Stakeholder presentation at webinar and workshop, Diet and sustainability

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NNR is important for our work

The Nordic Nutrition Recommendations are a key foundation in our work:
- The development of the Danish food-based dietary guidelines
- Guidelines for meals served in professional kitchens such as kindergartens, schools and workplaces
- Underpin the criteria for the Keyhole

General political pressure for:
- Development of climate-friendly food-based dietary guidelines
- More information to consumers and food business operators about the sustainability of different foods
Some questions and dilemmas

1. How does the integration of sustainability influence the recommendations for the individual nutrients? Does it become relevant to decrease some of the recommendations from the perspective of sustainability?

2. Is it relevant to evaluate whether nutrients such as EPA and DHA can be partly replaced by ALA from more sustainable sources?

3. Is it possible for the Nordic Nutrition Recommendations to include information on different sustainability parameters for different foods?