

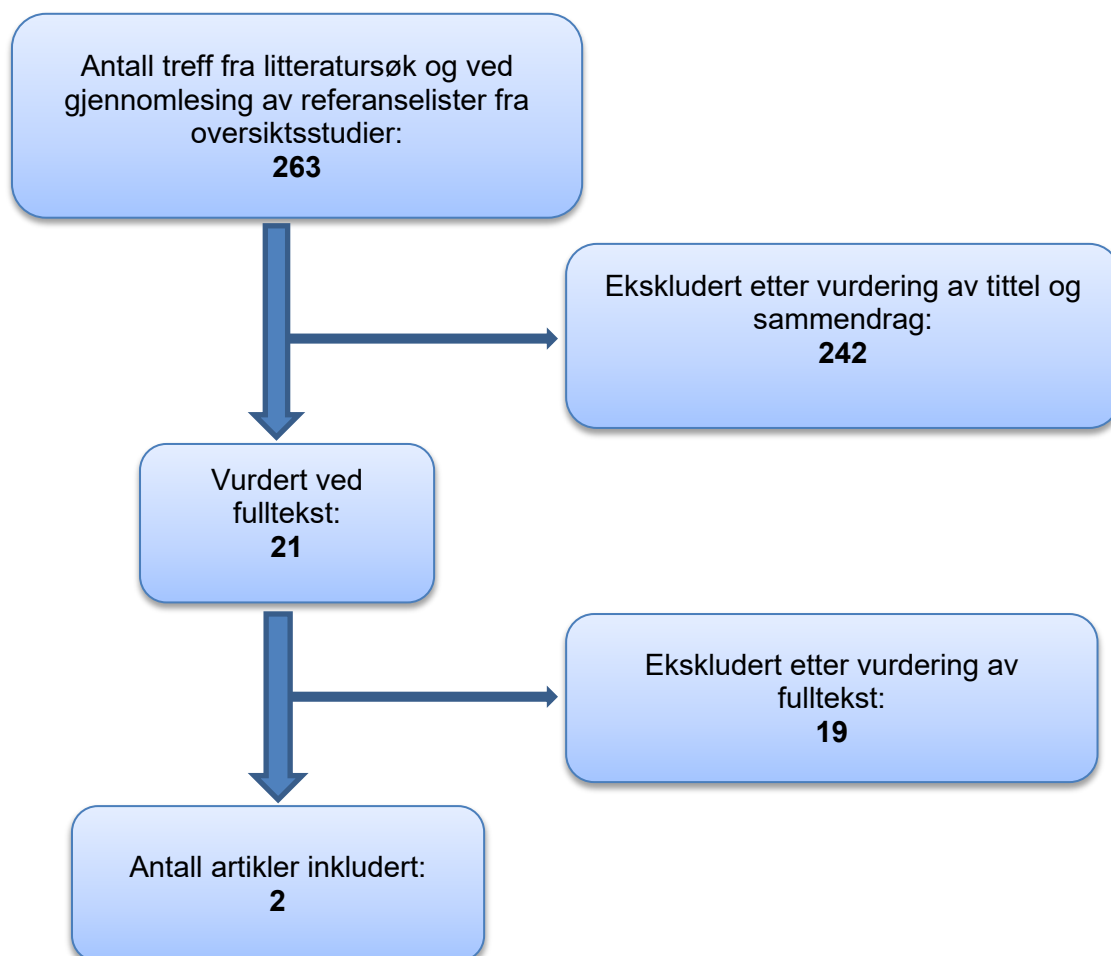
Dokumentasjonsark: Nasjonal faglig retningslinje for barselomsorgen

Anbefaling: hjemmebesøk

Problemstilling:

- *"Hva sier litteraturen om behov for, antall og det ideelle tidspunktet for hjemmebesøk av jordmor til barselkvinnen/nyfødte barnet i barseltiden"?*

P	Kvinner i barselperioden.	
I	Hjemmebesøk av jordmor.	Dato for søk: 28.02.25
C		
O	Behovet for hjemmebesøk av jordmor. Antall hjemmebesøk. Det ideelle. tidspunktet for hjemmebesøk.	



