance\$ or alcohol or opioid\$ or opiate\$ or opium or narcotic\$ or heroin or morphine\$ or morfine\$ or amphetamine\$ or amfetamine\$ or cocaine or mari#uana or hashish or cannabis or phencyclidine\$ or pcpc or angel dust or ben#odia\$ or analgesic or inhalant or multiple) adj2 (misus\$ or abuse\$ or addict\$ or depend\$)).tw.	123317
9	glue sniffing.tw.	202
10	(drug\$1 adj2 (overuse or problem\$)).tw.	6940
11	(polydrug\$1 adj3 (use\$ or abus\$)).tw.	1019
12	illicit drug\$.tw.	7776



13	drug\$1 user\$.tw.	15025
14	(alcoholi\$ or drinker\$ or drinking\$).tw.	169432
15	((beer or wine or liquor or spirits) adj (misus\$ or abuse\$ or addict\$ or depend\$ or consumption\$ or habit\$ or pattern\$1)).tw.	1035
16	or/1-15	433524
17	group therapy/	17191
18	(group\$ adj3 therap\$).tw.	31109
19	(group\$ adj3 (treatment\$ or counseling\$)).tw.	116389
20	"treatment in group\$".tw.	923
21	"treatment within group\$".tw.	14
22	or/17-21	153926
23	(individual adj3 (therap\$ or treatment\$ or counseling\$)).tw.	16132
24	16 and 22 and 23	263
25	limit 24 to yr="1990 -Current"	227
26	limit 25 to (danish or english or norwegian or swedish)	207
27	limit 26 to embase	185
28	(editorial or letter).pt.	1236370
29	27 not 28	185

Database: PsycINFO 1806 to January Week 4 2013

Dato: 31.01.2013

Antall treff: 330

#	Searches	Results
1	exp Drug Abuse/	80731
2	Drug Abuse Prevention/	3156
3	Drug Seeking/	396
4	Underage Drinking/	204
5	exp Drug Addiction/	10673



6	Drinking Behavior/	969
7	Alcohol Drinking Patterns/	16308
8	Social Drinking/	766
9	((drug\$1 or substance\$ or alcohol or opioid\$ or opiate\$ or opium or narcotic\$ or heroin or morphine\$ or morfine\$ or amphetamine\$ or amfetamine\$ or cocaine or mari#uana or hashish or cannabis or phencyclidine\$ or pcpc or angel dust or ben#odia\$ or analgesic or inhalant or multiple) adj2 (misus\$ or abuse\$ or addict\$ or depend\$)).tw.	77917
10	glue sniffing.tw.	61
11	(drug\$1 adj2 (overuse or problem\$)).tw.	3702
12	(polydrug\$1 adj3 (use\$ or abus\$)).tw.	881
13	illicit drug\$.tw.	4638
14	drug\$1 user\$.tw.	7236
15	(alcoholi\$ or drinker\$ or drinking\$).tw.	56377
16	((beer or wine or liquor or spirits) adj (misus\$ or abuse\$ or addict\$ or depend\$ or consumption\$ or habit\$ or pattern\$1)).tw.	256
17	or/1-16	144758
18	Group Psychotherapy/	16134
19	exp Encounter Group Therapy/	406
20	exp Group Dynamics/	26854
21	Group Intervention/	730
22	Social Group Work/	260
23	(group\$ adj3 therap\$).tw.	18650
24	(group\$ adj3 (treatment\$ or counseling\$)).tw.	24751
25	"treatment in group\$".tw.	68
26	"treatment within group\$".tw.	11
27	or/18-26	70523
28	Individual Psychotherapy/	2573
29	(individual adj3 (therap\$ or treatment\$ or counseling\$)).tw.	10349
30	28 or 29	11466
31	17 and 27 and 30	524



32	limit 31 to yr="1990 -Current"	348
33	limit 32 to (danish or english or norwegian or swedish)	332
34	(comment reply or editorial or letter).dt.	129934
35	Human.po.	2797997
36	Animal.po.	287852
37	36 not (36 and 35)	263725
38	34 or 37	390114
39	33 not 38	330

Database: EBSCO Cinahl

Dato: 31.01.2013

Antall treff: 61

Search ID#	Search Terms	Actions
S25	S14 AND S21 AND S22 Limiters - Published Date from: 19900101-20131231; Language: Danish, English, Norwegian, Swedish Search modes - Boolean/Phrase	61
S24	S14 AND S21 AND S22 Limiters - Published Date from: 19900101-20131231 Search modes - Boolean/Phrase	63
S23	S14 AND S21 AND S22	66
S22	TI (individual N3 (therap* or treatment* or counseling*)) OR AB (individual N3 (therap* or treatment* or counseling*))	2,243
S21	S15 OR S16 OR S17 OR S18 OR S19 OR S20	17,411
S20	TI "treatment within group*" OR AB "treatment within group"	2
S19	TI "treatment in group*" OR AB "treatment in group"	44



