

Quarantine

If you have come to Norway in order to work, you must go into quarantine for 10 days from your date of arrival in Norway. This applies to both work and leisure. During the quarantine period, you must stay in a room alone, not travel by public transport and not go anywhere where you are unable to maintain a safe distance from other people. You must remain in quarantine even if you have a negative test result. Any breach of the quarantine is a punishable offence.

If you develop symptoms, you must be tested. Ask your employer for help in requesting a test.



Helsedirektoratet



FHI