Figur 1. Flytskjema over identifiserte treff og utvelgelse av relevante referanser.
(modifisert/hentet fra Kunnskapssenteret for helsetjenesten i Folkehelseinstituttet)

Tabeller over inkluderte og ekskluderte publikasjoner

Tabell 1. Inkluderte systematiske oversikter (oversiktsartikler)

Forfatter, år, tittel	Metodisk kvalitet*	Kommentarer
Cusack L, Smith M. Experiences of women discharged early post-vaginal birth: a qualitative systematic review. JBI evidence synthesis 2020. DOI: 10.11124/JBISRI-D-19-00421	Moderat metodisk kvalitet	
Yonemoto N, Nagai S, Mori R. Schedules for home visits in the early postpartum period. Cochrane Database Syst Rev 2021;2021(7) (no pagination). DOI: 10.1002/14651858.CD009326.pub4	Ikke vurdert	Det forventes god metodisk kvalitet av et Cochrane produkt

* Vurdert med FHI/Kunnskapssenterets sjekkliste for systematiske oversikter

Tabell 2. Ekskluderte referanser. Sammendraget/tittel funnet relevant, ekskludert etter gjennomlesing av artikkel.

Forfatter, tittel, publikasjonssted og år	Ekskludert/kort begrunnelse
Perry M, Becerra F, Kavanagh J, Serre A, Vargas E, Becerril V. Community-based interventions for improving maternal health and for reducing maternal health inequalities in high-income countries: A systematic map of research. Globalization and Health 2015;10(1) (no pagination). DOI: 10.1186/s12992-014-0063-y	Eldre review
Pepper M, Campbell OMR, Woodd SL. Current Approaches to Following Up Women and Newborns After Discharge From Childbirth Facilities: A Scoping Review. Glob Health 2024;12(2):16. DOI: 10.9745/ghsp-d-23-00377	Studiene inkluderer i hovedsak lavinntektsland. Ikke overførbar til norske forhold.
Saldanha IJ, Adam GP, Kanaan G, Zahradnik ML, Steele DW, Chen KK, et al. Delivery Strategies for Postpartum Care A Systematic Review and Meta-analysis. Obstet Gynecol 2023;142(3):529-42. DOI: 10.1097/aog.0000000000005293	Alle inkluderte studier er fra USA/Canada. Ikke overførbar til norske forhold.
Pajalic Z, Rauckiene A, Savosnick G, Bartels I, Calleja-Agius J, Saplacan D, et al. Digital solutions to follow up on discharged new parents-A systematic literature review. PLOS Digit Health 2023;2(8):16. DOI: 10.1371/journal.pdig.0000317	Dekker ikke PICO.
Jones E, Stewart F, Taylor B, Davis PG, Brown SJ. Early postnatal discharge from hospital for healthy mothers and term infants. Cochrane Database Syst Rev 2021;2021(6) (no pagination). DOI: 10.1002/14651858.CD002958.pub2	Dekker ikke PICO.
Leonard R, Linden M, Grant A. Effectiveness of family-focused home visiting for maternal mental illness: A systematic review and meta-analysis. J Psychiatr Ment	Omhandler syke kvinner, og dekker ikke PICO.