S18	TI (group* N3 (treatment* or counseling*)) OR AB (group* N3 (treatment* or counseling*))	11,649
S17	TI (group* N3 therap*) OR AB (group* N3 therap*)	4,077
S16	(MH "Psychodrama+")	1,003
S15	(MH "Psychotherapy, Group")	2,350
S14	S1 OR S2 OR S3 OR S4 OR S5 OR S6 OR S7 OR S8 OR S9 OR S10 OR S11 OR S12 OR S13	62,471
S13	TI (((beer or wine or liquor or spirits) W1 (misus* or abuse* or addict* or depend* or consumption* or habit* or pattern or patterns))) OR AB (((beer or wine or liquor or spirits) W1 (misus* or abuse* or addict* or depend* or consumption* or habit* or pattern or patterns)))	114
S12	TI (alcoholi* or drinker* or drinking*) OR AB (alcoholi* or drinker* or drinking*)	12,744
S11	TI (drug* user or drug* users) OR AB (drug* user or drug* users)	3,025
S10	TI illicit drug* OR AB illicit drug*	1,745
S9	TI (polydrug* N3 (use* or abus*)) OR AB (polydrug* N3 (use* or abus*))	180
S8	TI (drug* N2 (overuse or problem*)) OR AB (drug* N2 (overuse or problem*))	1,398
S7	TI glue sniffing OR AB glue sniffing	15
S6	TI ((drug* or substance* or alcohol or opioid* or opiate* or opium or narcotic* or heroin or morphine* or morfine* or amphetamine* or amfetamine* or cocaine or mari#uana or hashish or cannabis or phencyclidine* or pcpc or angel dust or ben#odia* or analgesic or inhalant or multiple) N2 (misus* or abuse* or addict* or depend*)) OR AB ((drug* or substance* or alcohol or opioid* or opiate* or opium or narcotic* or heroin or morphine* or morfine* or amphetamine* or amfetamine* or cocaine or mari#uana or hashish or cannabis or phencyclidine* or pcpc or angel dust or ben#odia* or analgesic or inhalant or multiple) N2 (misus* or abuse* or addict* or depend*))	17,947
S5	(MH "Alcohol Drinking")	10,875
S4	(MH "Substance Abusers+")	3,504



S3	(MH "Substance Dependence")	5,266
S2	(MH "Substance Abuse+")	31,178
S1	(MH "Substance Use Disorders")	8,905

Database: Cochrane Database of Systematic Reviews Issue 12 of 12, Dec 2012, Other Reviews (DARE) Issue 4 of 4, Oct 2012, Trials (CENTRAL) Issue 12 of 12, Dec 2012, Methods Studies Issue 4 of 4, Oct 2012, Technology Assessments Issue 4 of 4, Oct 2012, Economic Evaluations

Dato: 31.01.2013

Antall treff: 76 (Cochrane Reviews: 2, Trials: 73, Methods Studies: 1)

Kommentarer: Søkert er avgrenset på år. Ikke mulig å avgrense på språk.

ID	Search	Hits
#1	MeSH descriptor: [Substance-Related Disorders] this term only	2119
#2	MeSH descriptor: [Alcohol-Related Disorders] explode all trees	3159
#3	MeSH descriptor: [Amphetamine-Related Disorders] this term only	119
#4	MeSH descriptor: [Cocaine-Related Disorders] this term only	523
#5	MeSH descriptor: [Inhalant Abuse] this term only	2
#6	MeSH descriptor: [Marijuana Abuse] this term only	183
#7	MeSH descriptor: [Opioid-Related Disorders] explode all trees	1084
#8	MeSH descriptor: [Phencyclidine Abuse] this term only	5
#9	MeSH descriptor: [Substance Abuse, Intravenous] this term only	321
#10	MeSH descriptor: [Drug Users] this term only	21
#11	MeSH descriptor: [Alcoholics] this term only	3
#12	MeSH descriptor: [Alcohol Drinking] this term only	2082
#13	(drug or drugs or substance* or alcohol or opioid* or opiate* or opium or narcotic* or heroin or morphine* or morfine* or amphetamine* or amfetamine* or cocaine or mari*uana or hashish or cannabis or phencyclidine* or pcpc or angel dust or ben*odia* or analgesic or inhalant or multiple) near/2 (misus* or abuse* or addict* or depend*):ti,ab,kw (Word variations have been searched)	6837
#14	glue next sniffing:ti,ab,kw (Word variations have been searched)	0
#15	(drug or drugs) near/2 (overuse or problem*):ti,ab,kw (Word variations have been searched)	233
#16	polydrug* near/3 (use* or abus*):ti,ab,kw (Word variations have been searched)	56
#17	illicit next drug*:ti,ab,kw (Word variations have been searched)	263
#18	drug* next user*:ti,ab,kw (Word variations have been searched)	501



