Meeting minutes: NNR 2022 Committee Meeting September 20 and 21, 2022

Leader of the meeting
Rune Blomhoff

Date
20-21/09-2022

Place
Teams-meeting

Secretary
Anne Høyer.

Attending
- Rune Blomhoff, University of Oslo, Oslo, Norway
- Anne Høyer, The Norwegian Directorate of Health, Oslo, Norway
- Rikke Andersen, Technical University Denmark, Kgs. Lyngby, Denmark
- Ellen Trolle, Technical University Denmark, Kgs. Lyngby, Denmark
- Jacob Juel Christensen, University of Oslo, Oslo, Norway
- Hanna Eneroth, The Swedish Food Agency, Sweden (sept 20)
- Tagli Pitsi, National Institute for Health Development, Tallinn, Estonia
- Inga Þórsdóttir, University of Iceland, Reykjavik, Iceland
- Maijaliisa Erkkola, University of Helsinki, Helsinki, Finland
- Helle Margrete Meltzer, Norwegian Institute of Public Health, Oslo, Norway
- Lāsma Piķele, The Ministry of Health of the Republic of Latvia, Rīga, Latvia (sept 20)
- Eva Warensjö Lemming, The Swedish Food Agency, Uppsala, Sweden
- Ursula Schwab, University of Eastern Finland, Kuopio, Finland

Not attending
- Inese Siksna, The Ministry of Health of the Republic of Latvia, Rīga, Latvia
- Bjørg Mikkelsen, Food Department at Faroese Food and Veterinary Authority, Faroe Islands
- Haidi Kanamäe, National Institute for Health Development, Tallinn, Estonia
- Ieva Gudanavičienė, Ministry of Health of the Republic of Lituania, Lituania
- Þórhallur Ingi Halldórsson, University of Iceland, Reykjavik, Iceland
- Erik Arnesen, The Norwegian Directorate of Health, Oslo, Norway
1. Discuss referee comments to chapters

The NNR2022 Committee has developed an extensive procedure for handling the chapters in NNR2022. The main tasks during this fall will be to handle chapters according to the procedure and the main activities in Committee meetings. Chapters are now continuously peer-reviewed and will be adjusted by the chapter authors according to the referee comments, and comments from the NNR2022 Committee, before they will be announced for public hearing through the official NNR2022 webpage.

The NNR2022 Committee discussed referee comments for the chapter on "vitamin D". The chapters will be returned to the authors with both referee comments and comments from the NNR2022 Committee before they will be considered again for public consultation.

2. Discuss chapters ready for public consultation

All nutrient and food group chapters in NNR2022 will be announced for public consultation for eight weeks through the project's official webpage. The consultation period will be extended further during the summer holidays, and other public holidays. The first chapters are already announced, and the process will continue throughout the fall. The NNR2022 Committee will continuously throughout the fall discuss chapters that may be ready to be announced for public consultation. The NNR2022 Committee will make sure to announce the public consultations through several channels in order to inform all relevant stakeholders, scientists and interested parties.

The following chapters were discussed and will be announced for public consultation shortly: "meat and meat products", "Ultra processed foods", "Biotin", "Vitamin B6" and "Thiamine".

*The title of this chapter was suggested be changed to "processed foods" by the NNR Committee. After discussions with the chapter authors the title of the chapter will not be changed at this timepoint. This is mainly due to the search string used in the chapter.*

3. Discuss diet and environmental data sources described in NNR2022, the Global Burden of Disease (GBD) project GBD, and the Global Nutrition Report (GNR).

The NNR2022 project has developed a background paper on nutrient and food intake in the Nordic and Baltic countries. This paper is based on national dietary surveys from all the countries and is used as a main source for describing nutrient and food intake in the NNR2022 report.

In addition, the NNR2022 project will develop a background paper on nutrient and diet related diseases (collaboration with the GBD project) in all the Nordic and Baltic countries. The estimates
for nutrient and food intake in this project is based on different methodologies than in the main background paper described above.

Last, the sustainability background paper that are in progress in collaboration with Chatham House estimates nutrient and food intake based on the GNR that also has other methodologies as a basis.

In the NNR2022 project it is important that all sources are described explicitly and transparently. The Committee went through all different nutrient and food intake sources and methodologies and discussed how this should be handled in the final report.

4. **Sustainability paper 3**

The third background paper on sustainability issues that will be developed in the NNR2022 project will describe how the Nordic and Baltic countries could integrate sustainability into their food based dietary guidelines (FBDGs).

The tentative outline for this paper was presented and discussed. The "core author group" for this paper are NNR2022 Committee members: Ellen Trolle, Helle Margrete Meltzer, Maijaliisa Erkkola, Þórhallur Ingi Halldórsson and Hanna Eneroth.

The paper will be announced for public consultation.

5. **NNR2022 publication**

The NNR2022 Committee discussed the outline for the final NNR2022 report. The final report will be an online report that will be published by the Nordic Council of Ministers at their webpage. The online report can be downloaded as a PDF, both full version and as separate chapters/parts. It will be very easy to navigate between the different chapters in the online version. In addition, the project aims to develop a printed book of the summary report as this will be very useful for universities and students.

6. **Discuss background paper "Handbook for setting DRVs"**

The NNR2022 project will develop and transparently describe a protocol for setting dietary reference values (DRVs). This will be described in a short, concise handbook that will be used when the NNR Committee will set the DRVs for all 36 nutrients that are included in NNR2022. The first draft of the manuscript was presented and discussed during the meeting. The handbook will be submitted for publication in a scientific journal when finalized.
When nutrient chapters have been adjusted and finalized after the public consultation, the NNR Committee will start the process for setting the suggested DRVs. Some nutrient chapters are finalized at this timepoint and the NNR Committee will start the process during the next month.

7. **Discuss outline summary chapter**

The NNR2022 Committee will be responsible for writing the summary report, that will include the final dietary reference values and food based dietary guidelines, including sustainability aspects. In addition, a summary of relevant background papers will be included in the summary report. The summary report will be submitted for publication in a scientific journal and the project also aims to print it as a book. The NNR2022 Committee discussed the outline for the summary report.