Forfatter, tittel, publikasjonssted og år	Ekskludert/kort begrunnelse
Health Nurs 2021;28(6):1113-27. DOI: 10.1111/jpm.12715	
Prosman GJ, Lo Fo Wong SH, Van Der Wouden JC, Lagro-Janssen ALM. Effectiveness of home visiting in reducing partner violence for families experiencing abuse: A systematic review. Fam Pract 2015;32(3):247-56. DOI: 10.1093/fampra/cmu091	Dekker ikke PICO, og er en eldre studie.
Rayce SB, Rasmussen IS, Klest SK, Patras J, Pontoppidan M. Effects of parenting interventions for at-risk parents with infants: a systematic review and meta-analyses. Bmj Open 2017;7(12):20. DOI: 10.1136/bmjopen-2016-015707	Dekker ikke PICO, og er en eldre studie.
Rayce SB, Rasmussen IS, Vaever MS, Pontoppidan M. Effects of parenting interventions for mothers with depressive symptoms and an infant: systematic review and meta-analysis. BJPsych Open 2020;6(1):10. DOI: 10.1192/bjo.2019.89	Dekker ikke PICO.
Brodrigg W, Hawley G, Mitchell B, Mathews A, Zakarija-Grkovic I. Face-to-face health professional contact for postpartum women: A systematic review. Women and Birth 2020;33(6):e492-e504. DOI: 10.1016/j.wombi.2019.11.003	Ikke overførbar til norske forhold.
Brunstad A, Aasekjær K, Aune I, Nilsen ABV. Fathers' experiences during the first postnatal week at home after early discharge of mother and baby from the maternity unit: A meta-synthesis. Scandinavian journal of public health 2020;48(4):1403494818809856. DOI: 10.1177/1403494818809856	Lav metodisk kvalitet grunnet manglende protokoll, svakheter ved litteratursøket og mangelfull rapportering av fremgangsmåte for vurdering av risiko for systematiske feil for de inkluderte studiene.
Stumbras K, Rankin K, Caskey R, Haider S, Handler A. Guidelines and Interventions Related to the Postpartum Visit for Low-Risk Postpartum Women in High and Upper Middle Income Countries. Maternal & Child Health Journal 2016;20:103-16. DOI: 10.1007/s10995-016-2053-6	Omhandler retningslinjer.
Lines L, Grant J, Hutton A. How Do Nurses Keep Children Safe From Abuse and Neglect, and Does it Make a Difference? A Scoping Review. J Pediatr Nurs 2018;43:e75-e84. DOI: 10.1016/j.pedn.2018.07.010	Ikke overførbar til norske forhold.
Soares AR, Guedes ATA, Cruz T, Dias TKC, Collet N, Reichert A. Ideal time for home visits to newborns: an integrative review. Cienc 2020;25(8):3311-20. DOI: 10.1590/1413-81232020258.25492018	Ikke overførbar til norske forhold.
Silva EP, Lima RT, Osorio MM. Impact of educational strategies in low-risk prenatal care: systematic review of randomized clinical trials. Cienc 2016;21(9):2935-48. DOI: 10.1590/1413-81232015219.01602015	Ikke overførbar til norske forhold.

Forfatter, tittel, publikasjonssted og år	Ekskludert/kort begrunnelse
Sinha B, Chowdhury R, Sankar MJ, Martinez J, Taneja S, Mazumder S, et al. Interventions to improve breastfeeding outcomes: a systematic review and meta-analysis. <i>Acta Paediatr</i> 2015;104:114-35. DOI: 10.1111/apa.13127	Utført i India, og er en eldre studie.
Nordtug B, Brataas HV, Rygg LO. The use of videoconferencing in nursing for people in their homes. <i>Nursing Reports</i> 2018;8(1):1-8	Er en rapport, kun to av de omtalte studiene omhandler barsel.
Walker SB, Rossi DM, Sander TM. Women's successful transition to motherhood during the early postnatal period: A qualitative systematic review of postnatal and midwifery home care literature. <i>Midwifery</i> 2019;79:102552. DOI: 10.1016/j.midw.2019.102552	Dekker ikke PICO
<i>Panagopoulou V, Hancock J, Tziaferi S. Midwifery in the Postnatal Period: A Systematic Review of the Literature. Nosileftiki</i> 2017;56(2):125-37.	Dekker ikke PICO.

Fullstendig referanseliste (inkluderte og ekskluderte referanser)

Brodrigg W, Hawley G, Mitchell B, Mathews A, Zakarija-Grkovic I. Face-to-face health professional contact for postpartum women: A systematic review. *Women and Birth* 2020;33(6):e492-e504. DOI: 10.1016/j.wombi.2019.11.003

Brunstad A, Aasekjær K, Aune I, Nilsen ABV. Fathers' experiences during the first postnatal week at home after early discharge of mother and baby from the maternity unit: A meta-synthesis. *Scandinavian journal of public health* 2020;48(4):1403494818809856. DOI: 10.1177/1403494818809856

Cusack L, Smith M. Experiences of women discharged early post-vaginal birth: a qualitative systematic review. *JBISIRIR-D-19-00421* 2020. DOI: 10.11124/JBISIRIR-D-19-00421

Jones E, Stewart F, Taylor B, Davis PG, Brown SJ. Early postnatal discharge from hospital for healthy mothers and term infants. *Cochrane Database Syst Rev* 2021;2021(6) (no pagination). DOI: 10.1002/14651858.CD002958.pub2

Leonard R, Linden M, Grant A. Effectiveness of family-focused home visiting for maternal mental illness: A systematic review and meta-analysis. *J Psychiatr Ment Health Nurs* 2021;28(6):1113-27. DOI: 10.1111/jpm.12715

Lines L, Grant J, Hutton A. How Do Nurses Keep Children Safe From Abuse and Neglect, and Does it Make a Difference? A Scoping Review. *J Pediatr Nurs* 2018;43:e75-e84. DOI: 10.1016/j.pedn.2018.07.010

Nordtug B, Brataas HV, Rygg LO. The use of videoconferencing in nursing for people in their homes. *Nursing Reports* 2018;8(1):1-8

Panagopoulou V, Hancock J, Tziaferi S. *Midwifery in the Postnatal Period: A Systematic Review of the Literature*. *Nosileftiki* 2017;56(2):125-37.