#19	alcoholi* or drinker* or drinking*:ti,ab,kw (Word variations have been searched)	7824
#20	((beer or wine or liquor or spirits) next (misus* or abuse* or addict* or depend* or consumption* or habit* or pattern or patterns))	90
#21	#1 or #2 or #3 or #4 or #5 or #6 or #7 or #8 or #9 or #10 or #11 or #12 or #13 or #14 or #15 or #16 or #17 or #18 or #19 or #20	14417
#22	MeSH descriptor: [Psychotherapy, Group] this term only	1307
#23	MeSH descriptor: [Psychodrama] explode all trees	144
#24	MeSH descriptor: [Sensitivity Training Groups] explode all trees	23
#25	group* near/3 therap*:ti,ab,kw (Word variations have been searched)	8969
#26	(group* near/3 (treatment* or counseling*)):ti,ab,kw (Word variations have been searched)	43027
#27	"treatment in group*":ti,ab,kw (Word variations have been searched)	968
#28	"treatment within group*":ti,ab,kw (Word variations have been searched)	8
#29	#22 or #23 or #24 or #25 or #26 or #27 or #28	50540
#30	(individual near/3 (therap* or treatment* or counseling*)):ti,ab,kw (Word variations have been searched)	2029
#31	#21 and #29 and #30 from 1990	76

Database: SveMed+

Dato: 03.02.2013

Antall treff: 15

Kommentarer: På grunn av søketekniske begrensninger i databasen, har jeg kun søkt på Mesh-termer i P-delen av PICO.

Nr	Søksträng	Antal treffar
1	<u>noexp:"Substance-Related Disorders"</u>	1018
2	<u>exp:"Alcohol-Related Disorders"</u>	1056
3	<u>noexp:"Amphetamine-Related Disorders"</u>	20
4	<u>noexp:"Cocaine-Related Disorders"</u>	14
5	<u>noexp:"Inhalant Abuse"</u>	0
6	<u>noexp:"Marijuana Abuse"</u>	47
7	<u>exp:"Opioid-Related Disorders"</u>	333
8	<u>noexp:"Phencyclidine Abuse"</u>	2
9	<u>noexp:"Substance Abuse, Intravenous"</u>	118
10	<u>noexp:"Drug Users"</u>	14
11	<u>noexp:"Alcoholics"</u>	0
12	<u>noexp:"Alcohol Drinking"</u>	1037



13	#1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12	2823
14	noexp:"Psychotherapy, Group"	222
15	exp:"Psychodrama"	21
16	noexp:"Sensitivity Training Groups"	1
17	"group* therap*"	0
18	"group* treatment*"	6
19	"group* counseling*"	0
20	"treatment in group*"	0
21	"treatment within group*"	0
22	#14 OR #15 OR #16 OR #17 OR #18 OR #19 OR #20 OR #21	247
24	"individual therap*"	0
25	"individual treatment*"	15
26	"individual counseling*"	3
27	#24 OR #25 OR #26	18
28	#13 AND #22 AND #27	0
29	#13 AND #22	15
30	#13 AND #22 AND year:[1990 TO 2012]	15

Database: PubMed

Dato: 03.02.2013

Antall treff: 0

Kommentarer: Jeg har søkt i Pubmed etter artikler som er publisert online, men enda ikke i papirversjonen av de respektive tidsskriftene (Epub ahead of print). Dette fordi disse artiklene ikke ligger i Ovid Medline (som ellers er overlappende med PubMed). Jeg har søkt to år tilbake i tid for å være sikker på å få med alt.

