

## Meeting minutes: NNR 2022 Committee Meeting January 23-24, 2020

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<b>Leader of the meeting</b>	Rune Blomhoff
<b>Date</b>	23-24/01-2020
<b>Secretary</b>	Anne Høyer
<b>Attending</b>	<ul style="list-style-type: none"><li>• Rune Blomhoff, University of Oslo, Oslo, Norway</li><li>• Helle Margrete Meltzer, Norwegian Institute of Public Health, Oslo, Norway</li><li>• Hanna Eneroth, The National Food Agency Uppsala, Sweden</li><li>• Eva Warensjö Lemming, The National Food Agency, Uppsala, Sweden</li><li>• Ellen Trolle, Technical University Denmark, Kgs. Lyngby, Denmark</li><li>• Rikke Andersen, Technical University Denmark, Kgs. Lyngby, Denmark</li><li>• Inga Þórsdóttir, University of Iceland, Reykjavík, Iceland</li><li>• Þórhallur Ingi Þórhallsson, University of Iceland, Reykjavík, Iceland</li><li>• Ursula Schwab, University of Eastern Finland, Kuopio, Finland</li><li>• Maijaliisa Erkkola, University of Helsinki, Helsinki, Finland</li><li>• Tagli Pitsi, National Institute for Health Development, Tallinn, Estonia</li><li>• Erik Arnesen, The Norwegian Directorate of Health, Oslo, Norway</li><li>• Anne Høyer, The Norwegian Directorate of Health, Oslo, Norway</li></ul>
<b>Not attending</b>	<ul style="list-style-type: none"><li>• Lāsma Piķele, The Ministry of Health of the Republic of Latvia, Rīga, Latvia</li><li>• Inese Sikсна, The Ministry of Health of the Republic of Latvia, Rīga, Latvia</li><li>• Almantas Kranauskas, Ministry of Health, Vilnius, Lithuania</li><li>• Bjørg Mikkelsen, Food Department at Faroese Food and Veterinary Authority, Faroe Islands</li><li>• Jacob Juel Christensen, University of Oslo, Oslo, Norway</li></ul>

### Agenda

1. Identification and prioritisation of systematic review topics for NNR2022.
2. Discuss next round of ScRs
3. NNR-SR centre
4. Assessing Risk of Bias (RoB) and Strength of Evidence (SoE).
5. Instruction for authors of nutrient and food group chapters

6. Establish chapter experts
7. Discuss the chapter on “Use of DRVs and FBDGs”
8. Status of the Workshop on sustainability, March 11<sup>th</sup>
9. Official website
10. Declaration of Interest
11. Budget
12. Miscellaneous

### **1. Identification and prioritisation of systematic review topics for NNR2022.**

In NNR2022, systematic reviews (SRs) are the preferred method to summarize the causal relationship between nutrient- or food group exposure and a health outcome. Each nutrient or food group chapters will be covered by as many high quality recent and relevant SRs as possible. These qualified SRs (qSRs) are the main evidence-based documentations used when setting DRVs and FBDGs) in the in NNR2022. When qualified SRs are not available, the NNR2022 projects may conduct *de novo* SRs on some selected topics. The NNR2022 committee may also consider whether new chapters, not covered in earlier editions of NNR should be included, and whether subtopics in such chapters should be prioritized for SRs. In order to comply with transparency, a paper will be publish on this process.

### **2. Discuss next round of ScRs**

Most of the ScR are almost completed and we will now start the work with the final ScRs in order to complete the list of shortlisted topics for *de novo* SRs.

### **3. NNR-SR centre**

The NNR2022 project will fund a NNR Systematic Review Centre (NNR SR Centre). The NNR SR Centre will be responsible for performing all SRs on topics prioritized by the NNR2022 Committee. The NNR SR Centre will consist of a team of at least six scientists from different disciplines. At least two of the members will be senior scientists and one should be a statistician, all three with experience in conducting SRs. The other members may be PhD students or postdocs. In addition, the NNR SR Centre will be facilitated by two librarians. The NNR SR Centre team experts will be selected by the NNR2022 Committee based on invitations by the NNR2022 Committee and a public call. Representatives from all the Nordic countries will be included in the NNR SR Centre, if possible. The NNR-SR centre will be established during this spring based on the public call and invitations from the Committee.

#### **4. Assessing Risk of Bias (RoB) and Strength of Evidence (SoE).**

The risk of bias will be assessed for each outcome to appraise the study's internal validity. This will be performed with predefined risk of bias tools. The Committee discuss which tool that is best suited for the propose of the NNR2022 project. The assessment of RoB in individual studies will be integrated with the later quality assessment of the total evidence (the strength of evidence).

#### **5. Instruction for authors of nutrient and food group chapters**

In order to standardize the chapters more, each chapter author must follow a "Instruction to authors" that is compiled by the Committee.

#### **6. Establish chapter experts**

The NNR2022 project will engage scientific experts across the Nordic countries to update the chapters. Experts outside the Nordic countries may also be engaged. All experts and referees will be listed in the relevant chapter. At least two experts will be assigned to a chapter, one of which will serve as a leading author. The experts will be appointed by the NNR2022 Committee based on invitations by the NNR2022 Committee and a public call, after careful evaluation of each expert's skills and experience related to the chapters. All chapter experts will be established during the next months.

#### **7. Discuss the chapter on "Use of DRVs and FBDGs"**

The Committee discuss how this chapter from NNR2012 may be revised.

#### **8. Status of the Workshop on sustainability, March 11<sup>th</sup>**

The sustainability aspects of the diet will be incorporated in the upcoming NNR. While some countries have started this exercise already, and the last edition of NNR in 2012 had one chapter on the topic, we will now plan to fully integrate sustainability into the NNR in the Food Based Dietary Guidelines. To initiate this work we will organizing a whole day seminar in Oslo with international experts.

#### **9. Official website**

The official web-page is being updated continuously. The results from the public call is now published.

## **10. Declaration of Interest**

The Committee discussed the principles of Declaration of interest. The declarations of interest forms must be updated every year.

## **11. Budget**

The Committee discuss how the budget should be distributed on chapter authors and the NNR-SR centre.