

Meeting minutes: NNR 2022 Committee Meeting February 15, 2023

Leader of the meeting Rune Blomhoff

Date 15/02-2023

Place Teams-meeting

Secretary Erik Arnesen

Attending

- Rune Blomhoff, University of Oslo, Oslo, Norway
- Erik Arnesen, The Norwegian Directorate of Health, Oslo, Norway
- Helle Margrete Meltzer, Norwegian Institute of Public Health, Oslo, Norway
- Jacob Juel Christensen, University of Oslo, Oslo, Norway
- Maijaliisa Erkkola, University of Helsinki, Helsinki, Finland
- Ursula Schwab, University of Eastern Finland, Kuopio, Finland
- Hanna Eneroth, The Swedish Food Agency, Sweden
- Eva Warensjö Lemming, The Swedish Food Agency, Uppsala, Sweden
- Ellen Trolle, Technical University Denmark, Kgs. Lyngby, Denmark
- Inga Þórsdóttir, University of Iceland, Reykjavík, Iceland
- Þórhallur Ingi Halldórsson, University of Iceland, Reykjavík, Iceland
- Tagli Pitsi, National Institute for Health Development, Tallinn, Estonia
- Lāsma Piķele, The Ministry of Health of the Republic of Latvia, Rīga, Latvia

Not attending

- Anne Høyer, The Norwegian Directorate of Health, Oslo, Norway
- Rikke Andersen, Technical University Denmark, Kgs. Lyngby, Denmark
- Inese Sikсна, The Ministry of Health of the Republic of Latvia, Rīga, Latvia
- Ieva GudanaŲičienė, Ministry of Health of the Republic of Lithuania, Lithuania
- Bjørg Mikkelsen, Food Department at Faroese Food and Veterinary Authority, Faroe Islands
- Haidi Kanamäe, National Institute for Health Development, Tallinn, Estonia

1. The burden of diet-related diseases in the Nordic and Baltic countries – preliminary results

Ben Clarsen and Carl Michael Baravelli at the Norwegian Public Health Institute presented preliminary results for the upcoming paper on the burden of diet-related diseases and dietary risk factors in the Nordic and Baltic countries, a systematic analysis of the Global Burden of Diseases, Injuries, and Risk Factors Study 2021 for the NNR. They hope to send the manuscript for comments mid-March.

The most recent published GBD data are from 2019. GBD 2021 is due in February 2023, and the paper is based on GBD 2021. All numbers will be updated with GBD 2021 data. It estimates exposure (dietary intake), identifies causal relationships with outcomes, determines theoretical minimum risk exposure levels, and determined population attributable fractions for each risk factor for YLLs, YLD and DALYs.

2. Discuss one-pagers for nutrients and food groups

Based on the template for a one-pager that was developed based on discussions at a previous meeting, a one-pager was presented for the following nutrients and food groups: vitamin B12, fats and fatty acids, red meat, ultra-processed foods, iodine, selenium, cereals, vegetables/fruit/berries, infant feeding, magnesium.

Due to unforeseen events, the discussion of the following nutrients will be postponed until the next meeting; manganese, molybdenum, antioxidants/phytochemicals.

3. Follow-up of public hearing on sustainability paper 2

Rune, Ellen, Helle, Maikki and Thor had a meeting 13.02.23 to discuss how to proceed with the public comments. They gave a status on the work.

4. Background paper on physical activity

Please refer to minutes from 09.02.23. After minor adjustments, the background paper on physical activity in the Nordic and Baltic countries are now ready to be submitted publication in a scientific journal.