Search	Query	Items found
#10	Search (#3 AND #6 AND #7) Schema: all Filters: Publication date from 2011/01/01	0
#9	Search (#3 AND #6 AND #7) Filters: Publication date from 2011/01/01	0
#8	Search (#3 AND #6 AND #7)	35
#7	Search ("individual therap*[title/abstract] or "individual treatment*[title/abstract] or "individual counseling*[title/abstract])	2166
#6	Search (#4 or #5)	15041
#5	Search ("group* therap*[title/abstract] or "group* treatment*[title/abstract] or "group* counseling*[title/abstract] or "treatment in group*[title/abstract] or "treatment within group*[title/abstract])	1631
#4	Search ("Psychotherapy, Group"[Mesh:NoExp] OR "Psychodrama"[Mesh] OR "Sensitivity Training Groups"[Mesh:NoExp])	14104



Search	Query	Items found
#3	Search (#1 or #2)	281037
	Search ("drug* misus"[title/abstract] or "drug* abuse"[title/abstract] or "drug* addict"[title/abstract] or "drug* depend"[title/abstract] or "substance* misus"[title/abstract] or "substance* abuse"[title/abstract] or "substance* addict"[title/abstract] or "substance* depend"[title/abstract] or "alcohol misus"[title/abstract] or "alcohol abuse"[title/abstract] or "alcohol addict"[title/abstract] or "alcohol depend"[title/abstract] or "opioid* misus"[title/abstract] or "opioid* abuse"[title/abstract] or "opioid* addict"[title/abstract] or "opioid* depend"[title/abstract] or "opiate* misus"[title/abstract] or "opiate* abuse"[title/abstract] or "opiate* addict"[title/abstract] or "opiate* depend"[title/abstract] or "narcotic* misus"[title/abstract] or "narcotic* abuse"[title/abstract] or "narcotic* addict"[title/abstract] or "narcotic* depend"[title/abstract] or "heroin misus"[title/abstract] or "heroin abuse"[title/abstract] or "heroin addict"[title/abstract] or "heroin depend"[title/abstract] or "morphine* misus"[title/abstract] or "morphine* abuse"[title/abstract] or "morphine* addict"[title/abstract] or "morphine* depend"[title/abstract] or "morphine* misus"[title/abstract] or "morphine* abuse"[title/abstract] or "morphine* addict"[title/abstract] or "morphine* depend"[title/abstract] or "amphetamine* misus"[title/abstract] or "amphetamine* abuse"[title/abstract] or "amphetamine* addict"[title/abstract] or "amphetamine* depend"[title/abstract] or "amphetamine* misus"[title/abstract] or "amphetamine* abuse"[title/abstract] or "amphetamine* addict"[title/abstract] or "amphetamine* depend"[title/abstract] or "cocaine misus"[title/abstract] or "cocaine abuse"[title/abstract] or "cocaine addict"[title/abstract] or "cocaine depend"[title/abstract] or "cannabis misus"[title/abstract] or "cannabis abuse"[title/abstract] or "cannabis addict"[title/abstract] or "cannabis depend"[title/abstract] or "benzodia* misus"[title/abstract] or "benzodia* abuse"[title/abstract] or "benzodia* addict"[title/abstract] or "benzodia* depend"[title/abstract] or "benzodia* misus"[title/abstract] or "benzodia* abuse"[title/abstract] or "benzodia* addict"[title/abstract] or "benzodia* depend"[title/abstract] or "multiple misus"[title/abstract] or "multiple abuse"[title/abstract] or "multiple addict"[title/abstract] or "multiple depend"[title/abstract] or "glue sniffing"[title/abstract] or "drug* overuse"[title/abstract] or "drug* problem"[title/abstract] or "overuse of drugs"[title/abstract] or "problem* with drugs"[title/abstract] or ("polydrug"[title/abstract] and "use"[title/abstract]) or ("polydrug"[title/abstract] and "abus"[title/abstract]) or "illicit drug"[title/abstract] or "drug* user"[title/abstract] or "alcoholi"[title/abstract] or "drinker"[title/abstract] or "drinking"[title/abstract])	114199
#2	Search ("Substance-Related Disorders"[Mesh:NoExp] OR "Alcohol-Related Disorders"[Mesh] OR "Amphetamine-Related Disorders"[Mesh:NoExp] OR "Cocaine-Related Disorders"[Mesh:NoExp] OR "Inhalant Abuse"[Mesh:NoExp] OR "Marijuana Abuse"[Mesh:NoExp] OR "Opioid-Related Disorders"[Mesh] OR "Phencyclidine Abuse"[Mesh:NoExp] OR "Substance Abuse, Intravenous"[Mesh:NoExp] OR "Drug Users"[Mesh:NoExp] OR "Alcoholics"[Mesh:NoExp] OR "Alcohol Drinking"[Mesh:NoExp])	217257
#1		