

**Meeting minutes: NNR 2022 Committee Meeting March 8, 2023**

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**Leader of the meeting** Rune Blomhoff

**Date** 08/03-2023

**Place** Teams-meeting

**Secretary** Erik Arnesen

**Attending**

- Rune Blomhoff, University of Oslo, Oslo, Norway
- Erik Arnesen, The Norwegian Directorate of Health, Oslo, Norway
- Anne Høyer, The Norwegian Directorate of Health, Oslo, Norway
- Helle Margrete Meltzer, Norwegian Institute of Public Health, Oslo, Norway
- Jacob Juel Christensen, University of Oslo, Oslo, Norway
- Maijaliisa Erkkola, University of Helsinki, Helsinki, Finland
- Ursula Schwab, University of Eastern Finland, Kuopio, Finland
- Hanna Eneroth, The Swedish Food Agency, Sweden
- Eva Warensjö Lemming, The Swedish Food Agency, Uppsala, Sweden
- Rikke Andersen, Technical University Denmark, Kgs. Lyngby, Denmark
- Ellen Trolle, Technical University Denmark, Kgs. Lyngby, Denmark
- Inga Þórsdóttir, University of Iceland, Reykjavík, Iceland
- Tagli Pitsi, National Institute for Health Development, Tallinn, Estonia

**Not attending**

- Þórhallur Ingi Halldórsson, University of Iceland, Reykjavík, Iceland
- Inese Sikсна, The Ministry of Health of the Republic of Latvia, Rīga, Latvia
- Ieva Gudanačiienė, Ministry of Health of the Republic of Lithuania, Lithuania
- Bjørg Mikkelsen, Food Department at Faroese Food and Veterinary Authority, Faroe Islands
- Lāsma Piķele, The Ministry of Health of the Republic of Latvia, Rīga, Latvia
- Haidi Kanamäe, National Institute for Health Development, Tallinn, Estonia

### **1. Inclusion of environmental aspects for food groups in one-pagers**

The NNR Committee discussed the format on how environmental sustainability aspects should be included in the one-pagers and summary tables for the food groups. The arguments for environmental sustainability will not be finalized until the public consultation of all background papers on sustainability aspects are finalized.

### **2. Scaling and weight/height curves**

The NNR Committee discussed reference weight curves for energy calculations and for scaling purposes. Due to the increase in obesity in all Nordic and Baltic countries after year 2000, reference weight curves will be based on data collected before year 2000. Alternatively, weight can be calculated based on height data for each age group based on the 50<sup>th</sup> percentile for BMI. The final conclusions are not made.

### **3. Summary report**

The NNR Committee discussed the format and the first draft of the text in the NNR summary report. The summary report will be the main report from the NNR Committee and will include all the conclusions. The Summary report will be announced for public consultation.

### **4. Follow-up of unresolved issues from last meeting**

Please refer to minutes from 28.02. - 02.03 for more information regarding the process for setting dietary reference values (DRVs) for nutrients and dietary advice for food groups, and one-pagers. Remaining questions about some nutrients and food groups were discussed.