Pajalic Z, Rauckiene A, Savosnick G, Bartels I, Calleja-Agius J, Saplacan D, et al. Digital solutions to follow up on discharged new parents-A systematic literature review. *PLOS Digit Health* 2023;2(8):16. DOI: 10.1371/journal.pdig.0000317Panagopoulou V, Hancock J, Tziaferi S. *Midwifery in the Postnatal Period: A Systematic Review of the Literature*. *Nosileftiki* 2017;56(2):125-37.

Perry M, Becerra F, Kavanagh J, Serre A, Vargas E, Becerril V. Community-based interventions for improving maternal health and for reducing maternal health inequalities in high-income countries: A systematic map of research. *Globalization and Health* 2015;10(1) (no pagination). DOI: 10.1186/s12992-014-0063-y

Pepper M, Campbell OMR, Woodd SL. Current Approaches to Following Up Women and Newborns After Discharge From Childbirth Facilities: A Scoping Review. *Glob Health* 2024;12(2):16. DOI: 10.9745/ghsp-d-23-00377

Prosman GJ, Lo Fo Wong SH, Van Der Wouden JC, Lagro-Janssen ALM. Effectiveness of home visiting in reducing partner violence for families experiencing abuse: A systematic review. *Fam Pract* 2015;32(3):247-56. DOI: 10.1093/fampra/cmu091

Rayce SB, Rasmussen IS, Klest SK, Patras J, Pontoppidan M. Effects of parenting interventions for at-risk parents with infants: a systematic review and meta-analyses. *Bmj Open* 2017;7(12):20. DOI: 10.1136/bmjopen-2016-015707

Rayce SB, Rasmussen IS, Vaever MS, Pontoppidan M. Effects of parenting interventions for mothers with depressive symptoms and an infant: systematic review and meta-analysis. *BJPsych Open* 2020;6(1):10. DOI: 10.1192/bjo.2019.89

Saldanha IJ, Adam GP, Kanaan G, Zahradnik ML, Steele DW, Chen KK, et al. Delivery Strategies for Postpartum Care A Systematic Review and Meta-analysis. *Obstet Gynecol* 2023;142(3):529-42. DOI: 10.1097/aog.0000000000005293

Silva EP, Lima RT, Osorio MM. Impact of educational strategies in low-risk prenatal care: systematic review of randomized clinical trials. *Cienc* 2016;21(9):2935-48. DOI: 10.1590/1413-81232015219.01602015

Sinha B, Chowdhury R, Sankar MJ, Martines J, Taneja S, Mazumder S, et al. Interventions to improve breastfeeding outcomes: a systematic review and meta-analysis. *Acta Paediatr* 2015;104:114-35. DOI: 10.1111/apa.13127

Soares AR, Guedes ATA, Cruz T, Dias TKC, Collet N, Reichert A. Ideal time for home visits to newborns: an integrative review. *Cienc* 2020;25(8):3311-20. DOI: 10.1590/1413-81232020258.25492018

Stumbras K, Rankin K, Caskey R, Haider S, Handler A. Guidelines and Interventions Related to the Postpartum Visit for Low-Risk Postpartum Women in High and Upper Middle Income Countries. *Maternal & Child Health Journal* 2016;20:103-16. DOI: 10.1007/s10995-016-2053-6

Walker SB, Rossi DM, Sander TM. Women's successful transition to motherhood during the early postnatal period: A qualitative systematic review of postnatal and midwifery home care literature. *Midwifery* 2019;79:102552. DOI: 10.1016/j.midw.2019.102552

Yonemoto N, Nagai S, Mori R. Schedules for home visits in the early postpartum period. *Cochrane Database Syst Rev* 2021;2021(7) (no pagination). DOI: 10.1002/14651858.CD009326.pub4