

Meeting minutes: Steering Group Meeting NNR6 March 10, 2021

Leader of the meeting: Henriette Øien, The Norwegian Directorate of Health, Oslo, Norway

Secretary: Anne Høyer, The Norwegian Directorate of Health, Oslo, Norway

Date: 2021-03-10

Attending

- Henriette Øien, The Norwegian Directorate of Health, Oslo, Norway
- Rune Blomhoff, University of Oslo, Oslo, Norway
- Anne Kathrine Owren Aarum, The Norwegian Directorate of Health, Oslo, Norway
- Satu Männistö, Finish Institute for Health and Welfare, Helsinki, Finland
- Hólmfríður Þorgeirsdóttir, Directorate of Health, Reykjavík, Iceland
- Ulla-Kaisa Koivisto Hursti, National Food Agency, Uppsala, Sweden
- Anne Phøl Enevoldsen, Danish Veterinary and Food Administration, Glostrup, Denmark
- Anne Scott, Danish Veterinary and Food Administration, Glostrup, Denmark
- Gregers Hummelose, Danish Veterinary and Food Administration, Glostrup, Denmark
- Anne Høyer, The Norwegian Directorate of Health, Oslo, Norway

No comments to the agenda.

1. Presentation of the project by Rune Blomhoff (project leader)

The project leader presented what the NNR2022 Committee have accomplished since the last status report in November 2020.

About 350 experts will be involved in the NNR2022 project. Experts are selected based on an open call, competence and relevance, distribution between countries and conflict of interests. About 15 chapter experts remains before all chapter-teams are established. The goal is to set dietary reference values (DRVs) for 36 nutrients and food based dietary guidelines (FBDGs) for 15 food groups. The first half of chapters will be finalized early fall 2021. The more extensive chapters will be finalized early 2022.

Ten topics will be selected for *de novo* systematic reviews (SRs) and the NNR2022 Committee have now selected the first five topics. A scientific article with the results of the prioritization process for selection of topics for SRs will be submitted for publication in Food & Nutrition research shortly. The NNR SR-Centre have developed protocols for all five topics that will be published in PROSPERO shortly. The last five priorities will be selected before the summer this year. The first five topics are:

1. Plant protein intake in children and body growth

2. Pulses/legumes intake and cardiovascular disease and type 2 diabetes
3. Plant protein intake in adults and atherosclerotic/cardiovascular disease and type 2-diabetes
4. Fat quality and mental health
5. Vitamin B₁₂ and vitamin B₁₂ status

The NNR2022 Committee have signed a contract with Chatham House in London, which will take the lead in writing the three background papers that will constitute the basis for integration of environmental sustainability into the food based dietary guidelines. Tim Benton and Helen Harwatt from Chatham House will take the lead in these papers together with representatives from the NNR2022 Committee and several Nordic experts (names and affiliations will be announced when all Nordic experts are established). The NNR Committee is planning for a webinar on April 22 where the aim is to align initiatives on sustainability in the EU and Nordics. Invitation and program will be announced at our official webpage and distributed by our email-list. The program is expected to be ready by the end of March/primo April.

2. Budget and economy

The NNR2022 secretariat announced that the project is now fully funded. In addition, we have been granted an additional DKK 500 000 earmarked the work on integrated sustainability. The total budget is now DKK 11 230 000.